Study & Evaluation Scheme of Bachelor of Science in Nutrition & Dietetics

[Applicable for 2022-25]

Version 2022

[As per CBCS guidelines given by UGC]



Approved in BOS	Approved in BOF	Approved in Academic Council
31/05/2022	08/08/2022	20/10/2022 vide agenda No. 8.4.5

Quantum University, Roorkee

22 KM Milestone, Dehradun-Roorkee Highway, Roorkee (Uttarakhand) Website: www.quantumuniversity.edu.in





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Study & Evaluation Scheme

Study Summary

Name of the Faculty	Faculty of Health Sciences
Name of the School	Quantum School of Health Sciences
Name of the Department	Department of Applied Medical Sciences
Program Name	Bachelor of Science in Nutrition & Dietetics
Duration	3 Years
Medium	English

Evaluation Scheme

Evatuation Scheme								
Type of Papers	Ders Internal Evaluation (%)		Total (%)					
Theory	40	60	100					
Practical/								
Dissertations/Project Report/	40	60	100					
Viva-Voce								
Internal E	Evaluation Compone	ents (Theory Papers)						
Mid Semester		60 Marks						
Examination								
Assignment –I		30 Marks						
Assignment-II		30 Marks						
Attendance		30 Marks						
Internal Ev	aluation Componer	nts (Practical Papers)						
Quiz One		30 Marks						
Quiz Two		30 Marks						
Quiz Three		30 Marks						
Lab Records/ Mini		30 Marks						
Project								
Attendance		30 Marks						
End Sei	mester Evaluation (Practical Papers)						
ESE Quiz		40 Marks						
ESE Practical	40 Marks							
Examination								
Viva- Voce		20 Marks						





Structure of Question Paper (ESE Theory Paper)

The question paper will consist of 5 questions, one from each unit. Student has to Attempt all questions. All questions carry 20 marks each. Parts a) and b) of question Q1 to Q5 will be compulsory and each part carries 2 marks. Parts c), d) and e) of Q1 to Q5 Carry 8 marks each and the student may attempt any 2 parts.

Important Note:

- 1. The purpose of examination should be to assess the Course Outcomes (CO) that will ultimately lead to attainment of Programme Specific Outcomes (PSOs). A question paper must assess the following aspects of learning: Remember, Understand, Apply, Analyze, Evaluate &Create (reference to Bloom's Taxonomy). The standard of question paper will be based on mapped BL level complexity of the unit of the syllabus, which is the basis of CO attainment model adopted in the university.
- 2. Case Study is essential in every question paper (wherever it is being taught as a part of pedagogy) for evaluating higher-order learning. Not all the courses might have case teaching method used as pedagogy.
- 3. There shall be continuous evaluation of the student and there will be a provision of real time reporting on QUMS. All the assignments will be evaluated through module available on ERP for time and access management of the class.





Program Structure – Bachelor of Science in Nutrition & Dietetics

Introduction

Bachelors in Science Nutrition & Dietetics syllabus is broad and multidisciplinary consists of various courses in Human Physiology, Nutritional Biochemistry, Food Science, Fundamentals of Foods & Nutrition, Food Microbiology, Dietetics, Sports Nutrition, Food Technology, Food Preservation & Bakery etc.

The BSc Nutrition & Dietetics subjects are designed in such a way that students grasp all the knowledge related to foods and nutrition science. Towards enhancing employability and entrepreneurial ability of the graduates, the Quantum University increases the practical content in the courses, wherever necessary. The total number of credit hours in 6 semesters including Student READY programme will range from 147 to 156. In order to harness regional specialties and to meet region-specific needs, Quantum University modifies the content of syllabus as per the regional and global demands. The Quantum University is offering the specializations like majoring in Food science, Sports Nutrition, Nutraceuticals, and Research etc.

HOSPITAL INTERNSHIP

This is offered after the 4th Semester to the students to gain the practical exposure (minimum 45 days) of the work that is carried out in hospital like formation of RT Feed, preparation of Therapeutic Diets, Counseling sessions in OPD patients and Counseling of critical patients etc.

The students would be required to record their observations in the hospital on daily basis and will prepare their internship report based on these observations and will complete 1-2 case studies.



Curriculum (22-25) Version 2022

Quantum School of Health Sciences **Bachelor of Science in Nutrition & Dietetics- PC:** -06-3-01

BREAKUP OF COURSES

Sr. No	CATEGORY	CREDITS
1	Foundation Core (FC)	24
2	Program Core (PC)	90
3	Program Electives (PE)	09
4	Open Electives (OE)	09
5	Seminar	02
6	Hospital Internship	03
7	Value Added Programs (VAP)	09
8	GP	05
9	Passion Programs (PROPs)*	04*
10	Disaster Preparedness & Management*	02*
	TOTAL NO. OF CREDITS	151

^{*}Non-CGPA Audit Course

DOIAN WISE BREAKUP OF CATEGORY

CATEGORY	FC	PC	PE	Total	%	
Sciences	24	90	09	123	82.8	
Open Elective				09	6.16	
Seminar				02	1.36	
Hospital Internship				03	2.05	
VAPs				09	4.10	
GP				05	3.42	
Passion Programs (PROPs)*				04*	-	
Disaster Preparedness & Management*				02*	-	
TOTAL				151	100	

^{*}Non-CGPA Audit Course



SEMESTER-WISE BREAKUP OF CREDITS

Sr. No	CATEGORY	SEM1	SEM 2	SEM 3	SEM 4	SEM 5	SEM 6	TOTAL
1	Foundation Core	19	1	1	-	-	-	24
2	Program Core	-	19	21	21	18	14	90
3	Program Electives	-	-	-	-	3	6	09
4	Open Electives	-	3	3	3	-	-	09
5	VAPs	1	2	2	2	2	-	09
6	Seminar	-	-	-	-	-	2	02
7	Hospital Internship	-	-	-	-	3	-	03
8	GP	1	1	1	1	1	-	05
9	PROPs*	-	-	-	-	-	-	04*
10	Disaster Preparedness & Management*	-	2	-	-	-	-	02*
	TOTAL	21	26	28	27	27	22	151

^{*}Non-CGPA Audit Course

Minimum Credit Requirements:

Bachelor of Science (Nutrition & Dietetics): 151credits



SEMESTER 1

Course Code	Category	COURSE TITLE	L	T	P	С	Versi on	Course Prerequisite
RD3106	FC	Basics of Human Physiology I	3	0	0	3	1.0	Nil
ND3102	FC	Fundamental of Foods and Nutrition I	4	0	0	4	1.0	Nil
ND3105	FC	Biochemistry	3	0	0	3	1.1	Nil
ND3104	FC	Food, Hygiene and Sanitation	3	0	0	3	1.0	Nil
CY3205	FC	Environmental Studies	2	0	0	2	1.0	Nil
RD3143	FC	Basics of Human Physiology I Lab	0	0	2	1	1.0	Nil
ND3141	FC	Fundamental of Foods & Nutrition I Lab	0	0	4	2	1.0	Nil
ND3144	FC	Biochemistry Lab	0	0	2	1	1.0	Nil
VP3101	VP	Communication & Professional Skills I	0	0	2	1	1.0	Nil
GP3101	GP	General proficiency	0	0	0	1	1.0	Nil
		TOTAL	15	0	10	21		

Contact Hours- 25 hours



SEMESTER 2

CourseCode	Cate	COURSE TITLE	L	Т	P	C	Versi	Course
	gory						on	Prerequisi te
RD3206	PC	Basics of Human Physiology II	3	0	0	3	1.0	Nil
ND3203	PC	Nutrition Through Lifecycle	4	0	0	4	1.0	Nil
ND3206	PC	Nutritional Biochemistry	4	0	0	4	1.0	Nil
ND3205	PC	Fundamental of Foods & Nutrition II	3	0	0	3	1.0	Nil
CE3102	FC	Disaster Preparedness & Management*	2	0	0	2*	1.0	Nil
RD3243	PC	Basics of Human Physiology Lab II	0	0	2	1	1.0	Nil
ND3242	PC	Nutrition through life cycle Lab	0	0	4	2	1.0	Nil
ND3244	PC	Fundamental of Foods and Nutrition II Lab	0	0	2	1	1.0	Nil
ND3245	PC	Nutritional Biochemistry Lab	0	0	2	1	1.0	Nil
VP3201	VP	Communication & Professional Skills II	2	0	0	2	1.0	Nil
GP3201	GP	General Proficiency	0	0	0	1	1.0	Nil
	OP	Open Elective I	3	0	0	3	1.0	Nil
HU3201	FC	Indian Knowledge System	1	0	0	1	1.0	
		TOTAL	20	0	1 0	26		

^{*}Non-CGPA Audit Course Contact Hours = 30



OPEN ELECTIVE I

S.No	Code	Name	Department (Offering)
1	CE3011	Carbon Emission& Control	Civil engineering
2	CS3011	HTML5	Computer Science and engineering
3	CS3021	Mining and Analysis of Big data	Management + CSE
4	AG3011	Ornamental Horticulture	Agriculture
5	BB3011	Entrepreneurial environment in India	Business & Management
6	JM3011	Media Concept and Process (Print and	Journalism
	31413011	Electronic)	Journalism
7	HM3011	Indian Cuisine	Hospitality & Tourism
8	MB3011	SAP 1	Management
9	EG3011	French Beginner A1	English
10	CS3031	Microsoft Office Specialist (MSO-Word)	Computer Science and engineering
11	CS3004	Digital Marketing	Computer Science and engineering
12	CS3002	Introduction of IOT	Computer Science and engineering



SEMESTER 3

Course Code	Category	COURSE TITLE	L	Т	P	С	Version
ND3301	PC	Basic Dietetics I	4	0	0	4	1.0
ND3305	PC	Food Science	4	0	0	4	1.0
ND3303	PC	Food Microbiology I	3	0	0	3	1.0
ND3304	PC	Food Service Management I	3	0	0	3	1.0
ND3340	PC	Basic Dietetics Lab I	0	0	4	2	1.0
ND3341	PC	Food Science Lab	0	0	3	2	1.0
ND3342	PC	Food Microbiology Lab I	0	0	2	1	1.0
ND3343	PC	Food Service Management Lab I	0	0	4	2	1.0
	OE	Open Elective II	3	0	0	3	1.0
VP3301	VP	Employability Skills I (Numerical Abilities)	2	0	0	2	1.0
HU3202	FC	United Nations Development Program	1	0	0	1	
GP3301	GP	General Proficiency	0	0	0	1	1.0
		TOTAL	20	0	13	28	

Contact Hours: 33



OPEN ELECTIVE II

S.No	Code	Name	Department (Offering)
1	CE3013	Environment Pollution and Waste Management	Civil engineering
2	CS3013	Java Script	Computer Science and engineering
3	CS3023	Big Data Analytics: HADOOP Framework	Management + CSE
4	AG3013	Organic farming	Agriculture
5	BB3013	Establishing a New Business	Business & Management
6	JM3013	Photo Journalism	Journalism
7	HM3013	Chinese Cuisine	Hospitality & Tourism
8	MB3013	SAP 3	Management
9	EG3013	French Intermediate B1	English
10	CS3033	MS -Excel (Advanced) MSO Certification	Computer Science and engineering
11	EG3002	Report Writing	Humanities and Social Sciences



SEMESTER 4

Course Code	Catego ry	COURSE TITLE	L	T	Р	С	Version
ND3401	PC	Basic Dietetics II	4	0	0	4	1.0
ND3403	PC	Food Service Management II	4	0	0	4	1.0
ND3404	PC	Food Microbiology II	3	0	0	3	1.0
ND3405	PC	Food Science I	4	0	0	4	1.0
ND3440	PC	Basic Dietetics II Lab	0	0	4	2	1.0
ND3442	PC	Food Service Management- II Lab	0	0	4	2	1.0
ND3443	PC	Food Microbiology II Lab	0	0	2	1	1.0
ND3444	PC	Food Science I Lab	0	0	2	1	1.0
	OE	Open Elective III	3	0	0	3	1.0
VP3401	VP	Employability Skills II (Aptitude & Reasoning)	2	0	0	2	1.0
GP3401	GP	General Proficiency	0	0	0	1	1.0
		TOTAL	18	0	14	27	

After the 4th Semester, students have to attend a summer Internship in a hospital of minimum 45 days. This Internship will be evaluated and awarded in the 5^{th} Semester

Contact Hours: 32

OPEN ELECTIVE III

S.NO	Code	Name	Department (Offering)
1	CE3015	Hydrology	Civil engineering
2	CS3015	J Query & Databases	Computer Science and engineering
3	CS3025	Data Science Models : Regression, Classification and Clustering	Management + CSE
4	AG3015	Mushroom Cultivation	Agriculture
5	BB3015	E-commerce	Business & Management
6	JM3015	Media industry and Management	Journalism
7	HM3015	Italian Cuisine	Hospitality & Tourism
8	MB3015	SAP 5	Management
9	EG3015	French Advance C1	English
10	CS3035	MSO Access Certification	Computer Science and engineering



SEMESTER 5

Course Code	Category	COURSE TITLE	L	T	P	С	Versio	Course Prerequisite
							n	
ND3501	PC	Community Nutrition I	4	0	0	4	1.0	NIL
ND3502	PC	Food Packaging	2	2	0	3	1.0	NIL
ND3503	PC	Advance Dietetics I	4	0	0	4	1.0	NIL
ND 3504	PC	Fitness and Sports Nutrition	3	0	0	3	1.0	NIL
	PE	Program Elective I	3	0	0	3	1.0	NIL
ND3540	PC	Community Nutrition I Lab	0	0	2	1	1.0	NIL
ND3541	PC	Food Packaging Lab	0	0	2	1	1.0	NIL
ND3542	PC	Advance Dietetics I Lab	0	0	4	2	1.0	NIL
ND3543	FW	Internship Evaluation	0	0	0	3	1.0	NIL
VP3501	VP	Employability Skills III (GDPI)	2	0	0	2	1.0	NIL
GP3501	GP	General Proficiency	0	0	0	1		NIL
		TOTAL	18	2	8	27		

Contact Hours: 28

SEMESTER 6

Course Code	Category	COURSE TITLE	L	T	P	С	Version	Course Prerequi site
ND3601	PC	Community Nutrition II	2	2	0	3	1.0	NIL
ND3602	PC	Product Development and Sensory Evaluation	3	0	0	3	1.0	NIL
ND3603	PC	Advance Dietetics II	2	2	0	3	1.0	NIL
	PE	Program Elective II	3	0	0	3	1.0	NIL
	PE	Program Elective III	3	0	0	3	1.0	NIL
ND3640	PC	Community Nutrition II Lab	0	0	2	1	1.0	NIL
ND3641	PC	Product Development and Sensory Evaluation Lab	0	0	3	2	1.0	NIL
D3642	PC	Advance Dietetics II Lab	0	0	4	2	1.0	NIL
ND3643	S	Seminar	2	0	0	2	1.0	NIL
		TOTAL	15	4	9	22		

Contact Hours = 28



Program Electives

S. No	Course Code	Category	COURSE TITLE	L	Т	P	С	Version
	ND3517	PE	Food Processing and Technology	3	0	0	3	1.0
Program Elective I	ND3519	PE	Holistic wellness and Life Remedies	3	0	0	3	1.0
	ND3520	PE	Human Development during Life Cycle	3	0	0	3	1.0
	ND3617	PE	Food Preservation and Bakery	3	0	0	3	1.0
Program Elective II	ND3623	PE	Resource Management & Extensive Education	3	0	0	3	1.0
	ND3620	PE	Food Safety and Quality Control	3	0	0	3	1.0
	ND3622	PE	Health Care and Hospital Administration	3	0	0	3	1.0
Program Elective III	ND3621	PE	Health Psychology	3	0	0	3	1.0
	RD3617	PE	Biostatistics & Research Methodology	3	0	0	3	1.0

Note: Or any other course from the MOOC platform duly approved by the University procedure before offering.



B. Choice Based Credit System (CBCS)

Choice Based Credit System (CBCS) is a versatile and flexible option for each student to achieve his target number of credits as specified by the UGC and adopted by our university.

The following is the course module designed for the Bachelor of Sciences (Nutrition & Dietetics) program:

Core competency: Students will acquire core competency in Nutrition & Dietetics studies and in allied subject areas.

Program/Discipline Specific Elective Course (DSEC):

Skilled communicator: The course curriculum incorporates basics and advanced training in order to make a graduate student capable of expressing the subject through technical writing as well as through oral presentation.

Critical thinker and problem solver: The course curriculum also includes components that can be helpful to graduate students to develop critical thinking ability by way of solving problems/numerical using basic & advance knowledge and concepts of Agricultural Studies.

Sense of inquiry: It is expected that the course curriculum will develop an inquisitive characteristic among the students through appropriate questions, planning and reporting experimental investigation.

Skilled project manager: The course curriculum has been designed in such a manner as to enabling a graduate student to become a skilled project manager by acquiring knowledge about mathematical project management, writing, planning, study of ethical standards and rules and regulations pertaining to scientific project operation.

Ethical awareness/reasoning: A graduate student requires understanding and developing ethical awareness/reasoning which the course curriculums adequately provide.

Lifelong learner: The course curriculum is designed to inculcate a habit of learning continuously through use of advanced ICT technique and other available techniques/books/journals for personal academic growth as well as for increasing employability opportunity.

Value Added Course (VAC)/ Training/ Certification: A value added course is a skill enhancement training beyond the syllabus especially non-credit course which is basically meant to enhance general ability of students in areas like soft skills, quantitative aptitude and reasoning ability, technical new norms of the industry - required for the overall development of a student and at the same time crucial for industry/corporate demands and requirements. The student possessing these skills will definitely develop acumen to perform well during the recruitment process of any premier organization and will have the desired confidence to face the interview. Moreover, these skills are also essential in day-to-day life of the corporate world. The aim is to nurture every student for effective communication, developing aptitude and a general reasoning ability for better performance, as desired in the corporate world. There shall be no credit; however, it will be compulsory for every student to pass these courses with minimum 45% marks to be eligible for the certificate. These marks will not be included in the calculation of CGPI. Students have to specifically be registered in the specific course of the respective semesters from time to time. The department& course coordinator will notify as when starting the course after adequate approval fromhigher authority.

Skill Enhancement Course: This course may be chosen from a pool of courses designed to provide value-based and/or skill-based knowledge.

Generic/Open Elective Course (OEC): Open Elective is an interdisciplinary additional subject that is compulsory in a program. The score of Open Elective is counted in the overall aggregate marks under Choice Based Credit System (CBCS). Each Open Elective paper will be of 3 Credits in II, III and IV semesters. Each student has to take Open/Generic Electives from department other than the parent department. Core / Discipline Specific Electives will not be offered as Open Electives.



Non CGPA Audit Course (NCAC): This is a compulsory course but not included in CGPA calculation and will be of 2 credits. Each student of Bachelor of Science Nutrition & Dietetics Program has to compulsorily pass the Disaster Management.

C. Program Outcomes of B.Sc. (Nutrition & Dietetics)

PO-01	Nutrition	Utilize knowledge from the physical and biological sciences as a basis
10-01	Knowledge:	for understanding the role of food and nutrients in health and disease
	Knowicuge.	processes.
DO 02	T 1	1
PO-02	Implement	Implement strategies for food access, procurement, preparation, and
	Strategies:	safety for individuals, families, and communities.
PO-03	Evaluate	Critically evaluate information on food science and nutrition issues
	Information:	appearing in the popular press.
PO-04	Technical Skills:	Apply technical skills, knowledge of health behavior, clinical judgment, and decision-making skills when assessing and evaluating the nutritional status of individuals and communities and their response to nutrition intervention.
PO-05	Management Skills:	Perform food management functions in business, health-care, community, and institutional arenas.
PO-06	Nutritional Ethics:	Practice state-of-the-art nutrition care in collaboration with other healthcare providers in interdisciplinary settings within the bounds of ethical, legal, and professional practice standards.
PO-07	Communication:	Provide nutrition counseling and education to individuals, groups, and communities throughout the lifespan using a variety of communication strategies.
PO-08	Creativity:	Demonstrate creativity in the discipline in ways that have practical benefits.
PO-09	Competence:	Competence in the skills of assessment, planning, management and evaluation of food service, nutrition and dietetic services in institutional food, community nutrition, and clinical dietetics settings.
PO-10	Life-long learning	Students will utilize advanced principles of health literacy, including critical thinking skills, literature searches, data collection and interpretation, necessary for the implementation of food and nutrition services in professional settings.

Program Specific Outcomes (PSO's)

- **PSO1:** Understanding, critically assessing and knowing how to use and apply information sources related to nutrition, food, lifestyle and health.
- **PSO2:** Providing basic training of nutritional science and information about food into practical dietary advice.
- **PSO3:** Understanding the importance and limitations of scientific thinking in the fields of health and nutrition.



Program Educational Outcomes (PEO's)

PEO1: To be well familiar with the concepts of Nutrition & Dietetics for leading a successful career in hospital industry or as entrepreneur or to pursue higher education.

PEO2: To develop applied-commercial skills for providing effective solutions to complex problems using domain knowledge of Nutrition & Dietetics.

PEO3: To instill a lifelong learning approach towards constantly evolving nutritional knowledge with an innovative and ethical mindset.

F. Pedagogy & Unique practices adopted:

"Pedagogy is the method and practice of teaching, especially for teaching an academic subject or theoretical concept". In addition to conventional time-tested lecture method, the institute will emphasize on experiential learning:

Role Play & Simulation: Role- play and simulation are forms of experiential learning. Learners take on different roles, assuming a profile of a character or personality, and interact and participate in diverse and complex learning settings. Role-play and simulation function as learning tools for teams and groups or individuals as they "play" online or face-to-face. They alter the power ratios in teaching and learning relationships between students and educators, as students learn through their explorations and the viewpoints of the character or personality they are articulating in the environment. This student- centered space can enable learner-oriented assessment, where the design of the task is created for active student learning. Therefore, role-play& simulation exercises such as virtual share trading, marketing simulation etc. are being promoted for the practical-based experiential learning of our students.

Video Based Learning (VBL) & Learning through Movies (LTM): These days technology has taken a front seat and classrooms are well equipped with equipment and gadgets. Video-based learning has become an indispensable part of learning. Similarly, students can learn various concepts through movies. In fact, many teachers give examples from movies during their discourses. Making students learn a few important theoretical concepts through VBL & LTM is a good idea and method. The learning becomes really interesting and easy as videos add life to concepts and make the learning engaging and effective. Therefore, our institute is promoting VBL & LTM, wherever possible.

Field/Live Projects: The students, who take up experiential projects in companies, where senior executives with a stake in teaching guide them, drive the learning. All students are encouraged to do some live projects other than their regular classes.

Industrial Visits: Industrial visit are essential to give students hand-on exposure and experience of how things and processes work in industries. Our institute organizes such visits to enhance students' exposure to practical learning and work out for a report of such a visit relating to their specific topic, course or even domain.

MOOCs: Students may earn credits by passing MOOCs as decided by the college. Graduate level programs may award Honors degree provided students earn pre-requisite credits through MOOCs. University allows students to undertake additional subjects/course(s) (In-house offered by the university through collaborative efforts or courses in the open domain by various internationally recognized universities) and to earn additional credits on successful completion of the same. Each course will be approved in advance by the University following the standard procedure of approval and will be granted credits as per the approval. Keeping this in mind, University proposed and allowed a maximum of two credits to be allocated for each MOOC courses. In the pilot phase it is proposed that a student undertaking and successfully completing a MOOC course through only NPTEL could be given 2 credits for each MOOC course.

For smooth functioning and monitoring of the scheme the following shall be the guidelines for MOOC courses, Add-on courses carried out by the College from time to time.

a) It will necessary for every student to take at least one MOOC Course throughout the programme.



- b) There shall be a MOOC co-ordination committee in the College with a faculty at the level of Professor heading the committee and all Heads of the Department being members of the Committee.
- c) The Committee will list out courses to be offered during the semester, which could be requested by the department or the students and after deliberating on all courses finalize a list of courses to be offered with 2 credits defined for each course and the mode of credit consideration of the student. The complete process shall be obtained by the College before end of June and end of December for Odd and Even semester respectively of the year in which the course is being offered. In case of MOOC course, the approval will be valid only for the semester on offer.
- d) Students will register for the course and the details of the students enrolling under the course along with the approval of the Vice Chancellor will be forwarded to the Examination department within fifteen days of start of the semester by the Coordinator MOOC through the Dean of the School.
- e) After completion of MOOC course, Studentwill submit the photo copy of Completion certificate of MOOC Course to the Examination cell as proof.
- f) Marks will be considered which is mentioned on Completion certificate of MOOC Course.
- g) College will consider the credits only in case a student fails to secure minimum required credits then the additional subject(s) shall be counted for calculating the minimum credits required for the award of degree.

Special Guest Lectures (SGL) & Extra Mural Lectures (EML): Some topics/concepts need extra attention and efforts as they either may be high in difficulty level or requires experts from specific industry/domain to make things/concepts clear for a better understanding from the perspective of the industry. Hence, to cater to the present needs of industry we organize such lectures, as part of lecture-series and invite prominent personalities from academia and industry from time to time to deliver their vital inputs and insights.

Student Development Programs (SDP): Harnessing and developing the right talent for the right industry an overall development of a student is required. Apart from the curriculum teaching various student development programs (training programs) relating to soft skills, interview skills, SAP, Advanced excel training etc. that may be required as per theneed of the student and industry trends, are conducted across the whole program. Participation in such programs is solicited through volunteering and consensus.

Industry Focused programme: Establishing collaborations with various industry partners to deliver the programme on sharing basis. The specific courses are to be delivered by industry experts to provide practice-based insight to the students.

Special assistance program for slow learners & fast learners: write the note how would you identify slow learners, develop the mechanism to correcting knowledge gap. Terms of advance topics what learning challenging it will be provided to the fast learners.

Induction program: Every year 3 weeks induction program is organized for 1st year students and senior students to make them familiarize with the entire academic environment of university including Curriculum, Classrooms, Labs, Faculty/ Staff members, Academic calendar and various activities.

Mentoring scheme: There is a Mentor-Mentee system. One mentor lecture is provided per week in a class. Students can discuss their problems with a mentor who is necessarily a teaching faculty. In this way, student's problems or issues can be identified and resolved.

Competitive exam preparation: Students are provided with one class in every week for GATE/ Competitive exams preparation.

Extra-curricular Activities: organizing & participation in extracurricular activities will be mandatory to help students develop confidence & face audience boldly. It brings out their leadership qualities along with planning & organizing skills. Students undertake various cultural, sports and other competitive activities within and outside then campus. This helps them build their wholesome personality.

Career & Personal Counseling: - Identifies the problem of student as early as possible and gives time to discuss their problems individually as well as with the parents. Counseling enables the students to focus on behavior and feelings with a goal to facilitate positive change. Its major role lies in giving: Advice, Help, Support, Tips, Assistance, and Guidance.



Participation in Flip Classes, Project based Learning (A2 Assignment), Workshops, Seminars & writing & Presenting Papers: Departments plan to organize the Flip Classes, Project based Learning(A2 Assignment), workshops, Seminars & Guest lecturers time to time on their respective topics as per academic calendar. Students must have to attend these programs. This participation would be count in the marks of general Discipline & General Proficiency which is the part of course scheme as non-credit course.

Formation of Student Clubs, Membership & Organizing & Participating evens: Every department has the departmental clubs with the specific club's name. The entire student's activity would be performed by the club. One faculty would be the coordinator of the student clubs & students would be the members with different responsibility.

Capability enhancement Development Schemes: The Institute has these schemes to enhance the capability and holistic development of the students. Following measures/ initiatives are taken up from time to time for the same: Career Counseling, Soft skill development, Remedial Coaching, Bridge Course, Language Lab, Yoga and Meditation, Personal Counseling

Library Visit & Utilization of QLRC: Students may visit the library from morning 10 AM to evening 8 PM. Library created its resources Database and provided through which users can be accessed from any of the computer connected in the LAN.



Detailed Syllabus (Semester wise /course wise) SEMESTER 1

RD3106	Title: Basics of Human Physiology-I	LTPC 3003
Version No.	1.0	3003
Course Prerequisites	NIL	
Objectives	This subject is designed to impart fundamental knowledge of the	
Objectives	structure and functions of the various systems of the human body.	
Unit No.		No. of hours (per Unit)
Unit I	Cell and Tissues	7
	unctions. Physiological properties of protoplasm. Levels of cellular organizations.	
	tems. Cell membrane transport. Tissues - Structure and functions of e issue. Water and electrolyte balance - Distribution of water and electroly	
	ter balance, electrolyte balance, deficiency and excess.	ies, requirements and
Unit II	Digestive System	8
	gestion – Structure and functions – Teeth, Tongue, Salivary glands; Saliv	va – Composition and
	igestion – Esophagus, Stomach, Small intestine and large intestine – St	
	stive system. Associated organs of digestion – Liver, Gallbladder, Pancrea	
	and Diseases – anorexia, Achlorhydria, Peptic ulcer, gastric ulcer and du	
typhoidjaundice.		, G ,
Unit III	Circulatory System	7
Blood – Formation, cor	nposition and functions, blood coagulation, blood groups and Rhesus fact	tor, blood transfusion.
	Leukemia, hemophilia. Blood vessels – Types of Blood vessels. Disord	
	ressure – Factors affecting blood pressure, hypertension, Pulse, Tachycardia a	
	ctions, cardiac cycle, conduction system of the heart, ECG and its significance	
pectoris, myocardial infa	rction. Lymphatic system - Lymph glands and its functions; Lymph - Compo	osition and functions.
TT 14 TT7	D (0)	T 7
Unit IV	Excretory System	0 : 0 ::
composition of urine, Mi	tructure and functions of kidney, ureter, urinary bladder, urethra. Mechanism cturition. Role of kidney in maintaining pH of blood. Acid-base balance. Districtions of kidney in maintaining pH of blood.	
	uria, diuresis, uremia, hematuria, nephritis.	T 7
Unit V	Respiratory System	/
	ges – nasal cavities, pharynx, larynx and trachea. Lungs – Structure and func	
	schange and Transportation of respiratory gasses. Role of hemoglobin and bon – Apnea, Dyspnea, Hypoxia. Diseases – Bronchitis, Tuberculosis, Pneum	
Text Book	1. Meyer B J, Meij H S and Meyer A C., Human Physiology, AITBS Publ	
Text Dook	andDistributors.	11511015
	2. Wilson, K.J.W and Waugh, Ross and Wilson, Anatomy and Physiology	in Health and
	Illness, ChurchillLivingstone.	
Reference Books	1. Jain, A.K., Textbook of Physiology, Vol. I and II, Avichal Publishing O	o NewDelhi
Reference Dooks	2. Chatterjee C.C., Human Physiology, Vol. I & II, Medical Allied Agence	
	3. Guyton, A.G. and Hall, J.B., TextBook of Medical Physiology, W.B. S	
	Prism Books (Pvt.) Ltd., Bangalore.	unders company,
Mode of Evaluation	Internal and External Examinations	
Recommendation by	31-05-2022	
Board of Studies on	51 00 2022	
Date of approval by	20-10-2022	
the Academic		
Council		



Unit- wise Course Outcome	Descriptions	BL Level	Employability(Emp)/Skill(S)/ Enrepreneurship(Ent)/None (use, for more than one)
CO1	Students should be able to learn about basic physiology of cells & tissues and their distribution in human body	2	Emp,S
CO2	students should be able to learn about digestive system and their disorders	2	Emp,S
CO3	students should be able to learn about circulatory system and its working	1	Emp,S
CO4	students should be able to learn about basic physiology of excretory system	2	Emp,S
CO5	students should be able to learn about the mechanism of respiratory system in the human body	2	Emp,S

Course Outcomes			Progran ghly Ma		Program Specific Outcomes								
	PO1	PO1 PO2 PO3 PO4 PO5 PO6 PO7 PO8 P PO10 O 9									PSO1	PSO2	PSO3
CO1	1	0	1	0	1	2	2	0	3	2	2	3	2
CO2	3	2	2	3	3	2	3	1	3	3	3	1	2
CO3	2	1	1	2	1	1	1	2	2	3	2	2	2
CO4	1	2	2	3	2	2	1	2	2	2	3	3	2
CO5	2	1	2	2	1	1	3	2	3	3	2	1	2
AVEG.	1.8	1.2	1.6	2	1.6	1.6	2	1.4	2.6	2.6	2.4	2	2



ND3102	Title: Fundamentals of Foods & Nutrition- I	LTPC 40 04					
Version No.	1.0	J					
Course Prerequisites	NIL						
Objectives	To impart fundamental knowledge of proteins, carbohydrates, lipids and their daily requirements in human body.						
Unit No.		No. of hours (per Unit)					
Unit I	Introduction to Nutrition	10					
Nutrition. Food as a so	n of terms Nutrition, Malnutrition and Health. Brief history of Nutritional Scie ource of macro & Micro Nutrients. Physiological, psychological and social fun imal Nutritional Requirements and RDA- Formulation of RDA and Dietary G omen.	ctions of food. Basic					
Unit II	Carbohydrates	10					
	ition, Classification, functions Sources & RDA. Digestion and Absorption, pohydrates on blood glucose. Dietary Fiber – Nutritional significance.	•					
Unit III	Proteins	10					
affecting protein bio-a	on and functions. Assessment of protein quality (BV, PER, NPU), Digestion and availability including anti-nutritional factors. Requirements, deficiency.	nd Absorption, factors					
Unit IV	Lipids	10					
	ion and functions of lipids. Digestion and absorption, Intestinal re-synthesis of Inutritional significance (SFA, MUFA, PUFA, omega-3).	triglycerides. Types					
Unit V	Water	8					
Water as nutrient. Con excess.	mponents of body fluids. Function. Sources. Requirement. Water balance. Effort	ect of deficiency and					
Text Book	 Shubhangini A. Joshi, "Nutrition and Dietetics" TataMc Grow- Hill pt Ltd, NewDelhi. Srilakshmi. B – "Nutrition Science", New Age International Swaminathan. M," Food & Nutrition" The Bangalore Press. 	ublishing Company					
Reference Books	 Passmone R and Eastwood M.A, "Human Nutrition and Dietetics", English languagebook Society/Churchill Livingstone, HongKong. Neiman N. Catherine, "Nutrition", Wm.C. Brown Publishers Berdanier C.D, Dwyer J.T, Herber D, "Handbook of Nutrition and Food", 3rd Edition; CRC Press 						
Mode of Evaluation	Internal and External Examinations						
Recommendation by Board of Studies on	31-05-2022						
Date of approval by the Academic Council	20-10-2022						



Unit-wise Course Outcome	Descriptions	BL Level	Employability(Emp)/Skill(S) /Enterpenureship(Ent)/None (use, for more than one)
CO1	Students should be able to apply fundamental knowledge related to nutrition and RDA's	2	Emp,S
CO2	Students should be able to understand the functions and role of carbohydrates, their requirements and the effect of deficiency and excess	2	Emp,
CO3	Students should be able to understand the functions and role of proteins, their requirements and the effect of deficiency and excess	2	Emp,
CO4	Students should be able to understand the functions and role of lipids, their requirements and the effect of deficiency and excess	1	Emp,
CO5	Students should be able to analyze the role of various minerals and vitamins important in maintaining health.	2	Emp,

Course								on Matri lot relate			Program S	pecific (Outcomes
Outcomes	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PSO1	PSO 2	PSO3
CO1	3	3	2	3	1	1	3	2	1	0	0	2	0
CO2	2	3	0	1	2	2	1	0	1	2	2	2	1
CO3	1	3	3	1	1	1	2	2	3	3	1	3	2
CO4	1	1	0	2	0	2	0	1	2	1	0	0	2
CO5	2	0	0	2	1	0	2	2	3	2	1	0	3
AVEG.	1.8	2	1	1.8	1	1.2	1.6	1.4	2	1.6	0.8	1.4	1.6



ND 3105	Title: Biochemistry	LTPC					
Version No.	1.0	3003					
Course Prerequisites	NIL						
	To enable the students to understand about the equipment's used in labs						
Objectives	and their applications.						
Expected Outcome	At the end of the course, the students will have enough knowledge of the equipment's and their applications as well as taking care & maintenance of equipment's and samples.						
Unit No.		No. of hours (per Unit)					
Unit: I	Introduction to Fundamental and Clinical Biochemistry	7					
Introduction to Fundamental ar	nd Clinical Biochemistry, First aid in laboratory accidents. Principle, working	. care &					
	nce, hotplate, centrifuges, incubator, hot air oven, colorimeter,	,,, -5					
Unit II	Buffers	8					
dilutions, w/v,v/v, concepts of	gents, normal solution, molar solutions, percent solution, buffer solution, acid and base, units of measurement: SI unit, reference range, conversion factein, osmolarity, drugs,hormones, vitamins.	tor, units for					
Unit III	Carbohydrates, Lipids and Enzyme	7					
and tertiary structure and functions. Lipids: Classification	ification and their function in biological system. Proteins: Classification, Prima tions of protein. Amino acids: classification, Structure, properties and biolog n of lipids, Classification of fatty acids, their biological, classification of enzyme, units for measuring enzyme activity.						
Unit IV	Nucleic acids	7					
Nucleic acids: Structure, function role of Nucleic acid.	on and types of DNA and RNA. Nucleotides, Nucleosides, Nitrogen bases,	and					
Unit V	Vitamins	7					
Vitamins: classification, function Zinc, Phosphorus, Copper, Po	on and disease associated with vitamins.Role of Minerals and ions: Calcium tassium, Zinc.	, Iron, Iodine,					
Text Books	 Vasudevan DM, Sreekumari S, Vaidyanathan K. Textbook of biocher students. JP Medical Ltd. Satyanarayan .U, "Biochemistry" 5th Edition; Elsevier 	mistry for medical					
Reference Books	 Hames BD, Hooper NM, Hames BD. Instant notes in biochemistry. E education. Devlin TM, editor. Textbook of biochemistry: with clinical correlation. 						
Mode of Evaluation	Internal and External Examinations						
Recommendation by Board of Studies on	31-05-2022						
Date of approval by the Academic Council	20-10-2022						



Unit- wise Course Outcome	Descriptions	BL Level	Employability(Emp)/Skill(S)/ Entrepreneurship(Ent)/None (use, for more than one)
CO1	Students should be able to understand the fundamentals of clinical biochemistry	2	Emp,
CO2	Students should be able to learn the various molecular aspects like, solution, acid, base, pH etc.	2	Emp,
CO3	Students should be able to learn the structure and functions related to carbohydrates, lipids and enzymes.	2	Emp,
CO4	Students should be able to learn the structure and functions of different nucleic acids.	2	Emp,
CO5	Students should be able to learn the role of different vitamins.	1	Emp,

Course	Program Outcomes (Course Articulation Matrix(Highly Mapped-3 moderate -2, Program Specific												
Outcomes	Low-	Low- 1, Not related-0) Outcomes											
	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO	PO9	PO10	PSO	PSO	PSO3
								8			1	2	
CO1	2	2	1	1	1	1	2	1	3	1	1	3	3
CO2	1	2	3	1	1	2	2	1	3	1	2	1	2
CO3	3	2	1	2	2	3	1	3	3	2	1	3	1
CO4	2	0	2	2	2	3	3	3	1	2	3	2	3
CO5	3	3	1	3	2	2	9	2	2	2	3	1	2
AVEG.	2.2	1.8	1.6	1.8	1.6	2.2	1.8	2	2.4	1.6	2	2	2.2



ND 3104	Title: Food, Hygiene and Sanitation	LTPC 3003
Version No.	1.0	3003
Course Prerequisites	NIL	
Course Outcomes	 Students should be able to learn about the basic concept of health and health problems of developed and developing countries. Students will learn about importance of water and various methods of cleaning for utensils and equipment's. Students should be able to learn about various types of diseases and their modes of spread. Students should be able to learn about food spoilage, food poisoning and different types of toxins. Students should be able to learn about various national immunization programs and vaccine schedules. Students also learn about family welfare and planning. 	
Unit No.		No. of hours (per Unit)
Unit I	Health & Hygiene	8
developing countries, environded factors affecting it-food has personal Hygiene of food be anitation-Methods of kill aid, importance in daily life.	finition and concepts of health, important public health acts, health problems of proment and health. Introduction to Sanitation and Hygiene: Definition of sanitation abits, cleanliness, exercise and sleep. Significance of sanitation in food industry handler. Waste Product Handling – garbage and sewage disposal, Pest control. Illing microorganism & inhibiting microbial growth. First aid : Basic emergence is Principles of first aids. Components of First Aid Kit. Different methods of First aid in the property of the control of the property of the control of the property of the propert	n and hygiene, y. y care and first
&CPR). Handling methods Unit II		7
	Water & Cleaning Compounds ter, impurities present in water, sources of contamination of water and water pu	· ·
Cleaning Methods: Steriliz cleaning utensils and equip Cleaning compounds- Cla	assification, Detergent auxiliaries, Sanitizers.	
Unit III	Infection, Types And Disinfectants	7
Channels of infection Disi Infectious diseases - Caus diseases - a) Diseases sprea c) Diseases spread by dropl Unit IV Food Spoilage, Food poise in dairy industry, meat, sea	Infection, Infective agents, Period of infectivity. Types of diseases and their menfectants – Definition, types and methods of disinfection. Sees, incubation period, mode of spread, symptoms, prevention & control of the d by insects -Malaria, Dengue. b) Diseases spread by ingestion - Dysentery, clet infection - Chicken pox, measles, mumps, d) Disease spread by Contact - I Food spoilage & toxins oning & Toxins-Introduction, Organism involved, source of food contamination a food plants & vegetable and fruit. Control of food poisoning. & bacterial toxins. Control measures.	following holera, typhoid Leprosy, AIDS
Unit V	Immunization	7
Immunization-Immunization and planning, Health plann and goals of WHO, UNIC Common emerging health	on programme, various national immunization programs and vaccine schedules, ning in India including various committees, national health policy and health gEF, Indian Red Cross Society, UNFPA, FAO, ILO h problems among women: Cancer of Breast and Cervical	Family welfare
Suggested Reference Boo	 Vash pal Bedi (1976) Hygiene & Public Health. Anand Publishin Nawan Kot Amritsat? 	g Co., gali No. 1,
	V. N. Hhave, (1975) You & Your Health National Book Trust	
	Bihari Lal Bhatia, (1961) Elementary Hygiene, Orient Longmans	s. Ltd. Calcutta -13
	J.E. Park, (1983) Preventive & Social Medicine, Jabalpur Messrs	
	Birendra Nath Ghosh, (1969) Hygiene & Public Health Calcutta S Publishing Co.	
Mode of Evaluation	Internal and External Examinations	
Recommendation by Boa	rd 31-05-2022	
of Studies on		



Date of approval by the	20-10-2022
Academic Council	

Unit- wise Course Outcome	Descriptions	BL Level	Employability (Emp)/Skill(S)/Entrep reneurship(Ent)/None (use, for more than one)
CO1	Students should be able to learn about the basic concept of health and health problems of developed and developing countries.	2	S
CO2	Students will learn about importance of water and various methods of cleaning for utensils and equipment's.	1	Emp,
CO3	Students should be able to learn about various types of diseases and their modes of spread.	2	S
CO4	Students should be able to learn about food spoilage, food poisoning and different types of toxins	2	S
CO5	Students should be able to learn about various national immunization programs and vaccine schedules. Students also learn about family welfare and planning.	2	S, Ent

Course Outcomes	Program Outcomes (Course Articulation Matrix (Highly Mapped-3 moderate -2, Low- 1, Not related-0)											Program Specific Outcomes		
	PO 1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO 10	PSO 1	PSO 2	PSO3	
CO1	1	2	1	1	2	1	2	1	2	2	1	2	3	
CO2	1	1	2	1	1	1	2	1	2	1	2	2	3	
CO3	1	2	1	2	2	2	2	2	2	1	1	2	3	
CO4	1	1	2	1	1	2	2	2	2	2	2	2	3	
CO5	1	1	1	2	1	2	2	2	2	2	1	2	3	
AVEG.	1	1.4	1.4	1.4	1.4	1.6	2	1.6	2	1.6	1.4	2	3	



RD3143	Title: Basics of Human Physiology I Lab L T P C 0 0 2 1
Version No.	1.0
Course Prerequisites Objectives	NIL To impart fundamental knowledge on the structure and functions of the various systems of the human body.
Experiment No.	List of Experiments

- 1. To measure pulse rate, heart rate
- 2. To measure blood pressure
- 3. To measure temperature
- 4. Measurement of the Vital capacity.
- 5. Calculation and evaluation of daily energy and nutrient intake.
- 6. Measurement of basal metabolic rate
- 7. Microscopic study of different tissues Epithelial, connective, muscular & nervous tissues
- 8. Microscopic study of digestive organs Pancreas, stomach, small intestine, liver
- 9. Microscopic study of respiratory organs Lung, trachea
- 10. Microscopic study of excretory system Kidney, nephron
- 11. Microscopic examination of prepared slides Fresh mount of blood and stained blood smear

Mode of	Internal and External Examinations
Evaluation	
Recommendation	31-05-2022
by Board of	
Studies on	
Date of	20-10-2022
approval by	
the Academic	
Council	

Unit- wise Course Outcome	Descriptions	BL Level	Employability(Emp)/Skill(S)/E ntrepreneurship(Ent)/None (use, for more than one)
CO1	Students should be able to learn about microscopic studies of different human body systems.	2	Emp
CO2	Students should be able to learn about microscopic studies of different types of tissues.	2	S
CO3	Students should be able to learn about estimation of HB level in the human body.	1	S



Course Outcomes		Program Outcomes (Course Articulation Matrix(Highly Mapped-3 moderate -2, Low- 1, Not related-0) Program Specific Outcomes											
	PO1	PO2	PO3	PO4	PO5	PO6	PO 7	PO 8	PO 9	PO1 0	PS O1	PSO2	PSO3
CO1	2	2	1	2	1	1	2	2	1	3	3	2	2
CO2	2	2	1	2	1	1	2	2	1	3	3	2	2
CO3	2	2	1	2	1	1	2	2	1	3	3	2	2
AVEG.	2	2	1	2	1	1	2	2	1	2	3	2	2



ND3141	Title: Fundamentals of Foods & Nutrition- I Lab	LTP C 0 0 4 2
Version No.	1.0	
Course	NIL	
Prerequisites		
Objectives	To impart fundamental knowledge of nutrition and nutritional components.	
Experiment No.	List of Experiments	
1 5		

- 1. Estimation of calorific value of food.
- 2. Estimation of moisture content.
- 3. Estimation of ash content.
- 4. Preparation of buffers (acidic, neutral and alkaline) and determination of pH.
- 5. Qualitative identification of carbohydrates glucose, fructose, galactose, sucrose, maltose, lactose.
- 6. Preparation of Osazones and their identification.
- 7. Qualitative identification of amino acids histidine, tyrosine, tryptophan, cysteine, arginine.
- 8. Qualitative identification of lipids solubility, saponification, acrolein test, Salkowski test, Lieberman-Burchard test.
- 9. Quantitative estimation of glucose

Mode of Evaluation	Internal and External Examinations
Recommendation by Board of Studies on	31-05-2022
Date of approval by the Academic Council	20-10-2022

Unit- wise Course Outcome	Descriptions	BL Level	Employability(Emp)/Skill(S)/ Entrepreneurship(Ent)/None (use, for more than one)
CO1	Students should be able to estimate the calorific value, ash value and moisture content of food.	2	Emp,S
CO2	Students should be able to prepare the buffers and determine their pH value	2	S
CO3	Students should be able to identify carbohydrates, lipids, proteins and minerals quantitatively.	1	S



Course			rogram hly Ma _l	Program Specific Outcomes									
Outcomes	PO1	PO2	PO3	PO4	PO5	P O6	PO7	PO 8	PO9	PO10	PSO 1	PSO2	PSO3
CO1	2	0	2	3	1	1	2	2	3	3	3	2	3
CO2	1	3	2	3	2	1	2	0	1	0	2	2	2
CO3	2	2 1 2 2 3 0 0 2 3 3 2 0 2											
AVEG.	1.6	1.3	2	2.6	2	0.6	1.3	1.3	2.3	2	2.3	1.3	2.3



ND3144	Title: Biochemistry Lab	L T P C 0 0 2 1							
Version No.	1.0								
Course Prerequisites	NIL								
Objectives	To impart practical knowledge on estimation of acid number,	, iodine number and							
	saponification value of oils.								
Experiment no.	List of Experiments								
Demonstration of	Lab Glassware and Instruments.								
Preparation of No	rmal solution.								
	dic Buffers & Alkaline buffer								
Demonstration of	Acid-Base Indicator								
Determination of	Acid number in edible oil.								
6. Determination of	odine number in edible oil.								
7. Determination of	Saponification number in edible oil.								
8. Identification of C	CHO by Molish test.								
Identification of re	educing & non-reducing sugars								
	-								
Mode of Evaluation	Internal and External Examinations								
Recommendation by	31-05-2022								
Board of Studies on									

20-10-2022

Date of approval by the Academic Council

Unit-wise Course Outcome	Descriptions	BL Level	Employability(Emp)/Skill(S)/Entrepreneurship (Ent)/None (use, for more than one)
CO1	Students should be able to learn the formation of different types of solutions	3	S, Emp
CO2	Students should be able to determine the acid value, iodine value and saponification value of fats to check their purity.	3	S, Emp
CO3	Students should be able to identify the various types of sugars.	3	S, Emp

Course	Progr	am Out	comes	(Course	Articulati	on Mat	rix(High	nly Maj	pped-3		Prog	ram Spec	ific Outcomes	S		
Outcomes	mode	moderate -2, Low- 1, Not related-0)														
	PO1	PO1 PO2 PO3 PO4 PO5 PO6 PO7 PO PO9 PO1 PS PSO2 PS														
								8		0	O1					
CO1	1	2	2	2	2	1	2	3	2	3	1	2		1		
CO2	2	2	2	1	2	1	1	2	2	2	2	2		2		
CO3	1	2	1	3	3	1	2	3	2	1	3	2		2		
AVEG.	1.3	2	1.6	2	2.3	1	1.6	2.6	2	2	2	2		1.6		



CY3205	Title: Environmental Studies	LTPC
		2002
Version No.	1.0	
Course Prerequisites	NIL	
Objectives	Creating awareness among engineering students about the importance of environment, the effect of technology on the environment and ecological balance is the prime aim of the course.	
Expected Outcome	Students will understand the transnational character of environmental problems and ways of addressing them, including interactions across local to global scales.	
Unit No.	Unit Title	No. of hours (per Unit)
Unit I	Introduction to environmental studies & Ecosystems	5

Multidisciplinary nature of environmental studies, Scope and importance, Need for public awareness. Concept, Structure and function of an ecosystem, energy flow in an ecosystem: food chains, food webs and ecological pyramids. Examples of various ecosystems such as: Forest, Grassland, Desert, Aquatic ecosystems (ponds, streams, lakes, rivers, oceans, estuaries)

Unit II Natural Resources: Renewable & Non- renewable resources

5

Land as a resource, land degradation, landslides (natural & man-induced), soil erosion and desertification. Forests & forest resources: Use and over-exploitation, deforestation. Impacts of deforestation, mining, dam building on environment and forests. Resettlement and rehabilitation of project affected persons; problems and concerns with examples. Water resources: Use and over-exploitation of surface and ground water, floods, drought, conflicts over water (international &inter-state). Food resources: World food problems, changes caused by agriculture and overgrazing, effects of modern agriculture, fertilizer-pesticide problems with examples. Energy resources: Renewable and non-renewable energy sources, use of alternate energy sources, growing energy needs.

Unit III Biodiversity & Conservation

5

Levels of biological diversity: genetic, species and ecosystem diversity. Bio-geographic zones of India. Ecosystem and biodiversity services. Biodiversity patterns and global biodiversity hot spots, India as a mega-biodiversity nation; endangered and endemic species of India. Threats to biodiversity: Habitat loss, poaching of wildlife, man-wildlife conflicts, biological invasions. Conservation of biodiversity: In-situ and Ex-situ conservation of biodiversity.

Unit IV Environmental Pollution 4

Environmental pollution and its types. Causes, effects and control measures of :a) Air pollution b) Water pollution – freshwater and marine c) Soil pollution d) Noise pollution e) Thermal pollution

Nuclear hazards and human health risks, Solid waste management: Control measures of urban and industrial waste.

Unit V Environmental Policies & Practices

5

Concept of sustainability and sustainable development. Water conservation & watershed management. Climate change, global warming, acid rain, ozone layer depletion. Disaster management: floods, earthquake, cyclones and landslides. Wasteland reclamation. Environment Protection Act. Air (Prevention and Control of Pollution) Act. Water (Prevention and control of Pollution) Act, Wildlife Protection Act, Forest Conservation Act, Issues involved in enforcement of environmental legislation. Environment: rights and duties. Population growth.

Field work

Visit to a local polluted site-Urban/Rural/Industrial/Agricultural Study of simple ecosystems -pond, river, hill slopes, etc.

Text Books	1. Bharucha. E, <u>Textbook of environmental Studies for Undergraduate Courses</u> .
Reference Books	1. KaushikAnubha, Kaushik C P, Perspectives in environmental Studies New Age
	Publication.
	2. Rajagopalan, environmental Studies from Crisis to Cure, Oxford University Press.
Mode of Evaluation	Internal and External Examinations
Recommendation by Board of Studies on	31-05-2022
Date of approval by the Academic Council	20-10-2022



Unit-wise Course Outcome	Descriptions	BL Level	Employability (Emp)/Skill(S)/Entrepr eneurship (Ent)/None (use, for more than one)
CO1	Students should be able to understand the issues related to the environment and their impact on human life.	2	Emp, S
CO2	Students should be able to understand on the solutions related to the environmental problems.	2	S
CO3	Students should be able to understand different components of the environment and their function and sustainable development.	2	S
CO4	Students should be able to comprehend the importance of ecosystem and biodiversity	2	Emp, S
CO5	Students should be able to correlate the human population growth and its trend to the environmental degradation and develop the awareness about his/her role towards environmental protection and prevention	2	Emp, S

CO-PO Mapping for CY3205

Course	Progr	am Out	comes		Program Specific Outcomes									
Outcomes	(High	(Highly Mapped-3 moderate -2, Low- 1, Not related-0)												
	PO1 PO2 PO3 PO4 PO PO6 PO7 PO8 PO9 PO1											PSO2	PSO3	
	5 0													
CO1	1	0	3	3	0	1	2	0	0	1	2	3	1	
CO2	3	0	2	0	1	2	2	0	2	3	0	1	1	
CO3	2	0	0	2	1	2	3	0	0	3	3	2	2	
CO4	0	2	1	0	0	0	2	1	1	2	1	3	0	
CO5	2 2 0 2 2 1 0 0 3 1										3	0	3	
AVEG.	1.6	0.8	1.2	1.4	0.8	1.2	1.8	0.2	1.2	2	1.8	1.8	1.4	



SEMESTER 2

RD3206	Title: Basics of Physiology-II	LTPC 3003								
Version No.	1.0	1								
Course Prerequisites	NIL									
Objectives	To provide an overview of human Physiology.									
Expected Outcome	The student would acquire fundamental knowledge of structure and functions various systems of human body									
Unit No.	Unit Title	No. of hours (per Unit)								
Unit I	Nervous System	7								
cranial and spinal nerv	n - Brain and spinal cord – structure and function. Cerebrospinal fluid. Peripres. Autonomic nervous system – parasympathetic and sympathetic system – ex arc, reflex action. Diseases and Disorders - insomnia, Alzheimer's disease itis.	conduction of nerve								
Unit II	Sensory Organs	8								
 Conjunctivitis, trach Structure and function 	nctions. Physiology of vision. Defects in vision – myopia and hypermetropia, oma, glaucoma, cataract. Ear – Structure and functions. Deafness, vertigo. Ns. Sinusitis. Skin – Structure and functions. Dermatitis and burns.	astigmatism. Diseases Jose –								
Unit III	Endocrine System	7								
and functions. Hormon	glands - Pituitary, Thyroid, Parathyroid, Pancreas (endocrine function), Adrenes of reproduction. Disorders of over and under secretion.	enal – Their structure								
Unit IV	Reproductive System	7								
functions. Oogenesis. account) – Placenta an	tem – Structure and functions. Spermatogenesis. Female reproductive system Menstrual cycle, Puberty, Menopause. Fertilization, Development of fertilization dits functions – Parturition. Physiology of lactation – Hormonal control in laultiple pregnancy, artificial insemination, test tube baby - IVF,ETT& GIFT.	ed ovum (Brief								
Unit V	Musculoskeletal System	7								
	cture of bone, Functions of the skeletal system. Joints – Types of joints. Musles. Muscular contraction. Diseases and disorders - arthritis, osteoporosis, temyasthenia gravis.									
Text Books	 Meyer B J, Meij H S and Meyer A C., Human Physiology, AITBS Pub Distributors. Wilson, K.J.W and Waugh, A.: Ross and Wilson, Anatomy and Physic Illness, 8th Edition, ChurchillLivingstone. 									
Reference Books	Ranganathan, T.S.: A Textbook of Human Anatomy, Chand & Co. N.Delhi. Jain, A.K.: Textbook of Physiology, Vol. I and II. Avichal Publishing Co., NewDelhi.									
Mode of Evaluation	Internal and External Examinations									
Recommendation by Board of Studies on	31-05-2022									
Date of approval by the Academic Council	20-10-2022									



Unit-wise Course Outcome	Descriptions	BL Level	Employability(Emp)/S kill(S)/Entrepreneursh ip(Ent)/None (use, for more than one)
CO1	Student should be able to understand about the different mechanism of nervous system in human body	3	Emp,S
CO2	Student should be able to understand about physiology, structure and function of different sense organs.	2	Emp,S
CO3	Student should be able to understand about hormones and their role in human body.	3	Emp,S
CO4	Students should be able to understand about various physiology of male and female reproductive organs.	2	Emp,S
CO5	Students should be able to understand about the skeletal system of human body.	3	Emp,S

Course Outcomes		am Outorate -2, 1			Program Specific Outcomes								
	PO1	PO2	PO3	PO10	PSO1	PSO2	PSO3						
CO1	2	1	3	0	1	2	1	3	0	2	3	2	1
CO2	0	1	0	2	3	0	1	2	0	0	1	1	2
CO3	2	3	2	3	1	3	2	0	3	0	1	3	2
CO4	1	0	0	0	3	0	3	3	2	0	1	2	0
CO5	3	0	3	1	0	2	1	1	1	1	0	3	0
AVEG.	1.6	1	1.6	1.2	1.6	1.4	1.6	1.8	1.2	0.6	1.2	2.2	1



B.Sc N & D V.2022

RD3243	Title: Basics of Human Physiology-II Lab L T P C 0 0 2 1							
Version No.	1.0							
Course Prerequisites	NIL							
Objectives	To impart fundamental knowledge on the Physiology of the human body.							
Expected Outcome	The students will be able to explain the morphology of human body, tissues and able to count RBC, WBC in blood, heart rate, pulse rate and determine the hemoglobin content of the blood.							
Experiment No.	List of Experiments							
1. Blood count - red blood corpuscles count 2. Blood count - white blood corpuscles count 3. Determination of bleeding time of blood. 4. Determination of clotting time of blood. 5. Determination of blood groups. 6. Determination of ESR value. 7. Microscopic structure of various glands – Thyroid, pituitary, adrenal 8. Microscopic structure of reproductive organs – Ovary, uterus, mammary gland, testis 9. To demonstrate microscopic structure of bones with permanent slides. 10. To demonstrate microscopic structure of muscles with permanent slides 11. To study about the various wave pattern of ECG 12. Estimation of Haemoglobin by Sahli's Method								
Mode of Evaluation	Internal and External Examinations							
Recommendation by Board of Studies on	31-05-2022							
Date of approval by the Academic Council	20-10-2022							

Course outcomes for RD3243

Unit-wise Course Outcome	Descriptions	BL Level	Employability(Emp)/ Skill(S)/enterpenures hip(Ent)/None (use, for more than one)
CO1	Students should be able to learn the microscopic view of various glands & reproductive organs.	2	S
CO2	Students should be able to learn the various test related to blood like RBC count, WBC count, coagulation time and blood grouping	4	Emp,S
CO3	Students should be able to learn to estimate blood pressure using sphygmomanometer and changes in pulse rate on exercise.	3	Emp,S

Course Outcomes	Program Outcomes (Course Articulation Matrix (Highly Mapped-3 moderate -2, Low- 1, Not related-0)											Program Specific Outcomes			
	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PSO1	PSO2	PSO3		
CO1	2	0	3	1	1	2	1	2	3	0	1	2	3		
CO2	0	2	2	1	2	2	2	3	2	2	3	3	3		
CO3	3	3	1	1	1	3	3	0	0	3	1	3	0		
AVEG.	1.5	1.6	2	1	1.3	2.3	2	1.6	1.6	1.6	1.6	2.6	2		



ND3203	Title: Nutrition Through Life Cycle	LTPC 4004
Version No.	1.0	7007
Course Prerequisites	NIL	
Objectives	To provide an overview of nutritional requirements in special	
•	conditions like pregnancy, childhood and geriatrics	
Expected Outcome	The student would be able to design diet plan for specific categoryage.	
Unit No.	Unit Title	No. of hours (per Unit)
Unit I	Basic principles of meal and menu planning	8
planning, Steps, Principles an	ictors to be considered in meal/menu planning. Advantages and Disadva d Objectives of Meal Planning.	ntages of Menu
Unit II	Nutrition in pregnancy and lactation	10
Pregnancy - Physiological star pregnancy. Lactation - Physio	ges of pregnancy, nutrition requirements food selection and Complication logy of lactation, nutritional requirements.	ons of
Unit III	Nutrition during infancy and early childhood	10
relatedproblems, Feeding Patt Unit IV	Nutrition for school children and adolescence	10
School children - Nutritional i	requirements, Importance of snacks, school lunch. Adolescence - Grownits, factors influencing their eating behaviour.	th, Nutrient
Unit V	Geriatrics nutrition	10
Factors affecting food intake a	nd nutrients use, nutrient needs, nutrition related problems.	
Text Books	 B.Shri.Lakshmi, "Dietetics", New Age International Publishers Kumud Khanna et al, "Food, Nutrition and Dietetics" F.P.Antia, "Clinical Dietetics and Nutrition" Shubangini A Joshi: Nutrition and Dietetics, Tata McGraw Hill Pu NewDelhi. National Institute of Nutrition: Dietary Guidelines for Indians – Hyderabad. 	AManual,
Reference Books	 Mahan, L.K. and Escott-Stump, S., Krause's Food, Nutrition and W.B. Saunders Company, London. Williams S.R.: Nutrition and Diet Therapy, 7th Ed. Times Mirror College Publishing, St. Louis. 	
Mode of Evaluation	Internal & External	
Recommendation by Board of Studies on	31-05-2022	
Date of approval by the Academic Council	20-10-2022	



Unit-wise Course Outcome	Descriptions	BL Level	Employability(Emp)/ Skill(S)/Entrepreneur ship(Ent)/None (use, for more than one)
CO1	Student should be able to understand about the basic steps of meal planning for different age groups with specific requirements.	2	Emp,S
CO2	Student should be able to understand about nutritional requirements during pregnancy, lactation and different stages of pregnancy.	2	Emp,S
CO3	Student should be able to understand about feeding patterns, nutritional related problems during and nutritional requirements during infancy and early childhood.	2	Emp,S
CO4	Students should be able to understand about importance of lunch and snacks for school going children	2	Emp,S
CO5	Students should be able to understand about care process of elderly people (geriatric nutrition)	2	S

Course Outcomes	Program Outcomes (Course Articulation Matrix (Highly Mapped-3 moderate -2, Low- 1, Not related-0)										Program S Outcomes	pecific	
	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO 8	PO9	PO10	PSO1	PSO 2	PSO 3
CO1	2	3	1	1	2	3	2	2	3	1	3	2	2
CO2	3	2	2	3	3	1	2	1	2	3	2	2	3
CO3	3	2	3	3	2	3	3	2	2	3	3	3	3
CO4	3	1	2	2	3	2	2	2	2	3	3	1	3
CO5	1	1	2	3	2	3	1	2	2	2	3	3	3
AVEG.	2.4	1.8	2	2.4	2.4	2.4	2	1.8	2.2	2.4	2.8	2.2	2.8



B.Sc N & D V.2022

ND3242	Title: Nutrition Through Life Cycle Lab L T P C 0 0 4 2							
Version No.	1.0							
Course Prerequisites	NIL							
Objectives	To impart fundamental knowledge on the nutrition and planning the diet chart							
Expected Outcome	The students will be able to plan balance diet for every age group							
Experiment No.	List of Experiments							

- 1. Planning, preparation & calculation of diet for different level of activity workers preparation of a adult men and women, during different activities sedentary, moderate, heavy of above diets.
- 2. Planning, preparation & calculation of balanced diet for a pregnantwoman.
- 3. Planning, preparation & calculation of balanced diet for a nursing mother.
- 4. Planning preparation & calculation of supplementary and weaning foods.
- 5. Planning, preparation & calculation of meals/packedlunch for toddler and preschool child.
- 6. Planning, preparation & calculation of balanced diet for school going children.
- 7. Planning, preparation & calculation of balanced diet for adolescent boy/Girl.
- 8. Planning, preparation & calculation of meals/diet for senior citizens.

Mode of Evaluation	Internal and External Examinations
Recommendation by Board of Studies on	31-05-2022
Date of approval by the Academic Council	20-10-2022

Course outcomes for ND3242

Unit- wise Course Outcom e	Descriptions	BL Level	Employability(Emp)/ Skill(S)/Entrepreneur ship(Ent)/None (use, for more than one)
CO1	Students should be able to learn the planning of various diets according to the age, sex and RDA's	6	Emp,S
CO2	Students should be able to learn the preparation and calculation of various diets plans.	6	S, Emp, Ent
CO3	Students should be able to learn the planning and preparation of weaning foods for infants and packed foods for school going children	6	Emp, S, Ent

Course Outcomes	Program Outcomes (Course Articulation Matrix (Highly Mapped-3 moderate -2, Low- 1, Not related-0)																c Outcomes
	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PSO1	PSO2	PSO3				
CO1	2	2	2	2	2	3	2	2	1	3	3	2	3				
CO2	3	1	2	2	3	2	2	1	1	2	3	3	2				
CO3	2	3	1	2	3	3	3	2	2	3	2	3	3				
AVEG.	2	3	1	2	3	3	3	2	2	3	2	3	3				



ND3206	Title: Nutritional Biochemistry	LTPC 3003					
Version No.	1.0	1					
Course Prerequisites	NIL						
Objectives	To impart knowledge related to nutrients role in body metabolism.						
Expected Outcome	The student would acquire knowledge about role of different nutrients in maintaining metabolism in the human body.						
Unit No		No. of hours (per Unit)					
Unit: I	Water Metabolism	7					
	, ECF, ICF, Water metabolism, Functions of water, Distribution of to hydration, Biomedical importance, pH, Buffers, Acidosis	tal body water,					
Unit II	Carbohydrates Metabolism	7					
of pyruvate and lactate; Metabol	structure, Metabolism of glucose (glycolysis), fructose and galactose; ism of acetyl Co A (TCA cycle); energetic of glucose metabolism, S of glucose from noncarbohydrates (gluconeogenesis); Metabolism of its.	ynthesis of					
Unit III	Lipid Metabolism	7					
	e, Metabolism of Triacylglycerol, synthesis of fatty acid saturated and etabolism of Cholesterol; Metabolism of Ketone bodies	d unsaturated;					
Unit IV	Protein Metabolism	8					
	Biological Oxidation & Molecular Transport System iological Oxidative phosphorylation, High-energy phosphates, Myokinas fusion, active transport, coupling reaction	7 se reaction.					
Text Books	 Satyanarayana.U (2005), Biochemistry, Uppala Author-Pub Interlinks, Vijayavada, A. Jain J.L , Jain S , Jain N.(2005), Fundamentals of Biochemis Company LTD , New Delhi 	stry, S.Chand&					
 Deb.A.C., Fundamentals of Bio chemistry, New Central Book Agency(P) ltd. S. Ramakrishnan, K.G Prassanan, R.Rajan,"Text book of Medical Bio chemistry" Orient Longman limited. Hames B.D and Hooper N.M (2001) Instant notes on Biochemistry, Viva book private limited, NewDelhi. Devlin T.M (2002), Text book of Biochemistry with Clinical Correlations, A John Wiley and Sons Publications. Fatima D. et al, (1999) Biochemistry, Saras Publication, Nagarcoil, Tamil Nadu. Lehninger A.L (1987), Principles of Biochemistry, CBS Publishers and Distributors. Pattabhiraman T.N (1993), Principles of Biochemistry, Prithvi Book Agency. 							
Mode of Evaluation	Internal and External Examinations	<u> </u>					
Recommendation by Board of Studies on	31-05-2022						
Date of approval by the Academic Council	20-10-2022						



Unit-wise Course Outcome	Descriptions	BL Level	Employability (Emp)/ Skill(S)/ Entrepreneurship (Ent)/ None (Use, for more than One)
CO1	Students should be able to learn about the distribution of fluids in the body, along with their water metabolism, regulation and biomedical significance of water.	2	Emp, S
CO2	Students should be able to learn about metabolic role of carbohydrates	3	Emp, S
CO3	Students should be able to learn about the metabolic role of lipids	3	Emp, S
CO4	Students should be able to learn about the metabolic role of proteins	2	Emp, S
CO5	Students should be able to acquire knowledge about the biological oxidation.	2	Emp, S

CO-PO Mapping ND3206

Course	P	Program Outcomes (Course Articulation Matrix (Highly Mapped- 3,									Program Specific		
Outcome		Moderate- 2, Low-1, Not related-0)									Outcomes		
S	РО	РО	PO	РО	PO	РО	PO	PO	PO	PO1	PSO	PSO	PSO
	1	2	3	4	5	6	7	8	9	0	1	2	3
CO 1	1	3	2	1	3	2	1	2	1	3	2	3	1
CO 2	1	3	2	1	3	2	2	2	1	3	2	3	2
CO 3	2	3	2	2	3	2	1	2	1	3	2	3	0
CO 4	2	3	2	2	3	1	1	2	1	3	2	3	2
CO 5	2	3	2	2	3	1	2	2	1	3	2	3	1
Avg	1.6	3	2	1.6	3	1.6	1.4	2	1	3	2	3	1.2



ND3245	Title: Nutritional Biochemistry Lab						
		0 0 2 1					
VersionNo.	1.0						
CoursePrerequisites	NIL						
Objectives	To impart fundamental knowledge of basic B	To impart fundamental knowledge of basic Biochemistry					
ExpectedOutcome The students will be able to measure and weigh dry ingredients and liquids.							

List of Experiments

- 1. Extraction of casein from milk
- 2. Identification of carbohydrates (Qualitative tests)
- 3. Identification of Protein (Qualitative tests)
- 4. Determination of Iodine value of fat/oils
- 5. Determination of the saponification number of fat/oils
- 6. Determination of acid value of fat/oils
- 7. Separation of amino acid by paper chromatography
- 8. Extraction of starch from potato.
- 9. Estimation of Ascorbic Acid from Citrus Fruits.
- 10. Estimation of milk calcium.

ModeofEvaluation	Internal and External Examinations
Recommendation by Board of Studies on	31-05-2022
Date of approval by the Academic Council	20-10-2022

Course outcomes for ND3245

Unit-wise Course Outcome	Descriptions	BL Level	Employability (Emp)/ Skill(S)/ entrepreneurship (en)/ None (Use, for more than One)
CO1	Students should be able to learn about extraction of casein and calcium from milk sample.	3	Emp, S
CO2	Students should be able to learn about qualitative estimation of macromolecules such as proteins, fats and carbohydrates etc.	3	S
CO3	Students should be able to learn about estimation of ascorbic acid from citrus fruits.	3	Emp, S



Course Outcome	P	Program Outcomes (Course Articulation Matrix (Highly Mapped- 3, Moderate- 2, Low-1, Not related-0)									Program Specific Outcomes		
S	PO 1	PO PO<							PSO 2	PSO 3			
CO 1	2	3	2	1	3	3	0	3	2	1	3	3	2
CO 2	2	3	2	1	2	3	2	2	2	2	2	3	2
CO 3	2	3	1	2	1	3	1	1	0	3	1	3	2
Avg	2	3	1.6	1.3	2	3	1	2	1.3	2	2	3	2



ND3205	Title: Fundamentals of Foods & Nutrition II	L T P C 3 0 0 3					
Version No.	1.0						
Course Prerequisites	NIL						
Objectives	To provide an overview the concept of Nutrition						
Expected Outcome	The student would be able to understand the concept of different nutrients and its sources.						
Unit No.		No. of hours (per Unit)					
Unit I	Minerals	7					
	K, Ca, Mg, P) minerals, Introduction of micro mineral (Fe, I, F, Zn, Cu						
	etion of trace elements (Pb, Hg, B, Bo, Al), Biochemical Functions of mi						
	oavailability& RDA, Deficiency, toxicity, causes and consequences. Int						
		roduction to trace					
elements, classification, sou	Vitamins	7					
Unit II	1 111	,					
	lassification, Water soluble vitamins (Vit-B1, B2, B3, B5, B6, B7, B9, B	**					
	& K), Functions, Physiological role, bioavailability, RDA, Food sources, D	eficiency &					
Disorders, toxicity, biocher							
Unit III	Food Sanitation and Hygiene	7					
	ood hygiene. Introduction to toxicants, classifications, Natural toxicants						
	d with harmful bacteria, fungi, parasites, insects and rodents, Hygiene a	nd sanitation					
	ue, Adulterants, Impact on human health, Prevention & control.						
Unit IV	Nutrition in Sports	8					
Introduction to sports nutrit	tion, History, Organizations working for sports nutrition, Importance of	f nutrition in					
sports, Goals of optimal nu	strition for athletes ,RDA and energy requirements,Role of macro (Carb	ohydrate, fat,					
protein) nutrients, Role of n	nicro nutrients (minerals & vitamins), Role of water /electrolytes, Substra	te for exercises,					
Regime of hydration and de	hydration, Merits and demerits of protein supplements, Balanced diet fo	r					
athletes ,Nutrition recomme	endations for sport person in pre exercise, during and post exercise. Introd	duction to diet					
related problems of athletes	o.						
Unit V	Energy	7					
Introduction and concepts,	energy and its balance, Energy intake, Basics about Energy generating p	athways-					
*	asal metabolism, BMR affecting factors, Requirement determination, Calc	•					
	requirement of different age group.						
Text Books	Shubhangini A. Joshi, "Nutrition and Dietetics" TataMc Grov	w- Hill					
	publishing Company Ltd, NewDelhi.	.,					
2. Srilakshmi. B – "Nutrition Science", New Age International							
3. Satyanarayana.U (2005), Biochemistry, Uppala Author-Publisher							
	Interlinks, Vijayavada, A.						
Reference Books	Passmone R and Eastwood M.A, "Human Nutrition and Dietetic	es". English					
3020	languagebook Society/Churchill Livingstone, HongKong.	, — 					
	2. Neiman N. Catherine, "Nutrition", Wm .C. Brown Publishers	3					
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	B.50 1 (C B) (12022
Mode of Evaluation	Internal and External Examinations
Recommendation by	31-05-2022
Board of Studies on	31-03-2022
Date of approval by the	20-10-2022
Academic Council	20-10-2022

Unit- wise Course Outcom e	Descriptions	BL Level	Employability(Emp)/Skill(S)/Entrepren eurship(Ent)/None (use, for more than one)
CO1	Students should be able to learn about the importance and functions of macronutrients and micronutrients along with their deficiencies.	6	Emp,S
CO2	Students should be able to learn about classification, importance and food sources for various fat soluble and water-soluble vitamins.	6	S.Emp, Ent
CO3	Students should learn about food hygiene and sanitation. Various methods to control and prevent food from toxicants.	6	Emp,S, Ent
CO4	Students should learn about importance of macro-nutrients and micronutrients in sports.	5	Emp
CO5	Students should be able to learn about energy generating pathways along with BMR affecting factors.	5	Emp

Course Outcomes	Program Outcomes (Course Articulation Matrix(Highly Mapped-3 moderate -2, Low- 1, Not related-0)								ped-3	Program Specific Outcomes			
	PO1	PO1 PO2 PO3 PO4 PO5 PO6 PO7 PO8 PO9 PO10 PS01 PS02 PS03											
CO1	2	2	3	3	0	2	3	3	0	3	3	3	1
CO2	0	2	2	2	2	3	0	3	2	0	0	3	3
CO3	3	2	0	2	3	3	0	2	1	1	1	2	3
CO4	1	2	2	0	3	1	2	3	2	0	2	0	2
CO5	3	2	1	3	0	1	3	2	2	3	0	3	3
AVEG.	1.8	2	1.6	2	1.6	2	1.6	2.6	1.4	1.4	1.2	2.2	2.4



ND3244	Title: Fundamental of Foods and Nutrition Lab II L T F 0 0 2					
Version No.	1.0	<u>.</u>				
Course Prerequisites	tes NIL					
Objectives	To impart practical knowledge of nutrients, present in different food products.					
Expected Outcome The students will be able to learn about different sources and their standard values						
List of Experiments						

- 1. Use and care of kitchen equipment's.
- 2. Rich Sources of <u>VITAMINS</u> price list, nutrition and labeling.
- 3. Rich Sources of MINERALS price list, nutrition and labeling.
- 4. Food Preparation of Vitamins & Minerals rich foods with 1/3 requirement of RDA's also alculate the calorie value.
- 5. Controlling techniques Weights and measures standard, household measures for raw and cooked food.
- **6.** Food preparation and classifying recipes as good, moderate or poor, sources of specific nutrients. Amount of ingredients to be in standard recipe –
- (a) portion size
- (b) Beverages tea, coffee, cocoa, fruit juice, milk, milk shakes etc.
- 7. Estimation of BMR and other nutritional status parameters.
- 8. Survey of the SUPPLEMENTS that are available in market for sports person.
- 9. Prepare Protein and Energy Rich snack for sports person with minerals & Vitamins

Mode of Evaluation	
Recommendation by Board of Studies on	31-05-2022
Date of approval by the Academic Council	20-10-2022

Unit-wise	Descriptions		Employability(Emp)/Skill(S
Course		BL)/Entrepreneurship
Outcome		Level	(Ent)/None (use, for more
			than one)
CO1	Students should able to learn about rich sources nutrients price list, nutrition and labelling.	6	Emp,S
CO2	Students should be able to learn about use and care of kitchen equipment's.	6	S.Emp, Ent
CO3	Students should able to prepare recipes as good, moderate and poor along with sources of specific nutrients.	6	Emp,S, Ent



Course Outcomes	_			Course Ar e-2,Low-1		Program Specific Outcomes							
	PO1	PO 2	PO 3	PO4	PO 5	PO6	PO7	PO 8	PO 9	PO10	PSO1	PSO2	PSO3
CO1	3	1	1	2	1	1	2	2	0	2	0	2	2
CO2	3	3	2	3	2	1	2	3	3	2	3	2	3
CO3	0	3	1	1	3	3	2	1	2	0	3	0	2
AVEG.	1.5	2.3	1.3	2	2	1.6	2	2	1.6	1.3	2	1.3	2.3



HU3201	Title: Indian Knowledge System	LTPC 1001
Version No.	1.0	
Course Prerequisites	Nil	
Objectives		
Unit Nos.	Unit Title	Number of hours (Per Unit)
Unit 1	Overview of IKS	2
Sources of IKS knowle	A broad overview of disciplines included in the IKS, and historical development edge, classification of IKS texts, a survey of available primary texts, translaterials. Differences between a sutra, bhashya, karika, and vartika texts. Fourteen	ated primary texts, and

tantrayukti

Unit 2 Vocabulary of IKS

Introduction to Panchamahabhutas, concept of a sutra, introduction to the concepts of non-translatable (Ex. dharma, punya, aatma, karma, yagna, shakti, varna, jaati, moksha,loka, daana, itihaasa, puraana etc.) and importance of using the proper terminology. Terms such as praja, janata, loktantra, prajatantra, ganatantra, swarjya, surajya, rashtra, desh,

Philosophical foundations and Methods of IKS

Philosophical foundations of IKS: Introduction to Samkhya, vaisheshika and Nyaya

Methods in IKS: Introduction to the concept of building and testing hypothesis using the methods of tantrayukti. Introduction to pramanas and their validity, upapatti; Standards of argumentation in the vada traditions (introduction to concepts of vaada, samvaada, vivaada, jalpa, vitanda). Concept of poorvapaksha, uttarapaksha

Unit 4 **Case Studies** 2

- Mathematics of Madhava, Nilakantha Somayaji
- Astronomical models of Arvabhata
- Wootz steel, Aranumula Mirrors, and lost wax process for bronze castings
- Foundational aspects of Ayurveda

	spects of Ashtanga yoga
 Foundational as 	spects of Sangeeta and Natya shastra
Unit 5	India and the World 3
Influence of IKS on the	world, knowledge exchanges with other classical civilizations, and inter-civilizational exchanges.
Reference Books	 An Introduction to Indian Knowledge Systems: Concepts and Applications, B Mahadevan, V R Bhat, and Nagendra Pavana R N; 2022 (Prentice Hall of India). Indian Knowledge Systems: Vol I and II, Kapil Kapoor and A K Singh; 2005 (D.K. Print World Ltd). The Beautiful Tree: Indigenous India Education in the Eighteenth Century, Dharampal, Biblia Impex, New Delhi, 1983. Reprinted by Keerthi Publishing House Pvt Ltd., Coimbatore, 1995. Indian Science and Technology in the Eighteenth Century, Dharampal. Delhi: Impex India, 1971. The British Journal for the History of Science. The Wonder That Was India, Arthur Llewellyn Basham, 1954, Sidgwick& Jackson. The India they saw series (foreigner visitors on India in history from 5CE to 17th century), Ed. Meenakshi Jain and Sandhya Jain, Prabhat Prakashan
Mode of Evaluation	Internal and External Examination
Recommended by the Board of Studies on	31-05-2022
Date of approval by the Academic Council on	20-10-2022



Course Outcome for HU3201

Unit-wise Course Outcome	Descriptions	BL Level	Employability (Emp.)/ Skill(S)/ Entrepreneurship (Ent.)/ None (Use, for more than One)
CO1	The students will be able to understand the Indian Knowledge System such as historical development, sources and scope.	2	S
CO2	The students will be able to understand the vocabulary system of Indian knowledge system.	2	S
CO3	The students will be able to understand and apply the philosophical foundations and methods of IKS.	3	N
CO4	The students will be able to execute the case studies based on the Indian knowledge system.	3	N
CO5	The students will be able to understand the influence of Indian Knowledge System on world.	2	S

CO-PO Mapping for HU3201

Course Outco mes	Pro	Program Outcomes (Course Articulation Matrix (Highly Mapped-3, Moderate- 2, Low-1, Not related-0)											Program Specific Outcomes			
	PO											PSO	PSO	PSO		
	1	2	3	4	5	6	7	8	9	0	1	1	2	3		
CO 1	0	1	3	1	2	1	1	1	0	0	3	1	1	1		
CO 2	3	2	3	3	2	2	1	3	0	0	3	2	1	3		
CO 3	1	1	2	2	1	1	1	1	0	0	3	1	1	1		
CO 4	1	1	2	1	1	1	1	1	0	0	3	1	1	1		
CO 5	1	1	2	1	1	1	1	1	0	0	3	1	1	1		
Avg	1.2	1.2	2.4	2	1.4	1.2	1	1.4	0	0	3	1.2	1	1.4		



CE3102	Title: Disaster Preparedness and Management	LTP									
		2 0 0 2									
Version No.	1.0										
Course Prerequisites	Nil										
Objectives	The course is intended to provide a general concept in the dimensions of disabeyond the human control as well as the disasters and environmental hazar activities with emphasis on disaster preparedness, response and recovery.										
Expected Outcome	Student should be able understand the concept and type of disaster Student should be able to understand classification, causes and impact of disaster Student should be able to understand approaches of disaster risk reduction Student should be able to understand inter-relationship between disasters and development: Student should be able to understand disaster risk management in India										
Unit No.	Unit Title	No. of hours (per Unit)									
Unit: 1	Introduction to Disasters:	5									
Concepts, and definitions (Di	isaster, Hazard, Vulnerability, Resilience, Risks)										
Unit II	4										
(including social, economic,	political, environmental, health, psychosocial, etc.) Differential impacts- in	terms of caste, class,									
	ity Global trends in disasteis!urban disasters, pandemics, complex emergencies,	Climate change									
Unit III	Approaches to Disaster Risk reduction	5									
	Phases, Culture of safety, prevention, mitigation and preparedness community by and responsibilities of-community, Panchayati Raj Institutions/Urban Local e-holders.										
Unit IV	Inter-relationship between Disasters and Development:	5									
	ities, differential impacts, impact of Development projects such as dams, embe Adaptation. Relevance of indigenous knowledge, appropriate technology and										
Unit V	Disaster Risk Management in India	5									
Management Institutional arr programmes and legislation)	profile of India Components of Disaster Relief: Water, Food, Sanitation, Strangements (Mitigation, Response and Preparedness, DM Act and Policy, Other	related policies, plans,									
Text Books	1. Bhattacharya, Disaster Science and Management, McGraw Hill Educa	ation Pvt. Ltd.									
Reference Books	 Dr. Mrinalini Pandey, Disaster Management, Wiley India Pvt. Ltd. Jagbir Singh, Disaster Management: Future Challenges and Opportun Pvt. Ltd. 	ities, K W Publishers									
Mode of Evaluation	Internal and External Examinations										
Recommendation by Board of Studies on	31/05/2022										
Date of approval by the	20.10.2022										
Date of approval by the	20.10.2022										



Course Outcome for CE3102

Unit-wise Course Outcome	Descriptions	BL Level	Employability (Emp.)/ Skill(S)/ Entrepreneurship (Ent.)/ None (Use, for more than One)
CO1	The students will be able to understand the Indian Knowledge System such as historical development, sources and scope.	2	S
CO2	The students will be able to understand the vocabulary system of Indian knowledge system.	2	S
CO3	The students will be able to understand and apply the philosophical foundations and methods of IKS.	3	N
CO4	The students will be able to execute the case studies based on the Indian knowledge system.	3	N
CO5	The students will be able to understand the influence of Indian Knowledge System on world.	2	S

CO-PO Mapping for CE3102

Course Outco mes	Pro	Program Outcomes (Course Articulation Matrix (Highly Mapped 3, Moderate- 2, Low-1, Not related-0)											Program Specific Outcomes			
	PO									PO1	PSO	PSO	PSO 3			
	1	2	3	4	5	6	/	8	9	0	1	1	2	3		
CO 1	0	1	3	1	2	1	1	1	0	0	3	1	1	1		
CO 2	3	2	3	3	2	2	1	3	0	0	3	2	1	3		
CO 3	1	1	2	2	1	1	1	1	0	0	3	1	1	1		
CO 4	1	1	2	1	1	1	1	1	0	0	3	1	1	1		
CO 5	1	1	2	1	1	1	1	1	0	0	3	1	1	1		
Avg	1.2	1.2	2.4	2	1.4	1.2	1	1.4	0	0	3	1.2	1	1.4		



SEMESTER 3

ND3301	Title: Basic Dietetics- I	LTPC 4004			
Version No.	1.0	7007			
Course Prerequisites	NIL				
Objectives Objectives					
	To provide an overview of therapeutic Nutrition. The student would acquire knowledge related to different diets				
Expected Outcome	and its effect on human body.				
Unit No.	Unit Title	No. of hours (per Unit)			
Unit I	Introduction to term Dietician	8			
Nutritionist • tools used by d Role of dietician in hospital:	ational Qualification of Dietician • Difference between registered dietician & ietician • Area of work - work area of hospital dietician • role of hospital dietician ty:- work area of community dietician • role of community dietician				
Unit II	Nutrition Care Process	8			
Nutrition Assessment:-Defin Nutrition Diagnosis:- nutritio component• nutrition vs. med Nutrition Interventions:- Def	Process -Definition of Nutrition Care Process • Steps of Nutrition Care Procedition • Nutrition assessment component • Critical thinking in diagnosis domain:- intake, clinical, behavioral — environmental • Nutritidical diagnosis dinition, objectives, Nutrition Monitoring & Evaluation:- Definition • Numponents • nutrition goals & objectives • evaluation of nutrition care	on diagnosis			
Unit III	Principles of Diet therapy	8			
	efinition of Diet therapy, Concepts & Objectives of diet therapy				
Introduction to Therapeutic Not therapeuticnutrition for chang Definition of therapeutic diet • change in fiber • change in free	utrition, Definition of therapeutic nutrition • objectives of therapeutic diet ing need. Therapeutic Adaptation of Normal Diet therapeutic adaption:- change in consistency• change in energy intake• c quency of feeding• change in mode of feeding• change in elimination of ic diet • Modification of normal diet•	hange in nutrient•			
Routine Hospital Diet:- clear	liquid diet• liquid diet• semi-solid diet• soft diet• normal diet• tube feed• diet• high & low protein diet• high & low fiber diet • low cholesterol diet	PEG feed• JJ feed•			
Unit IV	Diet in Infection	8			
Infection: Nutrient & immune management in infection, Feve • Metabolic changes during fe symptoms • stages of fever • c	eresponse during infection• Metabolic changes during infection• Nutrition er:-classification of fever • acute fever • chronic fever wer, Acute fever:- Typhoid:- introduction • prevalence• mode of transmission omplications• dietary modification, Chronic fever:- Tuberculosis:- introductions• stages of fever • complications• dietary modification	sion • signs &			
Unit V	Diet for Gastro -Diseases	8			
Gastrointestinal Disease:- Diarrhea:- introduction • type Constipation:- introduction •	to gastrointestinal disease • classification of disease• es of diarrhea• signs & symptoms • dietary modification types of constipation• signs & symptoms • dietary modification types of peptic ulcers• signs & symptoms• complications. dietary modification	ution			



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Text Books	 Antia F.P "Clinical dietetics and Nutrition", Oxford University press. Srilakshmi: "Dietetics", New Age International (P) Ltd, Publishers, Pune.
Reference Books	 Mahan, L.K. and Escott-Stump, S., Krause's Food, Nutritionand Diet Therapy, W.B.Saunders Company, London. Williams S.R.: Nutrition and Diet Therapy, 7th Ed. Times Mirror / Mosby College Publishing, St. Louis
Mode of Evaluation	Internal & External
Recommendation by Board of Studies on	31-05-2022
Date of approval by the Academic Council	20-10-2022

Course Outcome for ND3301

Unit-wise Course Outcome	Descriptions	BL Level	Employability (Emp)/ Skill(S)/ Entrepreneurship (Ent)/ None (Use, for more than One)
CO1	Students should be able to learn about the different tools, skills, ethics, and responsibilities of a dietitian as well as their work in different areas.	2	S
CO2	Students should be able to learn about Nutrition care process and its importance in medical nutrition therapy.	2	Emp
CO3	Students should be able to learn about different types of hospital diet and which type of diet in given to which patients.	2	Emp
CO4	Students should be able to learn about infections and its effects on the nutritional status of the body as well as about its nutritional intervention.	3	S
CO5	Students should be able to learn about various symptoms of gastrointestinal problems and how to management them with dietary modification	3	Emp

Course Outcomes	Progr	am Outo	comes (C	oderate-	Program Specific Outcomes								
	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PSO1	PSO2	PSO3
CO 1	1	0	0	1	3	3	2	1	3	1	0	1	1
CO 2	3	3	3	3	2	2	2	3	1	3	3	3	3
CO 3	3	3	3	3	2	3	1	3	1	3	3	3	3
CO 4	3	3	1	2	2	2	2	2	1	2	2	3	2
CO 5	3	3	1	2	2	2	2	2	1	2	2	3	2
Avg	2.6	2.4	1.6	2.2	2.2	2.4	1.8	2.2	1.4	2.2	2	2.6	2.2



ND3340	Title: Basic Dietetics Lab I	LTPC 0042				
Version No.	1.0					
Course Prerequisites	NIL					
Objectives	To provide an overview of therapeutic Nutrition.					
Expected Outcome	The student would acquire knowledge related to different diets and its effect	on human body.				
List of Experiments						

List of Experiments

- Planning, preparation and calculation of following diets: Normal diet, clear liquid and liquid diet, soft diet, Tube feed
- Planning, preparation and calculation of Typhoid
- Planning, preparation and calculation of Tuberculosis
- Planning, preparation and calculation of Diarrhea
- Planning, preparation and calculation of Constipation 5.
- Planning, preparation and calculation of Peptic Ulcer 6.

Mode of Evaluation	Internal and External Examinations
Recommendation by Board of Studies on	31-05-2022
Date of approval by the Academic Council	20-10-2022



Unit-wise Course Outcome	Descriptions	BL Level	Employability (Emp)/ Skill(S)/ Entrepreneurship (Ent)/ None (Use, for more than One)
CO1	Students should be able to learn to plan various types of therapeutic diets used in hospitals.	6	Emp
CO2	Students should be able to learn to plan and prepare therapeutic diets for various basic diseases like Diarrhoea, constipation, peptic Ulcers and different types of Fevers.	6	Emp
CO3	Students should be able to learn to calculate RDA,s according to individual patients for various basic diseases like Diarrhoea, constipation, peptic Ulcers and different types of Fevers	3	Emp

Course	Progr	ram Ou	tcomes	derate-	Program Specific								
Outcomes					Ou	tcomes							
	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PSO1	PSO2	PSO3
CO 1	3	3	2	3	1	3	1	2	3	3	3	3	2
CO 2	3	3	2	2	1	3	2	2	3	3	2	3	2
CO 3	3	3	2	2	1	3	2	2	3	2	3	2	
Ανα	3	3	2	2.3	1	3	1.6	2	3	3	2.3	3	2
Avg	3	3	2	4.5	1	3	1.6	2	3	3	4.3	3	<u> </u>



ND3305	Title: Food Science	LTPC					
		4 0 04					
Version No.	1.0						
Course Prerequisites	NIL						
Objectives	To provide an overview of essential components of food.						
Expected Outcome	The student would acquire different sources of food products andtheir storage requirements.						
Unit No.	Unit Title	No. of hours (per Unit)					
Unit I	Introduction of foods& Cereals	9					
	oups, classification of foods. Study of different cooking methods, merits						
Solar-cooking, Microwave coo added cereals available in Utta	sking. Cereals-Cereal sand millets-breakfast cereals, cereal products, fas rakhand area.	st-foods. Value					
Unit II	Pulses	9					
	n (in brief), Selection and variety, storage, processing, use in variety of phlighting soya beans, lathyrism-removal of toxins. Value added pulses &						
Unit III	Milk and Milk Products	10					
	uality, processing, coagulation of milk, digestion of milk, storage, uses ed, butter, paneer, khoa, cheese, ice cream, kulfi and various kinds of pro-						
Unit IV	Egg, Fish, Poultry and Meat	10					
	orage, uses and nutritional aspects. Spoilage of egg, fish, poultry and me	eat.					
Unit V	Fruits& Vegetables	10					
Variety, selection, purchase, st fruits. Effects of cooking on co available in Uttarakhand area.	orage, availability, cost, use and nutritional aspects of raw and processe blour, texture, flavour, appearance and nutritive value. Value added fruit	d vegetables and s & vegetables					
Text Books	 Swaminathan: "Food & Nutrition", The Bangalore Printing & put Vol I, Bangalore. Srilakshmi: "Food Science", New Age International (P) Ltd, Publi 	,					
Reference Books							
Mode of Evaluation	Internal & External						
Recommendation by Board of Studies on	31-05-2022						
Date of approval by the Academic Council	20-10-2022						



Unit- wise Course Outcom e	Descriptions	BL Level	Employability(Emp)/Skill(S)/E ntrepreneurship(Ent)/None (use, for more than one)
CO1	Students should be able to learn about the nutritional importance of cereals, also learn about various new technologies of baking used in cereal products making.	3	Emp, S
CO2	Students should be able to learn about the nutritional importance of legumes and various technologies used in processing legumes	3	Emp, S
CO3	Students should be able to learn about the nutritional importance of milk and milk products and various new technologies used in processing of milk and milk products.	2	Emp, S
CO4	Students should be able to learn about classification and new technologies of fruits & vegetables and their products	3	Emp, S
CO5	Students should be able to learn about various processing & preservation techniques of food.	3	Emp, S

Course Outcomes											Program Specific Outcomes				
	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PSO1	PSO2	PSO3		
CO1	3	0	2	1	0	3	1	0	2	2	1	3	2		
CO2	2	2	2	2	1	2	0	2	1	1	1	0	0		
CO3	2	3	3	1	1	1	1	1	2	1	3	2	2		
CO4	1	1	0	2	1	3	1	2	0	3	3	2	2		
CO5	0	1	1	1	2	0	1	2	2	2	2	0	3		
Avg	1.6	1.4	1.6	1.4	1	1.8	0.8	1.4	1.4	1.8	2	1.4	1.8		



ND3341	Title: Food Science Lab	L T P C 0 0 3 2
Version No.	1.0	
Course Prerequisites	NIL	
Objectives	To impart fundamental knowledge on the Food Sciences.	
Expected Outcome	The students will be able to measuring and weighing dry ingredients and	liquids, cook and
	serve.	
Experiment No.	List of Experiments	

- 1. Familiarization with different stoves, ovens and simple kitchen equipment.
- 2. Methods of measuring and weighing dry ingredients and liquids.
- 3. Cereal cookery
- a). Methods of combining flour with liquid eg. Powdered cereal coarse (eg. Phirne, broken wheat upma) and fine (eg. Ragi porridge, wheat halwa).
- b). Cereal Grains different methods of cooking rice straining, absorption cooking over slow heat, pressure cooking, addition of fat, microwave and rice cooker.
- c). Rice preparations lime rice, tamarind rice, coconut rice, curd rice, egg fried rice, peas fried rice, idli and dosa. Wheat and ragi preparations Kesari, poori, paratha, bhathura, naan, ragi, putu, ragi leaf cake, ragiadai.
- d). Cereals Cookery available in Uttarakhand area
- 4. Pulse Cookery
- a). Different methods of cooking pulses hard water, soft water, soaking, addition of soda bicarbonate, addition of raw papaya, pressure cooking eg. Any whole gram and any dhal.
- b). Pulse Preparations brinjal sambar, sprouted green gram, cow peas and chole.
- c.) Pulses Cookery available in Uttarakhand area
- 5. VegetableCookery
- a.) aDifferent methods of cooking vegetables effect of shredding, dicing, acid and alkali, pressure cooking, steaming with and without lid .Eg .Potato, beetroot, carrot and greens.
- b.) Vegetable preparations –potato methi curry, mashed potatoes, aloo-tikke, vegetable korma, cabbage, carrot cucumber, ridge-gourd, tomato chutney and carrot halwa.
- c.) Fruits Different ways of serving oranges, stuffed dates, banana fritters, fruit salad, stewed apricots, banana with custard, fruit jelly, grape jam, fruit punch, baked apple and pineapple upside down cake.
- d.) Native fruits & vegetables cookery available in Uttarakhand area
 - 6. Milk Cookery- Curd preparation, Paneer, Khoa and its usage in different sweets.
 - 7. Egg Cookery- Quality assessment of egg, Preparation of soft boil & hard boil egg.

Mode of Evaluation	Internal and External Examinations
Recommendation by Board of Studies on	31-05-2022
Date of approval by the Academic Council	20-10-2022



Unit-wise Course Outcome	Descriptions	BL Level	Employability(Emp)/S kill(S)/Entrepreneurshi p(Ent)/None (use, for more than one)
CO1	Student should be able to learn about various cooking methods.	3	Emp, S
CO2	Student should be able to learn about physical & chemical properties of different food grains.	3	Emp, S
CO3	Student should be able to learn about processing & preservation techniques for different food products.	3	Emp, S, Ent

Course Outcomes		am Outc ly Mapp		Program Specific Outcomes									
	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PSO1	PSO2	PSO3
CO1	2	2	2	2	0	0	3	2	2	2	1	3	3
CO2	3	3	2	3	2	3	1	3	2	3	0	2	0
CO3	3	0	3	2	3	1	1	1	0	2	0	3	1
AVEG.	3	1.6	2.3	2.3	1.6	1.3	1.6	2	1.3	2.3	0.3	2.6	1.3



ND3303	Title: Food Microbiology I	LTPC 30 03
Version No.	1.0	50 05
Course Prerequisites	NIL	
Objectives	To provide an overview of essential components of food Microbiology.	
Expected Outcome	The student would acquire different sources of microorganisms and how they cause disease. And there beneficial effects	
Unit No.		No. of hours (per Unit)
Unit: I	Introduction and scope of Food microbiology microbiology and its relevance to everyday life.	8
 Identification of microorg Morphological characteri Industrial importance. Sign 	bacteria, fungi, virus, protozoa, and algae. anisms stics important in food bacteriology gnificance of Microorganisms in Foods. Methods for detection of microorganisms. Physical, Chemical Immunological and biochemical assays.	nisms in food: Meat
Unit II	Growth Of Microorganisms	7
constituents, water Activity – Extrinsic Factors (Substr	e Limitations)-nutrient content, pH and buffering Capacity, antimicrobial batty ate Limitations)-relative Humidity, temperature, gaseous atmosphere ples of Quality ControlChemicals, Antibiotics, Bacteriocins.Applications of	,
Unit III	Microbiology of Deficient Food (Cereals, sugar & Vegetables)	7
Microbiology of deficient fruits)(a)Cereal and cereal	food (Spoilage. contamination sources, types, effect on cereals, sugar, veget products, b) Sugar and sugar products, c) Vegetables and fruits	tables and
Unit IV	Microbiology of Deficient Food (Meat, Milk & Vegetables)	7
Microbiology of deficient and meat products, b) Fish	t food (Spoilage. contamination sources, types, effect on meat, egg, milk, car , egg and poultry, c)Milk and milk products, d) Canned foods	nned foods)(a) Meat
Unit V	Environmental Microbiology	7
a) Water and water borne	diseases, b) Air and air borne diseases, c) Soil and soil borne diseases, d) Sev	wage and diseases
Text Books	 William C Frazier "Food Microbiology", McGraw Hill Education WM Foster "Food Microbiology", CBS 	
Reference Books	1.Carl A. Batt "Encyclopedia of Food Microbiology" Elsevier 2.F.H.Kayser "Medical Microbiology" Stuttgart: Thieme	
Mode of Evaluation	Internal and External Examinations	
Recommendation by Board of Studies on	31-05-2022	

20-10-2022

Date of approval by the Academic Council



Unit-wise Course Outcome	Descriptions	BL Level	Employability (Emp)/ Skill(S)/ entrepreneurship (Ent)/ None (Use, for more than One)
CO1	Students should be able to learn about the history and thegeneral characteristics of different classes of microorganisms. Beside the students will learn about the significance of microorganisms in food.	2	S
CO2	Students should be able to acquire knowledge about the growth curve of microorganisms even with the external and internal factors that affect the growth rate of microorganisms.	2	S
CO3	Students should be able to learn about the spoilage, contamination and prevention of cereals and cereals products.	2	Emp
CO4	Students should be able to learn about the spoilage, contamination and prevention of fruits & vegetables along with canned foods.	2	Emp
CO5	Students should be able to clear the concept about the environmental microbiology by studying the factors of environments such as air, water, soil and sewage.	2	Emp

Course Outcomes	Progra	Program Outcomes (Course Articulation Matrix (Highly Mapped- 3, Moderate- 2, Low-1, Not related-0)									Program Specific Outcomes		
	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PSO1	PSO2	PSO3
CO 1	2	1	3	2	3	2	3	2	3	2	2	2	1
CO 2	2	2	3	2	3	1	2	3	3	2	3	1	2
CO 3	3	2	2	2	2	3	2	3	3	2	0	2	3
CO 4	3	2	3	3	2	1	2	3	3	2	1	2	1
CO 5	3	3	3	3	1	2	1	2	3	2	1	2	1
Avg	2.6	2	2.8	2.4	2.2	1.8	2	2.6	3	2	1.4	1.8	1.6



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		.DC IV & D V.2022				
ND3342	Title: Food Microbiology Lab I	LTPC				
		0 0 2 1				
Version No.	1.0					
Course	NIL					
Prerequisites						
Objectives	To provide an overview of essential components of food Microbiology.					
Expected	The student would acquire different sources of microorganisms and how	they cause disease.				
Outcome	And their beneficial effects					
Experiment No.	List of Experiments	_				
•						
1. Study of equip	pment's in a microbiology lab					

- Study of equipment's in a microbiology lab
 Sterilization techniques
 Staining of bacteria- gram positive & gram negative
 Staining of endospore forming bacteria
- 5. Cultivation and identification of important bacteria, moulds

Mode of Evaluation	Internal and External Examinations
Recommendation by Board of Studies on	31-05-2022
Date of approval by the Academic Council	20-10-2022

Course Outcome for ND3342

Unit-wise Course Outcome	Descriptions	BL Level	Employability (Emp)/ Skill(S)/ Entrepreneurship (Ent)/ None (Use, for more than One)
CO1	Students should be able to learn various equipment used in food microbiology lab etc.	3	S
CO2	Students should be able to learn about staining techniques for bacteria such as gram staining etc.	4	Emp
CO3	Students should be able to also learn about Cultivation and identification of important bacteria, mouldsetc	5	Emp

Course	Progr	Program Outcomes (Course Articulation Matrix (Highly Mapped- 3, Moderate- 2,										Program Specific		
Outcomes				I	Low-1, N	ot related	-0)				Outcomes			
	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PSO1	PSO2	PSO3	
CO 1	2	1	2	2	2	1	2	2	3	2	1	3	1	
CO 2	2	2	3	2	3	2	3	3	3	1	2	2	3	
CO 3	1	2	2	3	3	2	3	3	3	1	2	2	2	
Avg	1.6	1.6	2.3	2.3	2.3	1.6	2.3	2.3	3	1.3	1.6	2.3	2	
1118	2.0	2.0				2.0			•	2.0	2.0		_	



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ND3304	Title: Food Service Management I	LTPC				
		3003				
Version No.	1.0					
Course Prerequisites	NIL					
Objectives	To provide an overview of essential components of food.					
Expected Outcome	The student would acquire different sources of food products and their storage requirements.					
Unit No.		No. of hours (per Unit)				
Unit: I	Catering Industry- Definition& Classification	7				
health facility oriented, Pro	of food service institutions according to, Function: Profit oriented, service occessing method: Conventional system, commissary system and fast food see, tray service and waiter-waitress service					
Unit II	Floor planning and layout	7				
	Characteristics of typical food service facilities. Floor planning and layout forces of typical food service facilities.	or catering				
Unit III	Catering Equipment	7				
Introduction, Classification Use and care of major equi	, Factors involved in selection of equipment's. Factor involved in purchasin pment's.	g of equipments,				
Unit IV	Food Preparation	8				
Introduction, Principles of to purchasing. Storages of foo	food preparation, Characteristics of food. Principles of food purchasing. Metods	thods of food				
Unit V	Menu Planning	7				
Definition of menu planni Steps to be considered du	ing, Principals & objectives of menu planning. Factor affecting menu planniring planning a menu. Advantage & disadvantage of menu.					
Text Books	 Swaminathan: "Food & Nutrition", The Bangalore Printing & publishing co ltd., Vol I, Bangalore. Srilakshmi: "Food Science", New Age International (P) Ltd, Publishers, Pune. 					
Reference Books	Reference Books 1. Mudambi.R. Sumathi&Rajagpal M.V, "Foods & Nutrition", Willey Eastern Ltd, New Delhi. 2. ThangamE.Philip: Modern Cookery, Orient Longman, Vol II, Bombay.					
Mode of Evaluation	Internal and External Examinations					
Recommendation by Board of Studies on	31-05-2022					
Date of approval by the Academic Council	20-10-2022					



Unit-wise Course Outcome	Descriptions	BL Level	Employability (Emp)/ Skill(S)/ Entrepreneurship (Ent)/ None (Use, for more than One)
CO1	Students should be able to learn about the functions and classification of catering industry and various processing method which is used in catering industry	2	S
CO2	Students should be able to learn about the various types of floor planning and layouts for a good catering establishments and characteristics of typical food service facilities	3	S
CO3	Students should be able to learn about the catering equipment's and factors which involved in the selection and purchasing of equipment's.	3	Emp
CO4	Students should be able to learn about the principles of food preparation, food purchasing and how to store food for long time.	3	Emp
CO5	Students should be able to learn about the principles and objectives of menu planning which is very useful for any catering establishment.	4	Emp

Course Outcomes	F	Program Outcomes (Course Articulation Matrix (Highly Mapped- 3, Moderate- 2, Low-1, Not related-0)								- 3,	Program Specific Outcomes		
Outcomes	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PSO1	PSO2	PSO3
CO 1	1	2	0	2	0	1	3	1	3	3	3	2	2
CO 2	2	0	2	3	3	2	2	0	3	2	0	1	3
CO 3	2	1	2	1	1	1	0	2	2	0	3	0	1
CO 4	1	0	3	1	2	3	2	3	0	3	1	3	2
CO 5	3	2	2	0	1	0	2	1	0	3	3	1	3
Avg	1.8	1	1.8	1.4	1.4	1.4	1.8	1.4	1.6	2.2	2	1.4	2.2



ND3343	Title: Food Service Management Lab I	LTPC 0042
Version No.	1.0	•
Course Prerequisites	NIL	
Objectives	To provide an overview of essential components of food.	
Expected Outcome	The student would acquire different sources of food products and their storage requirements.	
Experiment No.	List of Experiments	

Standardization of at least 2 recipes in each of the following category

- Cereal and cereal products
- Vegetables.
- Fruits.
- Meat, chicken and other fleshy foods.
- Sugar and jiggery
- Milk and its products.
- Pulses.
- Nuts and Oil seeds.

Mode of Evaluation	Internal and External Examinations
Recommendation by Board of Studies on	31-05-2022
Date of approval by the Academic Council	20-10-2022

Course Outcome for ND3343

Unit-wise Course Outcome	Descriptions	BL Level	Employability (Emp)/ Skill(S)/ Entrepreneurship (Ent)/ None (Use, for more than One)
CO1	Students should be able to learn about the standardization techniques for different recipes.	5	S
CO2	Student should be able to gain knowledge about cost calculation for different standardized recipes.	3	S
CO3	Student should be able to gain knowledge about management techniques for catering establishment.	3	Emp



Course	Progr	Program Outcomes (Course Articulation Matrix (Highly Mapped- 3, Moderate- 2, Low-1, Not related-0)									Program Specific Outcomes		
Course Outcomes	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PSO1	PSO2	PSO3
CO 1	3	3	1	3	1	3	2	0	2	3	3	3	0
CO 2	3	3	3	2	3	1	2	1	2	2	3	2	3
CO 3	2	1	2	2	3	1	2	3	0	0	2	2	2
Avg	2.5	2.3	2	2.3	2.3	1.6	2	1.3	1.3	1.6	2.6	2.3	1.6



HU3202	Title: United Nations Development Programme	LTPC						
Version No.	1.0	1001						
Course	Nil							
Prerequisites	INII							
Objectives								
Objectives		Name						
Unit Nos.	Unit Title	Number of hours (Per Unit)						
Unit 1	Introduction	2						
Introduction to UND	P, Mission and Vision of UNDP, Goals of UNDP, Structure of UNDP Executive Box	ard and						
	oard members, Expertise of UNDP, UNDP in India: Projects of UNDP in India.							
Unit 2	Sustainable Livelihoods	3						
generating Sustainab promote sustainable a Productive Employm	Vision and Strategy for Sustainable Livelihoods: Hill Agriculture / Horticulture, Tourism and Other avenues for generating Sustainable Livelihoods. Strategies for End of hunger, achieve food security and improved nutrition and promote sustainable agriculture Promote Sustained, Inclusive and Sustainable Economic Growth, Full and Productive Employment and Decent Work for All. Build Resilient Infrastructure, Promote Inclusive and Sustainable Industrialization and Foster Innovation							
Unit 3	Human Development	2						
promote well-being Learning Opportuniti	Access and explore human development data for 191 countries and territories worldwide. Ensure healthy lives and promote well-being for all at all ages, Ensure Inclusive and Equitable Quality Education and Promote Lifelong Learning Opportunities, Ensure availability and sustainable management of water and sanitation.							
Unit 4	Social Development	2						
Promote Peaceful and	ality and Empower All Women and Girls, Reduce Inequality within and Among Co d Inclusive Societies for Sustainable Development, Provide Access to Justice to All a ole and Inclusive Institutions at All Levels							
Unit 5	Environmental Sustainability	3						
Ensure access to affordable, reliable, sustainable and modern energy, Make Cities and Human Settlements Inclusive, Safe, Resilient and Sustainable, Ensure Sustainable Consumption and Production Patterns, Urgent Action to Combat Climate Change and its Impacts, Protect, Restore and Promote Sustainable Use of Terrestrial Ecosystems, Sustainably Manage Forests, Combat Desertification, and Halt and Reverse Land Degradation and Halt Biodiversity Loss.								
Reference Books	Digambar Bhouraskar, 2014, United Nations Development Aid: A History of Undp, Academic Foundation Publisher, 230							
Mode of Evaluation								
Recommended by the Board of Studies on	ommended by Board of 31-05-2022							
Date of approval by the Academic Council on	ate of approval v the Academic							



Course Outcome for HU3202

Unit-wise Course Outcome	Descriptions	BL Level	Employability (Emp.)/ Skill(S)/ Entrepreneurship (Ent.)/ None (Use, for more than One)
CO1	Students will learn about the Structure, Mission, Vision and Goals of UNDP	2	S
CO2	Equip the students with the knowledge of sustainable livelihoods for inclusive economic growth.	2	S
CO3	Students will learn and explore about the Human Development index to promote well being at all ages.	2	S
CO4	To impart better education on SDGs goals focusing on Gender Equality and Provide Access to Justice to All and Build Effective.	3	N
CO5	Students will develop knowledge regarding environment sustainability.	3	N

CO-PO Mapping for HU3202

Course Outcomes		Program Outcomes (Course Articulation Matrix (Highly Mapped- 3, Moderate- 2, Low-1, Not related-0) Program Specific Outcomes												
	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10	PO 11	PS O1	PS O2	PS O3
CO 1	0	2	3	0	3	3	0	3	0	0	3	1	2	3
CO 2	1	3	3	1	3	3	0	2	1	0	3	1	2	3
CO 3	1	2	2	1	3	3	0	3	1	0	3	1	2	3
CO 4	1	2	3	0	3	3	0	3	1	3	3	1	2	2
CO5	1	2	3	1	3	3	0	2	1	1	3	1	2	3
Avg	0.8	2.2	2.8	0.6	3	3	0	2.6	0.8	0.8	3	1	2	2.8



SEMESTER 4

ND3401	Title: Basic Dietetics II	L T PC						
		4 004						
Version No.	1.0	'						
Course Prerequisites	NIL							
Objectives	To provide an over view of therapeutic Nutrition.							
UnitNo.	UnitTitle No.of hours							
		(perUnit)						
UnitI	Food Sensitivity	8						
Introduction• objectives •fo onfeed•assessment ofpatie	eeding technique:-enteral andparenteral feeding technique psychologyoff	atient						
UnitII	Introduction of Renal Disease	8						
	manifestation of disease, causes, signs $\&$ symptoms , complications • die							
	ntroductionmanifestation of disease prevalence of disease causes signs &							
	fication Acute Renal Disease: introductionmanifestation of diseasepr							
diseaseprevalence	omplications dietary modification Chronic Renal Disease :- introduction of disease causessigns &							
	of disease causessigns of cation EndStageRenalDisease: introduction manifestation of disease prev	symptoms symptoms						
gns	incation Endstage RenaiDisease, introduction maintestation of disease prev	alenceoluiseasecausessi						
&symptomscomplications	dietarymodification							
confined the productions	•							
UnitIII	Diet For Cardiovascular Diseases	8						
Dietforcardiovasculardisea	se-introduction•stagesofdevelopment•etiology•riskfactor•nutritionalman	nagement						
UnitIV	Diet in Diabetes Mellitus	8						
	troduction • classification-IDDM, NIDDM, Gestational Diabetes Mellitus • et	tiology•						
prevalence•causes•riskfact	or•signs&symptoms•nutritionalmanagement							
UnitV	Diet for Weight Management	8						
Dietforobesity-introduction	n•assessmentofobesity•riskfactor•causes •hazardsofObesity•complication	S•						
Dietarymodifications	4. 1. 4							
leanness•complications•di	troduction• nutritional assessment• risk factor• causes • hazards of							
TextBooks	1. AntiaF.P"Clinical dieteticsandNutrition",OxfordUniversitypi	229						
TCAtDOORS	2. Srilakshmi: "Dietetics", New Age International(P) Ltd, Publish	hers.Pune.						
D.C. D.1								
ReferenceBooks	1. Mahan, L.K. and Escott-Stump, S., Krause's Food, Nutrition							
	DietTherapy, W.B.SaundersCompany,London. 2. WilliamsS.R.:NutritionandDietTherapy,7 th Ed.TimesMirror/	MaghyCallagaDuhlighi						
	ng,St.Louis	MosbyConegerublishi						
ModeofEvaluation	Internal&External							
Recommendation by								
Board	31-05-2022							
Of Studies on								
Date of approval								
by the Academic	20-10-2022							
Council								



Unit-wise Course Outcome	Descriptions	BL Level	Employability (Emp)/ Skill(S)/ Entrepreneurship (Ent)/ None (Use, for more than One)
CO1	Students should be able to learn about different food allergens, how they cause allergy to sensitive people and their treatment.	2	Emp, S, Ent
CO2	Students should be able to learn about different types of renal disease and how we can prevent it by dietary intervention.	2	S, Emp, Ent
CO3	Students should be able to learn about different about different types of cardiovascular disease and how it can be prevented by dietary intervention	3	Emp, S, Ent
CO4	Students should be able to learn about different types of diabetes mellitus and its dietary intervention.	2	Emp, S, Ent
CO5	Students should be able to learn about different types of weight management diseases and how it can be prevented by dietary and lifestyle modification	2	Emp, S, Ent

Course Outcomes		Program Outcomes (Course Articulation Matrix (Highly Mapped- 3, Moderate- 2 Low-1, Not related-0)								erate- 2,		Program Specific Outcomes		
	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PSO1	PSO2	PSO3	
CO 1	1	0	0	1	3	3	2	1	3	1	0	1	2	
CO 2	2	3	3	3	2	2	2	2	3	1	3	3	3	
CO 3	2	3	1	3	3	2	3	1	3	2	3	3	3	
CO 4	3	2	3	2	2	3	2	2	2	1	2	2	3	
CO 5	2	3	2	1	3	2	2	2	2	1	2	2	3	
Avg	2	2.2	1.8	2	2.6	2.4	2.2	1.6	2.6	1.2	2	2.2	2.8	



ND3440	Title: Basic Dietetics Lab II	LTPC 0 042
Version No.	1.0	•
Course Prerequisites	NIL	
Objectives	To provide an overview of therapeutic Nutrition.	
Experiment No	List of Experiments	

Planning preparation and calculation of following diets:

- Nephritis
- Nephrotic Syndrome Acute Renal Disease
- Hypertension Atherosclerosis
- Diabetes Mellitus
- Obesity
- Underweight

Modeof Evaluation	Internal and External Examinations
Recommendation by Board of Studies on	31-05-2022
Date of approval by the Academic Council	20-10-2022



Unit-wise Course Outcome	Descriptions	BL Level	Employability (Emp)/ Skill(S)/ Entrepreneurship (Ent)/ None (Use, for more than One)
CO1	Students should be able to plan therapeutic diets for various basic diseases like Allergy, Diabetes, Renal Disease, CHD, Weight management	6	Emp, S, Ent
CO2	Students should be able to prepare therapeutic diets for various basic diseases like Allergy, Diabetes, Renal Disease, CHD, Weight management	6	S,Emp, Ent
CO3	Students should be able to calculate RDA,s according to individual patients for various basic diseases like Allergy, Diabetes, Renal Disease, CHD, Weight management	3	Emp, Ent,S

Course Outcomes	Progr	Program Outcomes (Course Articulation Matrix (Highly Mapped- 3, Moderate- 2, Low-1, Not related-0)											Program Specific Outcomes			
	PO1	PO1 PO2 PO3 PO4 PO5 PO6 PO7 PO8 PO9 PO10									PSO1	PSO2	PSO3			
CO 1	3	3	2	3	1	3	1	2	3	3	3	3	2			
CO 2	3	3	2	2	1	3	2	2	3	3	2	3	2			
CO 3	3	3	2	2	1	3	2	2	3	3	2	3	2			
Avg	3	3	2	2.3	1	3	1.6	2	2	2	2.3	3	2			



ND3405	Title: Food Science I	LTPC 4004					
Version No.	1.0						
Course Prerequisites	NIL						
Objectives	To provide an overview of essential components of food.						
Expected Outcome	The student would acquire different sources of food products and their storage requirements.						
Unit No.		No. of hours (per Unit)					
Unit: I	Beverages	8					
Classification, Coffee, Tea composition and preparati	, Cocoa, Fruit & vegetable beverages, Alcoholic & non-Alcoholic beverage on.	s. Processing					
Unit II	Nuts, Oil seeds and Fats & oils	7					
Composition and Nutritive Nutritional importance, co	e value, Specific nuts & oilseeds, Toxins, Role of nuts & oilseeds in cookery mposition, Types, Smoking point, Rancidity, effect of heating, Role of fat/o	il in cookery					
Unit III	Spices and Condiments	7					
	es, composition, Importance, Classification, Role in cookery						
Unit IV	Sugar and Related Products	7					
confectionery	, Form of sugar and liquid sweetness, Caramelization, Hydrolysis, Crystalli	zation, Role in Indian					
Unit V	Food Additives, preservatives & adulteration	7					
	aws & regulation related to use of food additives, Definition and classificates, types and laws and regulations.	ion of food					
Text Books	 Swaminathan: "Food & Nutrition", The Bangalore Printing & publish Bangalore. Srilakshmi: "Food Science 	ning co ltd., Vol I,					
Reference Books	1. Mudambi .R. Sumathi&Rajagpal M.V, "Foods & Nutrition", Willey Eastern Ltd, New Delhi. 2. Thangam.E.Philip: Modern Cookery						
Mode of Evaluation	Internal and External Examinations						
Recommendation by Board of Studies on	31-05-2022						
Date of approval by . the Academic Council	20-10-2022						



Unit-wise Course Outcome	Descriptions	BL Level	Employability (Emp)/ Skill(S)/ Entrepreneurship (Ent)/ None (Use, for more than One)
CO1	Students should be able to learn about the nutritional importance of cereals, also learn about various new technologies of baking used in cereal products making	2	S
CO2	Students should be able to learn about the nutritional importance of legumes and various technologies used in processing legumes	2	S
CO3	Students should be able to learn about the nutritional importance of milk and milk products and various new technologies used in processing of milk and milk products	2	Emp
CO4	Students should be able to learn about classification and new technologies of fruits & vegetables and their products	2	Emp
CO5	tudents should be able to learn about various processing & preservation techniques of food.	2	Emp

Course	Progra	am Outc	omes (C					у Марре	ed- 3, M	oderate-			
Outcomes				2, 1	Low-1, 1	Not relate	ed-0)				Outcomes		
	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PSO1	PSO2	PSO3
CO 1	2	1	3	3	1	2	1	3	2	3	1	3	3
CO 2	2	2	3	3	1	2	1	3	2	3	1	3	3
CO 3	2	2	3	3	1	2	1	3	2	3	1	3	3
CO 4	3	2	1	1	1	3	1	1	1	3	2	3	2
CO 5	1	2	3	3	1	2	1	3	2	3	2	3	3
Avg	2	1.8	2.6	2.6	1	2	1	2.6	1.8	3	1.4	3	2.8



ND3444	Title: Food Science I Lab	LTPC 0021
Version No.	1.0	
Course Prerequisites	NIL	
Objectives	To provide an overview of essential components of food.	
Expected Outcome	The student would acquire different sources of food products and their	storage requirements.

List of Experiments

- 1. Beverages-Prepare tea and coffee by different methods and compare. Prepare & serve stimulating, nourishing, refreshing beverages & appetizers.
- 2. Prepare the recipes using nuts as sweets, chutneys, salads, snacks. Prepare recipes where nuts and oilseeds can be used as thickening agent and garnishing agent.
- 3. Prepare the recipes using nuts as sweets, chutneys, salads, snacks. Prepare recipes where nuts and oilseeds can be used as thickening agent and garnishing agent.
- 4. Prepare different recipes using spices as flavorings agents, colorings agents, preservative, souring agent, thickening agents etc
- 5. Demonstrate the different stages of crystallization in sugar cookery. Prepare recipes where sugar can be used in crystallization, non-crystallization, caramalisation, 1-thread &3-thread sugar consistency is used.
- 6. Food preservation techniques (use of different techniques in product formulation and analysis of product for quality standards).
 - a. Sun drying and dehydration
 - b. Preservation with sugar-jams, jelly, preserves, etc.
 - c. Preservation salt, oil, vinegar-pickling.
 - d. Preservation of foods using chemicals -tomato ketchup, squash

Mode of Evaluation	Internal and External Examinations
Recommendation by Board ofStudies on	31-05-2022
Date of approval by theAcademic Council	20-10-2022



Unit-wise Course Outcome	Descriptions	BL Level	Employability (Emp)/ Skill(S)/ Entrepreneurship (Ent)/ None (Use, for more than One)
CO1	Student should be able to learn about various cooking methods.	2	Emp, S, Ent
CO2	Student should be able to learn about physical & chemical properties of different food grains.	2	Emp, S, Ent
CO3	Student should be able to learn about processing & preservation techniques for different food products.	2	Emp, S, Ent

Commen	Pr	Program Outcomes (Course Articulation Matrix (Highly Mapped- 3, Moderate- 2, Low-1, Not related-0)											Program Specific Outcomes		
Course Outcomes	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PSO1	PSO2	PSO3		
CO 1	3	3	1	2	1	3	1	3	2	3	3	3	3		
CO 2	2	3	1	2	1	1	1	3	2	3	2	3	3		
CO 3	2	3	1	2	1	1	1	3	2	3	2	3	3		
Avg	2.3	3	1	2	1	1.6	1	3	2	3	2.3	3	3		



ND3403	Title: Food Service Management II	LTPC						
¥7 • ¥7	10	4004						
VersionNo.	1.0							
CoursePrerequisites	NIL							
Objectives	To provide an overview of essential components of food.							
ExpectedOutcome	The student would acquire different sources of food products and their storage requirements.							
UnitNo.		No. of hours (perUnit)						
UnitI	Management	7						
Management	Principles of management, Steps in effective management, Techniques of eff	ective						
UnitII	Tools of Management	7						
Tools of management, Org	anization chart, Work study, Work simplification, Work improvement							
UnitIII	Financial Management	7						
Introduction, Principles, Cooperating cost and over he	osting, Budgeting, Accounting, Food cost control methods, Factors affecting for ad cost	od cost,l abor cost,						
UnitIV	Personnel Management	8						
Introduction, Personal mana Training & development, S	agement concepts, Staff employment, Employee benefits, Methods of selection Supervision, Motivation of employees	, Orientation,						
UnitV	Standardization and standard portion of recipe	7						
	ion of recipe, Standard recipe format and uses, Definition of Standard portion Portion control, Use of left over foods 1.Swaminathan: "Food&Nutrition", TheBangalorePrinting&publishingcoltd. Bangalore. 2 Srilakshmi: "FoodScience", NewAge International(P) Ltd, Publishe	Vol I						
ReferenceBooks								
ModeofEvaluation	Internal and External Examinations							
Recommendation by Board of Studies on	31-05-2022							
Date of approval by The Academic Council	20-10-2022							



Unit-wise Course Outcome	Descriptions	BL Level	Employability (Emp)/ Skill(S)/ Entrepreneurship (Ent)/ None (Use, for more than One)
CO1	Students should be able to learn about the management, principles of management and various techniques of effective management.	2	Emp, S, Ent
CO2	Students should be able to learn about the tools of management, work improvement, work simplification and various food cost control methods.	2	Emp, S, Ent
CO3	Students should be able to learn about financial management (costing, budgeting and accounting) and various food cost control methods.	2	Emp,S, Ent
CO4	Students should be able to learn about personnel management (staff employment, supervision, employee benefits and various method of selection).	2	Emp, S, Ent
CO5	Students should be able to learn about standardization of recipe and different format of standard recipe.	2	Emp, S, Ent

Course	Progi	Program Outcomes (Course Articulation Matrix (Highly Mapped- 3, Moderate- 2, Low-1, Not related-0) Program Outcomes Program Specific Outcomes												
Outcomes		1	1		Outcomes									
	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PSO1	PSO2	PSO3	
CO 1	1	1	1	2	2	1	1	3	1	3	0	2	2	
CO 2	2	2	1	1	2	3	1	0	0	3	2	0	3	
CO 3	0	3	3	1	1	1	3	2	2	3	1	1	1	
CO 4	2	2	0	1	1	2	2	3	1	2	3	1	3	
CO 5	0	3	1	1	1	3	0	0	0	0	3	1	3	
Avg	1	2.2	1	1.2	1.4	2	1.4	1.6	0.8	2.2	1.8	1	2.4	



B.Sc N & D V.2022

Title: Food Service Management II Lab	LTPC 0 0 4 2
1.0	
NIL	
To provide an overview of essential components of food.	
The student would acquire different sources of food products and	their storage requirements.
	NIL To provide an overview of essential components of food.

List of Experiments

I Planning and preparation of menu for various occasions and to calculate amount of each food ingredients

- a) Birth-daymenu
- b) Holi function menu
- c) New year special menu
- d) d) Wedding menu
- e) Lhori special menu
- f) Christmas special menu
- II. Calculate foodcost, laborcost, operating cost and overhead cost of a home-madedish.
- III. Calculategrossprofitpercentageofantestablishmentwelfare/commercial/transportcatering
- IV. Calculatebreak-evenpointanyestablishmentwelfare/commercial/transportcatering
- V Preparationofquantityrecipesfor20personswitha maindish,2sideaccompanimentsandadessert/soup.
- VI Visits to catering establishment(Anyone) welfare/commercial/transport

Modeof Evaluation	Internal and External Examinations
Recommendation by Board ofStudies on	31-05-2022
Date of approval by theAcademic Council	20-10-2022



Unit-wise Course Outcome	Descriptions	BL Level	Employability (Emp)/ Skill(S)/ Entrepreneurship (Ent)/ None (Use, for more than One)
CO1	Students should be able to learn about the standardization techniques for different types of recipes at different occasions and to have inhouse training of quantity cooking.	6	Emp, S, Ent
CO2	Student should be able to gain knowledge about financial management for any catering establishment.	3	Emp, S, Ent
CO3	Students should be able to learn catering management in different establishments through visits.	3	Emp, S, Ent

Course	Progr	ram Out	comes (C	Course A	rticulatio	n Matri	x (Highl	y Mappe	d- 3, Mo	oderate-	Pro	ogram Spe	ecific
Outcomes		2, Low-1, Not related-0)									Outcomes		
	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PSO1	PSO2	PSO3
CO 1	2	2	1	3	2	3	2	1	3	0	2	3	2
CO 2	1	2	2	3	1	3	2	2	2	1	2	3	2
CO 3	2	2	1	3	1	3	2	1	3	2	2	3	1
Avg	1.6	2	1.3	3	1.3	3	2	1.3	2.6	1	2	3	1.6



ND3404	Title:Food Microbiology II	LTPC 3 003
VersionNo.	1.0	
Course Prerequisites	NIL	
Objectives	To provide an overview of essential components of food Microbiology.	
Expected Outcome	The student would acquire different sources of microorganisms andhow the yeause disease. And their beneficial effects	
Unit No.		No. of hours (perUnit)
UnitI	Waste Product Handling	8
a) Planning for waste disp oxygendemand(BOD), Prelin	posal, b) Solid wastes and liquid wastes. Waste treatment and disposal-Biologica minarytreatments, Chemicaltreatment, Biological treatment and disposal, Types of foodwastes	1
Unit II	Microbial intoxication and infections	7
Sources of contamination bypathogenic organisms,	of food, mycotoxins, toxin production and physiological action, sources of infect symptoms and method of control	ion offood
Unit III	Beneficial effect of organism	7
Some applications of mice Alcoholicdrinks, Dairyprod	roorganisms,Foodproduct- ducts,Bread,Vinegar,Pickledfoods, Mushrooms & single-cell protein	
Unit IV	Products from Microorganisms	7
Productsfrommicro-organ	iisms-enzymes, Aminoacids, Antibiotics, Citricacid.	
UnitV	Relevance of Microbial standards for foodsafety	7
	zation (FAO), World Health Organization (WHO), The International	
	d(UNICEF), Codex Alimentarius, The International Commission on Microbiologica	l,
Specifications for Foods(I of Agriculture (USDA	ICMSF), The Food and Drug Administration(FDA), United States Department	
7D 4D 1	1. WilliamCFrazier"FoodMicrobiology",McGrawHillEducation	
TextBooks	2. WMFoster "FoodMicrobiology", CBS	
ReferenceBooks	WMFoster"FoodMicrobiology",CBS 1.CarlA.Batt"EncyclopediaofFoodMicrobiology"Elsevier	
	2. WMFoster"FoodMicrobiology",CBS	
ReferenceBooks	WMFoster"FoodMicrobiology",CBS 1.CarlA.Batt"EncyclopediaofFoodMicrobiology"Elsevier 2.F.H.Kayser "MedicalMicrobiology"Stuttgart:Thieme	



Unit-wise Course Outcome	Descriptions	BL Level	Employability (Emp)/ Skill(S)/ Entrepreneurship (Ent)/ None (Use, for more than One)
CO1	Students should be able to acquire knowledge about waste product handling by primary and secondary treatments even by biological treatments. Different types of food waste.	2	S
CO2	Students should be able to learn about various mycotoxins produced by different microorganisms, sources of infection, symptom and method of control.	4	S, Emp
CO3	Students should be able to learn about beneficial products made by microorganisms such as bread, alcoholic beverages, vinegar, pickled products etc.	2	Emp, S, Ent
CO4	Students should be able to learn about microbial growth curve and various microbial metabolites produced during growth pattern such as alcoholic beverages, bread and dairy products.	2	S
CO5	Students should be able to learn the various relevance of microbial standards for food safety such as Food agricultural organization(FAO), World health organization(WHO), The international commission on microbiological specifications for foods (ICMSF), etc.	2	Ent, Emp, S

Course	Pro	ogram (Outcome	,				` •	Mappeo	1- 3,	Prog	gram Spe	cific
Outcomes		Moderate- 2, Low-1, Not related-0)								Outcomes			
	PO	PO	PO	PO	PO	PO	PO	PO	PO	PO1	PSO	PSO	PSO
	1	2	3	4	5	6	7	8	9	0	1	2	3
CO 1	1	1	3	0	3	3	2	2	2	3	0	3	2
CO 2	3	2	1	1	2	3	0	3	1	2	0	3	1
CO 3	0	2	3	1	0	2	2	3	3	3	1	2	3
CO 4	1	0	2	1	2	1	1	1	1	0	0	3	2
CO 5	0	0	0	3	3	2	0	0	2	2	0	0	1
Avg	1	1	1.8	1.2	2	2.2	1	1.8	1.8	2	0.2	2.2	1.8





ND3443	Title: Food Microbiology II Lab	LTPC 00 21
VersionNo.	1.0	
Course Prerequisites	NIL	
Objectives	To provide an overview of essential components of fo	od Microbiology.
ExpectedOutcome	The student would acquire different sources of microo cause disease .And there beneficial effects	rganisms and how they
	List of Experiments	

- 1. Study of equipment's in a microbial lab
- 2. Preparation of laboratory media band special media, cultivation of bacteria.
- 3. Enumeration of microorganisms from spoil food samples
- 4. Methylene blue reduction test for milk sample
- 5. Preparation of wine from grapes
- 6. Growth Curve
- 7. Preparation of some traditional fermented products

Modeof Evaluation	Internal and External Examinations
Recommendation by Board of Studies on	31-05-2022
Date of approval by the Academic Council	20-10-2022

Unit-wise Course Outcome	Descriptions	BL Level	Employability (Emp)/ Skill(S)/ Entrepreneurship (Ent)/ None (Use, for more than One)
CO1	Students should be able to prepare different culture media for microbes along with growth curve.	3	Emp, S
CO2	Students should be able to learn the enumeration of microorganisms from different spoil food samples/commodities etc.	3	S,Emp
CO3	Students should be able to learn to do various quality assessment test of milk and to learn morphological characteristics of microbes etc.	3	Emp, S



Course Outcomes	Pro	Program Outcomes (Course Articulation Matrix (Highly Mapped- 3, Moderate- 2, Low-1, Not related-0)							Program Specific Outcomes				
	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO1 0	PSO 1	PSO 2	PSO 3
CO 1	2	2	1	3	2	3	2	1	3	0	2	3	2
CO 2	1	2	2	3	1	3	2	2	2	1	2	3	2
CO 3	2	2	1	3	1	3	2	1	3	2	2	3	1
Avg	1.6	2	1.3	3	1.3	3	2	1.3	2.6	1	2	3	1.6



SEMESTER 5

ND3501	Title: Community Nutrition I	LTPC
		4 0 0 4
Version No.	1.0	
Course	NIL	
Prerequisites		
Unit No.	Unit Title	No. of hours
		(per Unit)
		T
Unit I	Nutrition in Community	9
Community Nutrit	tion: Introduction, Definition of community nutrition, Characteristic of community	v. Types of
	nutrition in community development, methods of improving nutritional quality. M	
	nal Quality-Food Fortification- definition, methods, advantages, disadvantages Nu	
	introduction, types of supplement, advantages, disadvantages. Food Enrichment: -d	
	s, disadvantages. Nutrition education and messages in nutrition and health.	,
	nition•importance•objectives•methods•nutritioneducation	
PostnatalCare.:-defin	nition•importance•objectives •methods•nutritioneducation	
Unit II	Malnutrition	10
Malnutrition:-Introd	duction • definition of malnutrition • types of malnutrition • prevalence • causes • s	ign & symptoms of
	itions caused by under nutrition • factors leading over nutrition • sign & symptoms	
• conditions caused by		
	licy: -Introduction•Aims of NNP •Nutrition policy instrument of NNP •Direct short-to	rm
Interventions•	ney. Introduction rains of tart - radition policy institution of tart - Direct short a	21111
Indirect Policy instr	ument.	
Unit III	Nutritional Disorders	10
	itritional Disorders:-Introduction • definition • types of Protein energy Malnu	
introduction • epiden	niology • classification• causes • risk factor • clinical features • prevention • dietary n	nanagement
	a:- Introduction • epidemiology • causes • risk factor • clinical features • preventi	
	nin Deficiency Disorders: - introduction • epidemiology • causes • risk factor • cl	
prevention • dietary		inical features •
		nical features •
Unit IV		inical features •
	management Nutritional Assessment (Direct Method)	10
Nutritional Assessi	management Nutritional Assessment (Direct Method) ment :-Introduction • Definition • objectives • sampling technique• methods of as	10 ssessment
Nutritional Assess Sampling Techniq	management Nutritional Assessment (Direct Method) ment:-Introduction • Definition • objectives • sampling technique• methods of as ue:- Introduction • Definition • objectives • identification of risk group • samplin	10 ssessment g techniques
Nutritional Assess Sampling Techniq Methods of Nutriti	management Nutritional Assessment (Direct Method) ment :-Introduction • Definition • objectives • sampling technique• methods of as	10 ssessment g techniques
Nutritional Assess Sampling Techniq Methods of Nutriti Direct assessment	management Nutritional Assessment (Direct Method) ment :-Introduction • Definition • objectives • sampling technique• methods of as ue:- Introduction • Definition • objectives • identification of risk group • sampling onal Assessment Introduction • Definition • objectives • Direct assessment • India	ssessment g techniques rect assessment
Nutritional Assess Sampling Techniq Methods of Nutriti Direct assessment Anthropometric M Biochemical Metho	Nutritional Assessment (Direct Method) ment :-Introduction • Definition • objectives • sampling technique• methods of a: ue:- Introduction • Definition • objectives • identification of risk group • sampling onal Assessment Introduction • Definition • objectives • Direct assessment • India introduction • ABCD method Iethod:- Introduction • Definition • objectives • methods • advantages • disadvantages od:- Introduction • Definition • objectives • methods • advantages • disadvantages	ssessment g techniques rect assessment
Nutritional Assess Sampling Techniq Methods of Nutriti Direct assessment Anthropometric M Biochemical Method:-	Mutritional Assessment (Direct Method) ment:-Introduction • Definition • objectives • sampling technique• methods of a: ue:- Introduction • Definition • objectives • identification of risk group • samplin onal Assessment Introduction • Definition • objectives • Direct assessment • India introduction • ABCD method Iethod:- Introduction • Definition • objectives • methods • advantages • disadvanta od:- Introduction • Definition • objectives • methods • advantages • disadvantages Introduction • Definition • objectives • methods • advantages • disadvantages	ssessment g techniques rect assessment
Nutritional Assess Sampling Techniq Methods of Nutriti Direct assessment Anthropometric M Biochemical Method:- I Dietary Method:- I	Nutritional Assessment (Direct Method) ment:-Introduction • Definition • objectives • sampling technique• methods of as ue:- Introduction • Definition • objectives • identification of risk group • samplin onal Assessment Introduction • Definition • objectives • Direct assessment • India — introduction • ABCD method Iethod:- Introduction • Definition • objectives • methods • advantages • disadvantages Introduction • Definition • objectives • methods • advantages • disadvantages Introduction • Definition • objectives • methods • advantages • disadvantages Introduction • Definition • objectives • methods • advantages • disadvantages Introduction • Definition • objectives • methods • advantages • disadvantages	ssessment g techniques rect assessment
Nutritional Assess Sampling Techniq Methods of Nutriti Direct assessment Anthropometric M Biochemical Method:- I Dietary Method:- Is Unit V	Nutritional Assessment (Direct Method) ment :-Introduction • Definition • objectives • sampling technique• methods of as ue:- Introduction • Definition • objectives • identification of risk group • samplin onal Assessment Introduction • Definition • objectives • Direct assessment • India – introduction• ABCD method Iethod:- Introduction• Definition • objectives• methods • advantages • disadvantages Introduction • Definition • objectives• methods • advantages • disadvantages Introduction • Definition • objectives• methods • advantages • disadvantages Nutritional Assessment (Indirect Method)	10 ssessment g techniques ect assessment ges
Nutritional Assess Sampling Techniq Methods of Nutriti Direct assessment Anthropometric M Biochemical Method:- I Dietary Method:- Is Unit V	Nutritional Assessment (Direct Method) ment:-Introduction • Definition • objectives • sampling technique• methods of as ue:- Introduction • Definition • objectives • identification of risk group • samplin onal Assessment Introduction • Definition • objectives • Direct assessment • India — introduction • ABCD method Iethod:- Introduction • Definition • objectives • methods • advantages • disadvantages Introduction • Definition • objectives • methods • advantages • disadvantages Introduction • Definition • objectives • methods • advantages • disadvantages Introduction • Definition • objectives • methods • advantages • disadvantages Introduction • Definition • objectives • methods • advantages • disadvantages	10 ssessment g techniques ect assessment ges
Nutritional Assess Sampling Techniq Methods of Nutriti Direct assessment Anthropometric M Biochemical Method:- I Clinical Method:- I Unit V	Nutritional Assessment (Direct Method) ment :-Introduction • Definition • objectives • sampling technique• methods of as ue:- Introduction • Definition • objectives • identification of risk group • samplin onal Assessment Introduction • Definition • objectives • Direct assessment • India – introduction• ABCD method Iethod:- Introduction• Definition • objectives• methods • advantages • disadvantages Introduction • Definition • objectives• methods • advantages • disadvantages Introduction • Definition • objectives• methods • advantages • disadvantages Nutritional Assessment (Indirect Method)	10 ssessment g techniques ect assessment ges
Nutritional Assess Sampling Techniq Methods of Nutriti Direct assessment Anthropometric M Biochemical Method:- I Clinical Method:- I Unit V Indirect assessment disadvantages	Nutritional Assessment (Direct Method) ment :-Introduction • Definition • objectives • sampling technique• methods of as ue:- Introduction • Definition • objectives • identification of risk group • samplin onal Assessment Introduction • Definition • objectives • Direct assessment • India – introduction• ABCD method Iethod:- Introduction• Definition • objectives• methods • advantages • disadvantages Introduction • Definition • objectives• methods • advantages • disadvantages Introduction • Definition • objectives• methods • advantages • disadvantages Nutritional Assessment (Indirect Method)	10 ssessment g techniques ect assessment ges





	B.50 N &D V.2022
Text Book	1.S.D Manivannan," Community Health Nursing-I" CBC Publication.
	2. Sharma S, Wadhwa A.," Nutrition in the Community- A textbook", Elite Publishing House
	Pvt. Ltd
	3. Mudambi, SR and Rajagopal MV, "Fundamentals of Foods, Nutrition and Diet Therapy,
	2012:
	Lakra P, Singh MD, "Textbook of Nutrition and Health; First Ed,2008,
	AdademicExcellance
Reference Books	1. Wardlaw GM, Hampl JS, "Persepective in Nutrition; Seventh Ed 2007; McGraw Hill.
	2. Gibney et al. Public Health Nutrition, 2004; Blackwell Publishing.
	3. Mayer,J "Human Nutrition, Charles, C. Thomas, Spring field
	4. Park's Textbook of Preventive and Social Medicine by Park.
	1. Agarwal, "Textbook of Human Nutrition" Udipi
Mode of	Internal & External
Evaluation	
Recommendation	
by Board of	31-05-2022
Studies	
Date of	
approval by	20-10-2022
the Academic	
Council	

Unit-wise Course Outcome	Descriptions	BL Level	Employabil ity (Emp)/ Skill(S)/ Entreprene urship (Ent)/ None (Use, for more than One)
CO1	Students should be able to learn about role of nutrition in maintaining health and solving various nutritional problems prevailing in India	3	Етр
CO2	Students should be able to learn about various forms of malnutrition in Indian community and how to overcome them in the society	2	S
CO3	Students should be able to learn about various nutritional disorders their preventions and positive outcomes	3	Emp
CO4	Students should be able to learn about various nutritional assessment techniques used in community	2	Emp, S, Ent
CO5	Students should be able to learn about indirect method of nutritional assessment used in community	3	S



Course Outcomes	Program Outcomes (Course Articulation Matrix (Highly Mapped- 3, Moderate- 2, Low-1, Not related-0)									3,	Program Specific Outcomes			
	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PSO1	PSO2	PSO3	
CO 1	2	1	3	1	1	2	2	1	3	2	3	2	1	
CO 2	3	1	3	1	2	2	1	1	3	2	3	1	2	
CO 3	3	1	3	2	1	3	1	2	2	2	3	1	1	
CO 4	3	2	2	1	1	2	2	1	2	1	3	2	2	
CO 5	2	2	3	2	1	2	2	1	2	2	3	2	1	
Avg	2.6	1.4	2.8	1.4	1.2	2.2	1.6	1.2	2.4	1.8	3	1.6	1.4	



ND3540	Title: Community Nutrition I Lab	L 0	T 0	P 2	C 1
Version No.	1.0				
Course Prerequisites	NIL				
Experiment No.	List of Experiments				

- 1. Assessment of Nutritional Status Through Anthropometric measurement
 - a) Assessment of adiposity in adolescent with the help of BMI
 - b) Assessment of body weight to reveal by using IAP method
 - c) Assessment of nutritional status of given subjects using classification based on weight for height
 - d) Assessment of nutritional status of children (0-2 years old) by Head chest circumference
 - e) Assessment of nutritional status of children (0-2 years old) by MUAC
- 2. Assessment of Nutritional Status through Biochemical measurement
 - a) To find out iron deficiency among adolescent's by using Sahli's Method.
- 3. Diet and nutrition surveys:
 - (a) Diet survey for breast-feeding and weaning practices of specific groups.
 - (b) Monitoring of Immunization schedule.
 - (c) Use of anthropometric measurement in children.
- 4. Observe the working of nutrition and health- oriented programs (survey based result).
- 5. PreparationofVisual Aids

Mode of Evaluation	Internal and External Examinations
Recommendation by Board of Studies on	31-05-2022
Date of approval by the Academic Council	20-10-2022

Unit-wise Course Outcome	Descriptions	BL Level	Employability (Emp)/ Skill(S)/ Entrepreneurship (Ent)/ None (Use, for more than One)
CO1	Student should be able to learn about anthropometric measurements and their measuring sites.	3	Emp
CO2	Student shouldbe able to learn to create questionnaire for nutritional assessment of community people.	2	S,Emp
CO3	Student should be able to learn about different types of supplementory foods and their cooking techniques.	3	Emp,Ent,S



Course Outcomes	Pro	ogram (Outcome M	`			Matrix t related		Mappeo	1- 3,	-	Program Speci Outcomes PSO PSO		
	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO1 0	PSO 1	PSO 2	PSO 3	
CO 1	3	3	2	3	1	2	1	2	3	3	3	2	1	
CO 2	2	1	3	2	2	3	2	2	2	3	2	2	3	
CO 3	3	2	2	1	1	2	2	3	3	2	1	3	2	
Avg	2.6	2	2.3	2	1.3	2.3	1.6	2.3	2.6	2.6	2	2.3	2	



ND3502	Title: Food Packaging	LTPC
		2 2 0 3
Version No.	1.0	<u>.</u>
Course Prerequisites	NIL	
Unit No.	Unit Title	No. of hours (per Unit)
Unit I	Introduction to Food Packaging	9
marketing • portion controackage environment:- physical packaging performants of Packaging material:	sical environment, ambient, human environment • Function/ environmence • packaging innovation . actions of packaging material • types of packaging material	
Unit II	Packaging Material	10
	0 0	10
packaging, glass packaging		C 0, 1
packaging, glass packaging Materials and Forms Mod rigid plastic packages, semi	types of containers ern Packaging: Glass containers, metal cans, composite contarigid packaging, flexible packaging	ainers, aerosol containe
packaging, glass packaging Materials and Forms Mod rigid plastic packages, semi Unit III	etypes of containers ern Packaging: Glass containers, metal cans, composite contarigid packaging, flexible packaging Packages of Radiation Stabilized Foods	ainers, aerosol container
Materials and Forms Mod rigid plastic packages, semi Unit III Introduction • definition • tyl containers	types of containers ern Packaging: Glass containers, metal cans, composite containers rigid packaging, flexible packaging Packages of Radiation Stabilized Foods pes *methods for establishing radiation stabilization • rigid containers.	ainers, aerosol containe 10 tainers• flexible
packaging, glass packaging: Materials and Forms Mod rigid plastic packages, semi Unit III Introduction • definition • tyl containers	types of containers ern Packaging: Glass containers, metal cans, composite containing packaging, flexible packaging Packages of Radiation Stabilized Foods pes •methods for establishing radiation stabilization • rigid containing packaging material – biopolymer based	ainers, aerosol container 10 tainers• flexible
packaging, glass packaging. Materials and Forms Mod rigid plastic packages, semi Unit III Introduction • definition • tyl containers Radiation measurement of ra Unit IV Introduction • Definition of stretch •package forms and Aseptic packaging: Introdu containers •modified and containers	rtypes of containers ern Packaging: Glass containers, metal cans, composite contarigid packaging, flexible packaging Packages of Radiation Stabilized Foods pes *methods for establishing radiation stabilization • rigid contained adiations. Biodegradable packaging material — biopolymer based Packages of Dehydrated Foods dehydrated products •Orientation •metallization •co-extrusion techniques ction • history •principles of sterilization • aseptic packaging statrolled atmosphere packaging •skin, stink and cling film pa	ainers, aerosol container 10 Itainers• flexible d edible firm 10 of multilayer films • system • restorable aging •micro oven able
packaging, glass packaging. Materials and Forms Mod rigid plastic packages, semi Unit III Introduction • definition • tyl containers Radiation measurement of ra Unit IV Introduction • Definition of stretch •package forms and Aseptic packaging:Introdu containers •modified and con containers • other package for	rtypes of containers ern Packaging: Glass containers, metal cans, composite contarigid packaging, flexible packaging Packages of Radiation Stabilized Foods pes •methods for establishing radiation stabilization • rigid contained adiations. Biodegradable packaging material — biopolymer based Packages of Dehydrated Foods dehydrated products •Orientation •metallization •co-extrusion techniques ction • history •principles of sterilization • aseptic packaging statrolled atmosphere packaging •skin, stink and cling film packagorms •components of plastics • integrity testing of aseptic packaging statrolled.	ainers, aerosol container 10 Itainers• flexible d edible firm 10 of multilayer films • system • restorable aging •micro oven able
packaging, glass packaging. Materials and Forms Mod rigid plastic packages, semi Unit III Introduction • definition • typ containers Radiation measurement of ra Unit IV Introduction • Definition of stretch •package forms and Aseptic packaging: Introdu containers • modified and con containers • other package for Unit V	rtypes of containers ern Packaging: Glass containers, metal cans, composite contarigid packaging, flexible packaging Packages of Radiation Stabilized Foods pes *methods for establishing radiation stabilization • rigid contained adiations. Biodegradable packaging material — biopolymer based Packages of Dehydrated Foods dehydrated products •Orientation •metallization •co-extrusion techniques ction • history •principles of sterilization • aseptic packaging statrolled atmosphere packaging •skin, stink and cling film pa	ainers, aerosol container 10 tainers• flexible d edible firm 10 of multilayer films • system • restorable aging •micro oven able taging 9





	D.SC N &D V.202.
Text Book	 Shubhangini A. Joshi, "Nutrition and Dietetics" TataMc Grow- Hill publishing Company Ltd, NewDelhi. Srilakshmi. B – "Nutrition Science", V Edn, New Age International (P) Ltd, Publishers, Chennai.
Reference Books	 Passmone R and Eastwood M.A, "Human Nutrition and Dietetics", English languagebook Society/Churchill Livingstone, Eighth edition, HongKong. Neiman N. Catherine, "Nutrition", Wm.C. Brown Publishers. USA.
Mode of Evaluation	Internal & External
Recommendation by Board of Studies on	31-05-2022
Date of approval by the Academic Council	20-10-2022

Unit-wise Course Outcome	Descriptions	BL Level	Employability (Emp)/ Skill(S)/ Entrepreneurship (Ent)/ None (Use, for more than One)
CO1	Students should be able to learn about the concept, functions of packaging and packaging materials. The types of packaging materials used for different food commodities.	3	Emp
CO2	Students should be able to learn about the different types of modern packaging materials such as based based on aerosol, flexibe, semi flexibe and rigid packaging materials.	2	S
CO3	Students should be able to learn about the packaging of radiation based foods, its importance and applications in food packaging industries.	3	Emp
CO4	Students should be able to acquire knowledge about aseptic packaging along with different packaging materials used during heat processing techniques such as sterilization, pasteurization etc.	2	Emp, S, Ent
CO5	Students should be able to learn about packaging of finished food along with the labeling regulations.	3	S



Course Outcomes	Pro	rogram Outcomes (Course Articulation Matrix (Highly Mapped- 3, Moderate- 2, Low-1, Not related-0)							1	Program Specific Outcomes			
	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO1 0	PSO 1	PSO 2	PSO 3
CO 1	2	1	3	1	1	2	2	1	3	2	3	2	1
CO 2	3	1	3	1	2	2	1	1	3	2	3	1	2
CO 3	3	1	3	2	1	3	1	2	2	2	3	1	1
CO 4	3	2	2	1	1	2	2	1	2	1	3	2	2
CO 5	2	2	3	2	1	2	2	1	2	2	3	2	1
Avg	2.6	1.4	2.8	1.4	1.2	2.2	1.6	1.2	2.4	1.8	3	1.6	1.4



B.Sc N &D V.2022

ND3541	Title: Food Packaging Lab	L	T	P	C
		0	0	2	1
Version No.	1.0	ı			
Course Prerequisites	NIL				
Experiment No.	List of Experiments				
1. Identification	of different types of packaging & packaging materials.				

- 2. Measurement of thickness of packaging material.
- 3. To perform non-destructive tests for glass containers.
- 4. Introducing the latest trends in packaging materials for different commodities.
- 5. Testing of chemical resistance of packaging material.
- 6. Determination of tensile strength of a given material.
- 7. To perform grease resistance test in plastic pouches.
- 8. Determination of tearing strength of a paper.

Mode of Evaluation	Internal and External Examinations
Recommendation by Board of Studies on	31-05-2022
Date of approval by the Academic Council	20-10-2022

Unit-wise Course Outcome	Descriptions	BL Level	Employability (Emp)/ Skill(S)/ entrepreneurship (en)/ None (Use , for more than One)
CO1	Students should be able to learn about Identification of different types of packaging & packaging materials.	3	Emp
CO2	Students should be able to learn to perform non-destructive tests for glass containers etc.	2	S
CO3	Students should be able to learn about latest trends in packaging materials for different commodities	3	Emp



Course Outcomes	Program Outcomes (Course Articulation Matrix (Highly Mapped- 3, Moderate- 2, Low-1, Not related-0)									Program Specific Outcomes			
	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO1 0	PSO 1	PSO 2	PSO 3
CO 1	2	1	3	2	0	2	1	2	3	1	3	2	1
CO 2	3	2	3	2	2	3	2	1	2	2	2	2	2
CO 3	2	1	1	3	1	0	2	3	1	2	1	3	2
Avg	2.3	1.3	2.3	2.3	1	1.6	1.6	2	2	1.6	2	2.3	1.6



ND3503	Title: Advance Dietetics I	LTPC 4004					
Version No.	1.0						
Course Prerequisites	NIL						
Unit No.	Unit Title	No. of hours (per Unit)					
Unit I	Diet in Stress & burns	9					
Introduction, phases of str	ress, dietary management. Burns:- Introduction, types, dietary mana	gement.					
Unit II	Diet in Cancer	10					
	es• diagnosis• relation of nutrition & cancer• effect of cancer on nuterapy• nutritional management	ritional status•					
Unit III	Diet in Disturbances of Small Intestine	10					
Inflammatory Bowel Di Prevalence of Crohn's dis	atroduction • prevalence• causes• signs &symptom • dietary modificatesease:- introduction • Categories of IBS:- crohn's disease & ulceratesease and ulcerative colitis • signs &symptoms • dietary modifications • signs &symptoms • signs &symptoms • dietary modifications • signs &symptoms • dietary modifications • signs &symptoms •	tive colitis •					
Unit IV	Diet in Malabsorption Diseases ction • manifestation of disease• role of gluten • signs & symptoms	10					
complications • dietary m	troduction • manifestation of disease• role of lactase enzyme • signs nodification n • manifestation of disease• role of lipase enzyme • signs & symposium of the signs &	toms • complications •					
Unit V	Inborn Errors of Metabolism	9					
Phenylketonuria, Galactos Deficiency	saemia, Fructosuria, Wilson's disease, Menke,s disease, Fructose-1,	6, Biphosphatase					
Text Book	 F P Antia, "Clinical Dietetics and Nutrition" Kumud Khanna, "Textbook of Nutrition & Eamp" Y.K.Joshi, "Basics of Clinical Nutrition" B.Shri. Lakshmi, "Dietetics" 						
Reference Books	 Passmone R and Eastwood M.A, "Human Nutrition and Die languagebook Society/Churchill Livingstone, Eighth edition Neiman N. Catherine, "Nutrition", Wm.C. Brown Publishers 	n, HongKong.					
Mode of Evaluation	Internal & External						
Recommendation by Board of Studies on	31-05-2022						
Date of approval by the Academic Council	20-10-2022	20-10-2022					



Unit-wise Course Outcome	Descriptions	BL Level	Employability (Emp)/ Skill(S)/ Entrepreneurship (Ent)/ None (Use, for more than One)
CO1	Students should be able to learn about different types of stress and its effect on human body. Students will learn the nutritional management in burn patients.	3	Emp, S, Ent
CO2	Students should be able to learn about different types of cancer, its metabolism, nutritional management and how we can prevent it.	2	Emp, S, Ent
CO3	Students should be able to learn about different about different types of small bowel diseases and how it can be prevented by dietary changes.	3	Emp,S
CO4	Students should be able to learn about different Malabsorption diseases and its nutritional management.	2	Emp, S
CO5	Students should be able to learn about different inborn error diseases and which food should be avoided in them.	3	S,Emp

Course	Pre	Program Outcomes (Course Articulation Matrix (Highly Mapped- 3,							Prog	gram Spe	cific			
Outcomes			M	oderate	- 2, Lov	v-1, Not	related	l-0)			(Outcomes		
	PO	PO	PO	PO	PO	PO	PO	PO	PO	PO1	PSO	PSO	PSO	
	1	2	3	4	5	6	7	8	9	0	1	2	3	
CO 1	2	1	0	0	1	3	3	2	1	3	1	0	1	
CO 2	2	2	3	3	3	3	2	2	2	3	1	3	3	
CO 3	2	2	3	3	3	3	2	3	1	3	1	3	3	
CO 4	2	3	3	3	1	2	2	2	2	2	1	2	2	
CO 5	3	2	3	3	1	2	2	2	2	2	1	2	2	
Avg	2.2	2	2.4	2.4	1.8	2.6	2.2	2.2	1.6	2.6	1	2	2.2	



ND3542	Title: Advance Dietetics I Lab		L 0	T 0	P 4	C 2
Version No.	1.0	L.				
Course Prerequisites	NIL					
Experiment No.	List of Experiments					

Planning, Preparation and calculation of following Diets:-

- Burns
- Cancer
- Diverticular Disease
- Ulcerative Colitis
- Celiac Disease
- Lactose Intolerance
- Steatorrhoea
- Inborn errors of metabolism

Mode of Evaluation	Internal and External Examinations
Recommendation by Board of Studies on	31-05-2022
Date of approval by the Academic Council	20-10-2022

Unit-wise Course Outcome	Descriptions	BL Level	Employability (Emp)/ Skill(S)/ Entrepreneurship (Ent)/ None (Use, for more than One)
CO1	Students should be able to plan therapeutic diets for various advance diseases like burns, cancer, Inborn errors diseases and advance gastro diseases.	3	Emp, S, Ent
CO2	Students should be able to learn the preparation of therapeutic diets for various advance diseases like burns, cancer, Inborn errors diseases and advance gastro diseases.	2	Emp, S, Ent
CO3	Students should be able to learn to calculate RDA,s according to individual patients for various diseases like burns, cancer, Inborn errors diseases and advance gastro diseases.	3	Emp, S, Ent



Course Outcomes	Program Outcomes (Course Articulation Matrix (Highly Mapped- 3, Moderate- 2, Low-1, Not related-0)									Program Specific Outcomes			
	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO1 0	PSO 1	PSO 2	PSO 3
CO 1	2	2	3	2	0	2	3	2	3	1	3	2	1
CO 2	3	2	2	2	2	3	2	2	2	2	2	2	2
CO 3	3	3 1 3 3 1 2 2 1 1 2						1	3	2			
Avg	2.6	1.6	2.6	2.3	1	2.3	2.3	1.6	2	1.6	2	2.3	1.6



ND 3504	Title: Fitness & Sports Nutrition	LTPC			
Version No.	1.0	3003			
Course Prerequisites	NIL				
	NIL				
Unit No.		No. of hours (per Unit)			
Unit: I	Introduction of fitness & Sports	7			
Healthy life style: Strategic in exercise and sport. Physienergy systems for endurar	status: meaning, concept, assessment criteria and management es, factors that promote life style changes, self-management skills. It ical Activity: need, principles of physical activity. energy input and the early power activity, Fuels and nutrients to support physical activity.	l output: Different			
Unit II	Physiology of Exercise	8			
Importance & functions of	es of exercise, benefits of exercise. Meaning of physiology and exercise physiology in the field of sports. Long term & short-term ef vascular system, digestive system, nervous system & functioning of	fects of exercise			
Unit III	Sports Nutrition	7			
meals. Nutritional role & re	ons & Recommended intakes. Diet manipulation, Pre-game, during a commendations of: CHO, fat, protein & amino acids. Diets for athle practure and injury. Nutritional Supplements.				
Unit IV	Fluid & ElectrolyteBalance	7			
	rice: Water requirements & fluid balance. Vitamins & minerals requiring exercise and sports events, effect of dehydration, sports drinks.				
Unit V	Clinical Sports Nutrition	7			
Nutrition of athletes in hot,	tions for female, older and disabled athletes. Athletes with nutrition cold and highaltitude environments.	related disorders.			
Text Books	Marie Dunford(2017) Nutrition for sports and exercise Cheung.S(2010) Advanced environmental exercise physiology. Kinetics	Human			
 Reference Books Ira Walinaky, (1998) Nutrition in Exercise and sport Charles B. Corbin, Ruth Lindsey and grey walk (2000) Concepts of fitness and wellness Robert A. Robergers and Scott O. Roberts (2000) exercise physiology. 					
Mode of Evaluation	Internal and External Examinations	_			
Recommendation by Board of Studies on	31-05-2022				
Date of approval by the Academic Council	20-10-2022				



Unit-wise Course Outcome	Descriptions	BL Level	Employability (Emp)/ Skill(S)/ Entrepreneurship (Ent)/ None (Use, for more than One)
CO1	Students should be able to learn about different types of concepts in terms of physical fitness.	3	Emp
CO2	Students should be able to learn about different fundamentals of sports nutrition and requirements of different nutrients.	2	S
CO3	Students should be able to learn about nutritional guideline for different categories of high performance sports.	3	Emp
CO4	Students should be able to learn about challenges faced in sports and nutrition and various strategies to overcome them.	2	S
CO5	Students should be able to learn about various dietary supplements and their use and abuse during sports training.	3	En, Emp

Course	Pro	Program Outcomes (Course Articulation Matrix (Highly Mapped- 3,										Program Specific		
Outcomes		Moderate- 2, Low-1, Not related-0)									Outcomes			
	РО	PO PO1									PSO	PSO	PSO	
	1	2	3	4	5	6	7	8	9	0	1	2	3	
CO 1	2	1	3	1	1	2	2	1	3	2	3	2	1	
CO 2	3	1	3	1	2	2	1	1	3	2	3	1	2	
CO 3	3	1	3	2	1	3	1	2	2	2	3	1	1	
CO 4	3	2	2	1	1	2	2	1	2	1	3	2	2	
CO 5	2	2	3	2	1	2	2	1	2	2	3	2	1	
Avg	2.6	1.4	2.8	1.4	1.2	2.2	1.6	1.2	2.4	1.8	3	1.6	1.4	



ND3517	Title: Food Processing and Technology	LTPC 3003							
Version No.	1.0								
Course Prerequisites	NIL								
Unit No.		No. of hours (per Unit)							
Unit: I	Introduction	6							
	nce, Different kinds of Food Industries, Components of Food indus								
	y. Applications of food science and Food Technology. Technology								
1 0	etables. Status of India for the production of different of different c								
Unit II	Principles of Processing and Preservation rvation principles, method of preservation: pasteurization (definition)	6							
combination and equipm blanching (definition, tin (definition, time-temperat	nent's) sterilization (definition, time-temperature combination me-temperature combination and equipment's, adequacy in ture combination and equipment's), packaging (Introduction, Metaers, Rigid Plastic Containers, Restorable Pouches).	and equipment's), blanching), canning							
Unit III	Technology used in Unit Operation	8							
Air screen cleaners, Defini separation-basedfluidization Impact, Shearing. Size red	Revolving screen, Shaking screen, Rotary screen, Vibratory screen, tion and Introduction to Separation, Types of Separators- Disk, Phon technique, Magnetic and Cyclone Separator. Size reduction pruction machinery- hammer mill, ball mill.	eumatic & aspirator,							
Unit IV	Food Drying & Dehydration	8							
moisture content (wet ba sun/solar drying, Cabinet Nutritional, physio-chemic	Food Drying/Dehydration: Definition, free and bound moisture, concept of water activity, factors affecting drying. moisture content (wet basis and dry basis), equilibrium moisture content, drying methods and equipment's: sun/solar drying, Cabinet drying, tunnel dryer, spray dryer, freeze dryer, fluidized bed dryer, Nutritional, physio-chemical changes during drying.								
Unit V	Membrane Technology	8							
system: Reverse Osmosis,	neral principles and advantages, dead end and cross flow, Classific Nano Filtration, Ultra Filtration, Micro Filtration, Electrodialysis aparison chart, Membrane application in the food industries; Membrane processes.	and Pervaporation;							
Reference Books	• Polifellow, Food processing Technology 4th Edison, Wo	oodhead publishing,							
	R. Pr. Srivastava & Sanjeevkumar, Fruit & vegetable Preserv B. Practices, 2002. Preserv	ration: Principles							
	Norman N. Potter & Joseph H. Hotchkiss, Food Science Publishers & distributors, 2007.	e Vth Edison, CBS							
	 encyclopedia of Food Science and Technology, Acaden 	nic Press,1993.							
	 Raina J. Kashvap S. Narula V. Thomas S. Suvira Vir S. Food Preparation – A Complete Manual. Orient Longn 	S. Chopra S. Basic							
	By Sivasankar, Food processing & Preservation 1st Edis Vi. Ltd., 2009.	on PHI Learning							
	Avantina Sharma Textbook of Food Science & Technol Publishers & Distributors Pvt Ltd, India, 2006.	logy, CBS							
	• Subbalakshmi G. Udipi SA Food Processing and Present International Publishers, Delhi 2007.	rvation. New Age							
	 Ramaswamy Hand Marcott M. Food Processing Principal Applications. CRC Press, 2005. 	ples and							
Mode of Evaluation	Internal and External Examinations								
Recommendation by									
Board of Studies on	31-05-2022								
Date of approval by the Academic Council	20-10-2022								



Unit-wise Course Outcome	Descriptions	BL Level	Employability (Emp)/ Skill(S)/ Entrepreneurship (Ent)/ None (Use, for more than One)
CO1	Students should be able to learn the applications and scope of Food Science and Technology along with the production status of India for different commodities.	3	Emp, S, Ent
CO2	Students should be able to learn about methods of preservation by heat and Temperature.	2	S,Emp
CO3	Students should be able to learn about various screening methods employed in food preservation industries along with size reduction processess.	3	Emp, S
CO4	Students should be able to be learn the applications of preservation by drying and non thermal methods. They will also learn the method of preservation by concentration and evaporation.	2	Emp, s
CO5	Students should be able to learn about various membrane technology to increase shelf life of product along with its advantages and limitations	3	S,Emp

Course Outcomes	Program Outcomes (Course Articulation Matrix (Highly Mapped- 3, Moderate- 2, Low-1, Not related-0)										Program Specific Outcomes		
	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO1 0	PSO 1	PSO 2	PSO 3
CO 1	2	1	3	1	1	2	2	1	3	2	3	2	1
CO 2	3	1	3	1	2	2	1	1	3	2	3	1	2
CO 3	3	1	3	2	1	3	1	2	2	2	3	1	1
CO 4	3	2	2	1	1	2	2	1	2	1	3	2	2
CO 5	2	2	3	2	1	2	2	1	2	2	3	2	1
Avg	2. 6	1. 4	2. 8	1. 4	1. 2	2. 2	1 6	1 2	2 4	1.8	3	1.6	1.4



ND3519	Title: Holistic Wellness and Life Remedies	LTPC 3003						
Version No.	1.0	3003						
Course Prerequisites	NIL							
Course Outcome	Students will be able to learn about importance of							
004150 04000110	holistic health.							
	2. Students will be able to learn about herbs used in Indian							
	Tradition.							
	3. Students will be able to learn about different types of							
	functional foods.							
	4. Students will be able to learn about different types of							
	prebiotics and probiotics.							
	5. Students will be able to learn about different							
	phytochemicals and antioxidants.							
Unit No.	prij toenemeats and antioxidants.	No. of hours						
CIII 110		(per Unit)						
Unit: I	Holistic Health	6						
Definition, importance, dif	ferent therapies that are used as holistic health, important aspects /cor	nponents of						
	fe remedies- importance of water and sun light in preventing diseases.							
Breakfast in maintaining h								
Unit II	Herbs in Indian Tradition	8						
	erbs, herbs in Indian tradition as-culinary herbs, herbs in food prepara							
	nal values of herbs, Uses of aloevera, peppermint, rosemary, fennel, la	evender, thyme,						
	si, parsley etc. Heart healthy and immunity booster herbs.	0						
Unit III	Functional Foods	8						
	functional foods, types of foods categorized as functional foods, Heal promises in Indian diet. Functional foods that are good for heart, bor							
nervous system & endocrir		ies, brain,						
Unit IV	Prebiotics and Probiotics	6						
	enefits in gastrointestinal health, cancer, and other diseases, recent ac							
challenges. Prebiotic ingre-								
Unit V	Phytochemicals And Antioxidants	8						
Defination , classification	of phytochemicals: terpenoids, carotenoids, polyphenols, sulph	ur containing						
compounds.	1 / 1 51 - 7 - 7	3						
	, reactive oxygen species and oxidative stress, antioxidant definition							
	Role of antioxidants and phytochemicals in preventing cancer, CV	D, ageing and						
inflammation.								
Reference Books	1. Text book of Human Nutrition- Anjana Agarwal, Shobha A Udipi,	Jaypee Brothers						
	Medical Publishers(P) LTD							
	2. Text book of Human Nutrition-Mahtab S Bamj, N PrahladRao, Vir	nodini Reddy,						
	Second Edition, Oxford and IBH Publishing Co. Pvt.Ltd							
Mode of Evaluation	Internal and External Examinations							
Recommendation by	31.05.22							
Board of Studies on								
Date of approval by	20.10.22							
the Academic Council								



Unit-wise Course Outcome	Descriptions	BL Level	Employability (Emp)/ Skill(S)/ Entrepreneurship (Ent)/ None (Use, for more than One)
CO1	Students should be able to learn the applications and scope of Food Science and Technology along with the production status of India for different commodities.	3	Emp, S, Ent
CO2	Students should be able to learn about methods of preservation by heat and Temperature.	2	S,Emp
CO3	Students should be able to learn about various screening methods employed in food preservation industries along with size reduction processess.	3	Emp, S
CO4	Students should be able to be learn the applications of preservation by drying and non thermal methods. They will also learn the method of preservation by concentration and evaporation.	2	Emp, s
CO5	Students should be able to learn about various membrane technology to increase shelf life of product along with its advantages and limitations	3	S, Emp

Course Outcomes	Pr	Program Outcomes (Course Articulation Matrix (Highly Mapped- 3, Moderate- 2, Low-1, Not related-0)										Program Specific Outcomes		
	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO1 0	PSO 1	PSO 2	PSO 3	
CO 1	2	1	3	1	1	2	2	1	3	2	3	2	1	
CO 2	3	1	3	1	2	2	1	1	3	2	3	1	2	
CO 3	3	1	3	2	1	3	1	2	2	2	3	1	1	
CO 4	3	2	2	1	1	2	2	1	2	1	3	2	2	
CO 5	2	2	3	2	1	2	2	1	2	2	3	2	1	
Avg	2. 6	1. 4	2. 8	1. 4	1. 2	2. 2	1 6	1 2	2 4	1.8	3	1.6	1.4	



ND3520	Title: Human development during lifecycle	LTPC 3 0 0 3					
Version No.	1.0	3003					
Course Prerequisites	NIL						
Course Outcomes	 interdisciplinary science in the development and wellbeing of individuals and families Student will learn about cognitive, physical, emotional and motor development in childhood period. Student will learn about prenatal and postnatal development of infant. Students will be learn about the objective of early childhood care and education (ECCE) Students will learn about the growth and development of human body. 						
Unit No.		No. of hours					
Unit: I	Conception Through Early Childhood	(per Unit) 8					
Development – Conception Characteristics, Development	velopment. Roles of heredity and environment in human development, course of prenatal development, Conditions affecting prenatal development tasks and Problems. Early Childhood - Characteristics, ehaviour, problems, Education Parenting in Early Childhood						
Unit II	Middle Childhood Through Old Age	7					
Developmental tasks and	steristics, Developmental tasks and Behaviour problems, Adolescence Socioemotionalproblems. Adulthood - Characteristics, Developmental tasks and Emotional						
	Care And Education In Infancy And Childhood	7					
rearing Practices-Definition (ECCE); Recent developme Burden, Role of Indian Ass Anganwadi, ICDS, Crèche Kindergarten and Play way Unit IV Definitions – Disability, Ch Persons with Disabilities A Classification, Causes and R Classification, Causes and I Classification, Causes and I Classification, Causes and I Classification, Causes and I	reschool years- Feeding, weaning, supplementary feeding and toile in, classification and implications. Objectives of Early Childhood Carents – National Policy on Education, Yashpal Committee, Report: Leociation for Pre School Education. Types of ECCE Programmes – Base and nursery school. Approaches to Early Childhood Education (ECE methods. The Child With Special Needs Tallenge and Special Needs. Incidence and Prevalence of Disability in ct (1999). The Child with Intellectual Challenge – Definition, Assess Rehabilitation. a) The Child with Auditory Challenge – Definition, As de Rehabilitation. b) The Child with Visual Challenge – Definition, Classial Challenge – The Child with Autism.	re and Education earning Without alwadi, E) - Montessori, 7 n India. ment, sessment, tion, Assessmen					
Unit V	Growth Development	6					
Cognitive Development(In adulthood, Middle adulthood	oment, Prenatal Development, Emotional and Social Development, Profancy and toddlerhood, Early childhood, Middle childhood, Adolescond, Late adulthood) Death, dying and bereavement						
Reference Books	Berk, L. E. (1996). Child development. New Delhi:Prentice	Hall.					
	• Hurlock, E.B. (2007). Developmental psychology: A life – s	pan approach.					
	New Delhi: Tata McGraw – Hill.						
	 Mussen, B. Conger, J.J., Kagan, J. and Huston, A. C. (1990). 	Child					
l l	• Mussell, B. Collger, J.J., Ragall, J. and Hustoll, A. C. (1990).	Cillia					
	 development and personality. New York: Harper and Row. 	Cilliu					





Recommendation by Board of Studies on	31.05.22
Date of approval by	20.10.22
the Academic Council	

Unit-wise Course Outcome	Descriptions	BL Level	Employability (Emp)/ Skill(S)/ Entrepreneurship (Ent)/ None (Use, for more than One)
CO1	Students should be able to learn the applications and scope of Food Science and Technology along with the production status of India for different commodities.	3	Emp, S, Ent
CO2	Students should be able to learn about methods of preservation by heat and Temperature.	2	S,Emp
CO3	Students should be able to learn about various screening methods employed in food preservation industries along with size reduction processess.	3	Emp, S
CO4	Students should be able to be learn the applications of preservation by drying and non thermal methods. They will also learn the method of preservation by concentration and evaporation.	2	Emp, s
CO5	Students should be able to learn about various membrane technology to increase shelf life of product along with its advantages and limitations	3	S, Emp

Course Outcom	Program Outcomes (Course Articulation Matrix (Highly Mapped- 3, Moderate- 2, Low-1, Not related-0)										Program Specific Outcomes			
es	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO1 0	PSO 1	PSO 2	PSO 3	
CO 1	2	1	3	1	1	2	2	1	3	2	3	2	1	
CO 2	3	1	3	1	2	2	1	1	3	2	3	1	2	
CO 3	3	1	3	2	1	3	1	2	2	2	3	1	1	
CO 4	3	2	2	1	1	2	2	1	2	1	3	2	2	
CO 5	2	2	3	2	1	2	2	1	2	2	3	2	1	
Avg	2. 6	1. 4	2. 8	1. 4	1. 2	2. 2	1 6	1 2	2 4	1.8	3	1.6	1.4	



ND3543	Title: Internship Evaluation	LTPC 0 0 0 3
Version No.	1.0	
Course Prerequisites	NIL	
Course Outcomes	The students will learn the practical exposure of the work that is carried out in Hospitals	
Unit No.		No. of hours (per Unit)

To gain the practical exposure of the work that is carried out in hospital like

- Formation of RT Feed,
- Preparation of Therapeutic Diets,
- Counceling sessions in OPD patients and
- Counceling of critical patients etc.
- Case Studies (minimum 2)

The students would be required to record their observations in the hospital on daily basis and will prepare their internship report based on these observations.

ModeofEvaluation	Internal and External Examination
Recommendation byBoardofStudieson	31.05.22
Dateofapproval	20.10.22
BytheAcademic	
Council	



Unit-wise Course Outcome	Descriptions	BL Level	Employability (Emp)/ Skill(S)/ Entrepreneurship (Ent)/ None (Use, for more than One)
CO1	Students should be able to learn the applications and scope of Food Science and Technology along with the production status of India for different commodities.	3	Emp, S, Ent
CO2	Students should be able to learn about methods of preservation by heat and Temperature.	2	S,Emp
CO3	Students should be able to learn about various screening methods employed in food preservation industries along with size reduction processess.	3	Emp, S
CO4	Students should be able to be learn the applications of preservation by drying and non thermal methods. They will also learn the method of preservation by concentration and evaporation.	2	Emp, s
CO5	Students should be able to learn about various membrane technology to increase shelf life of product along with its advantages and limitations	3	S, Emp

Course Outcom	Program Outcomes (Course Articulation Matrix (Highly Mapped- 3, Moderate- 2, Low-1, Not related-0)										7	gram Spe Outcome	
es	РО	PO	РО	PO	РО	РО	РО	РО	PO	PO1	PSO	PSO	PSO
	1	2	3	4	5	6	7	8	9	0	1	2	3
CO 1	2	1	3	1	1	2	2	1	3	2	3	2	1
CO 2	3	1	3	1	2	2	1	1	3	2	3	1	2
CO 3	3	1	3	2	1	3	1	2	2	2	3	1	1
CO 4	3	2	2	1	1	2	2	1	2	1	3	2	2
CO 5	2 2 3 2 1 2 2 1 2 2							2	3	2	1		
Avg	2. 6	1. 4	2. 8	1. 4	1. 2	2. 2	1 • 6	1 2	2 4	1.8	3	1.6	1.4



SEMESTER 6

ND3601	Title: Community Nutrition II	LTPC
		2 2 0 3
Version No.	1.0	
Course	NIL	
Prerequisites Unit No.	Unit Title	No. of
Unit No.	Unit little	hours (per Unit)
Unit I	Nutrition Education	10
Opportunities for cond of Nutrition Education	n: Introduction. Objective. Importance. Principle of conducting ducting Nutrition Education. Steps for planning Nutrition Education Pron Programmes. Methods used in nutrition education. Exhibition. Forman Education. Nutrition research on the Internet. Stand-alone application.	grammes. Evaluation al distanceeducation.
Unit II	Nutritional and Infection relationship	10
	on relationship:-Introduction• Definition• relationship between nutrition	
Food borne infection a foods involved • targe Infestation of food bo	ction • classification • precaution • target group • importance • nutritional and intoxication diseases:- Introduction • definition• classification • role et group • intoxication diseases • signs &symptoms • prevention of disease rne diseases :-Definition• classification • prevalence • risk factor • cause ion • control of infection, dietary modification	of microorganisms• se •nutritional care
Unit III	National Nutrition Programmes	10
National Program relat Vitamin A Deficiency National Iodine defici contributing to the pro School Lunch Program program • activities Mid-day Meal program	ograms • role of dietician incommunity ed to nutrition:-Nutritional problems in India • Nutritional Programs in India of program:-introduction • target group • objectives •activities ency disorders(IDD) program:- introduction • target group • objectives ogress of IDD program mme(SLP):- introduction • target group • objectives • factors contribution m:- introduction • target group • objectives • Monitoring mechanism opment scheme:-introduction • target group • objectives, ICDS team, ser	• factors ag to the progress of
Unit IV	ppment scheme :-introduction • target group • objectives, ICDS team, ser Role of National & International Agencies in Community Nutrition	10
NIN:- introduction • r FAO:- introduction • r NIPCCD:- introduction CARE:- introduction • WHO:- introduction • UNICEF:- introduction • ICMR:- introduction •	• mission • vision • objectives • functions • policies mission • vision • objectives • functions • policies mission • vision • objectives • functions • policies on • mission • vision • objectives • functions • policies • mission • vision • objectives • functions • policies mission • vision • objectives • functions • policies on • mission • vision • objectives • functions • policies • mission • vision • objectives • functions • policies • mission • vision • objectives • functions • policies mission • vision • objectives • functions • policies mission • vision • objectives • functions • policies	
Unit V		8
Introduction, definition	Community Nutrition Programme Planning on of community nutrition, methods of identification of problems, nutrition sources, constraints, selection of interventions, setting a strategy, implent gramme.	onal assessment,
Text Book	1. S.D Manivannan," Community Health Nursing-I" CBC Publ	ication.
	2. Sharma S, Wadhwa A.," Nutrition in the Community- A text Publishing House Pvt. Ltd	book", Elite
	3. Mudambi, SR and Rajagopal MV, "Fundamentals of Foods, Therapy, 2012: New Age International Publishers. 4. Lakra P. Singh MD, "Teythook of Nutrition and Health: Firs	
	4. Lakra P, Singh MD, "Textbook of Nutrition and Health; Firs AcademicExcellance	ı EU,4008,



	B.SC N &D V.20
Reference Books	Wardlaw GM, Hampl JS, "Persepective in Nutrition; Seventh Ed 2007; McGraw Hill.
	3.34 3.47 3.43
	2. Gibney et al. Public Health Nutrition,2004; Blackwell Publishing.
	3. Mayer, J "Human Nutrition, Charles, C.Thomas, Spring field
	4. Park's Textbook of Preventive and Social Medicine by Park.
	5. Agarwal, "Textbook of Human Nutrition" Udipi
Mode of	Internal & External
Evaluation	
Recommendation	
by Board of	31-05-2022
Studies on	
Date of approval	
by the	20-10-2022
Academic Council	

Unit-wise Course Outcome	Descriptions	BL Level	Employability (Emp)/ Skill(S)/ Entrepreneurship (Ent)/ None (Use, for more than One)
CO1	Students should be able to learn about role of nutrition in maintaining health and solving various nutritional problems prevailing in India	2	Emp
CO2	Students should be able to learn about the relationship between infection and nutrition also about how infection leads to malnutrition at community level	3	S
CO3	Students should be able to learn about various national nutrition program working for the betterment of society	3	S
CO4	Students should be able to learn about various national and international agencies with their mission and functions for the community	3	En
CO5	Students should be able to learn about how any nutrition program is planned, formulated, implemented and evaluated	2	None

Course Outcome	Program Outcomes (Course Articulation Matrix (Highly Mapped- 3, Moderate- 2, Low-1, Not related-0)										Pro	ogram Sp Outcom	
S	РО	PO	PO	РО	PO	PO	PO	PO	PO	PO1	PSO	PSO	PSO
	1	2	3	4	5	6	7	8	9	0	1	2	3
CO 1	2	1	3	1	1	2	2	1	3	2	3	2	1
CO 2	3	1	3	1	2	2	1	1	3	2	3	1	2
CO 3	3	1	3	2	1	3	1	2	2	2	3	1	1
CO 4	3	2	2	1	1	2	2	1	2	1	3	2	2
CO 5	2	2	3	2	1	2	2	1	2	2	3	2	1
Avg	2.6	1.4	2.8	1.4	1.2	2.2	1.6	1.2	2.4	1.8	3	1.6	1.4



ND3640	Title: Community Nutrition II Lab	L 0	T 0	P 2	C 1
Version No.	1.0				
Course Prerequisites	NIL				
Experiment No.	List of Experiment				

- 1. Assessment of Nutritional Status Through Clinical measurement
- a) Write a clinical signs and symptoms of P.E.M iron deficiency anemia and Vitamin A deficiency
- 2. Assessment of Nutritional Status through Dietary measurement
- a) Assessment of Nutritional Status through 24-hour recall.
- b) Assessment of Nutritional Status of homogenous group of adolescents through Inventory method.
- c) Assessment of Nutritional Status of adolescent's through FFQ method.
- 3. Identification of nutritional problems among vulnerable groups.
- 4. Planning low cost nutritive recipes.
- 5. Development, use and evaluation of methods and aids for nutrition and health education.
- 6. Development of tools to, assess nutrition knowledge, attitudes and practice
- 7. Visit to Anganwadi and ICDS/FRI center.

Mode of Evaluation	Internal and External Examinations
Recommendation by Board of Studies on	31-05-2022
Date of approval by the Academic Council	20-10-2022

Unit-wise Course Outcome	Descriptions	BL Level	Employability (Emp)/ Skill(S)/ Entrepreneurship (Ent)/ None (Use, for more than One)
CO1	Student should be able to learn about low nutrition rich recipes for community health	2	Emp
CO2	Student should be able to gain knowledge about nutritional assessment of different age groups.	2	S
CO3	Student should be able to learn about use and evaluation of audio visual aids	2	S

Course	Pro	Program Outcomes (Course Articulation Matrix (Highly Mapped- 3,										gram Spe	cific
Outcomes		Moderate- 2, Low-1, Not related-0)										Outcome	S
	PO	PO	PO	PO	PO	PO	PO	PO	PO	PO10	PSO	PSO	PSO
	1	2	3	4	5	6	7	8	9	POIU	1	2	3
CO 1	3	1	3	2	1	3	1	2	2	2	3	1	1
CO 2	3	2	2	1	1	2	2	1	2	1	3	2	2
CO 3	2	2	3	2	1	2	2	1	2	2	3	2	1
	2.6	1.6	2.6	1.6	1	2.3	1.6	1.3	2	1.6	3	1.6	1.3



ND3602	Title: Product Development and Sensory Evaluation	LTPC 3003				
Version No.	1.0					
Course	NIL					
Prerequisites						
Unit No.	Unit Title	No. of hours (per Unit)				
Unit I	Sensory Evaluation of Foods	8				
sensoryevaluation • hu sweet, salty, sour, bitte Requirement of sensor preparation:- descripti Importance and applica of sensory tests:- Diffe	•Definition of sensory evaluation •terms related to sensory evaluation •terms of taste, sound, touch er, umami ya analysisSensory evaluation panel:- introduction •criteria for panel seleve panel, consumerpanel • other considerations. Threshold tests for basic tion for productformulation, Subjective and objective sensory evaluation, I be test. Overall difference test, Attribute difference teat, Analytical once test. Instrumental tests for sensory attributes — color, texture and odd	•Basic taste:- ection • panelist c tastes. Different types descriptive test,				
Unit II	Product Development	7				
introduction•new produ of new product	on • characterizingnew product• customer and consumers •Designing ne ct development team •types•drawing forces •organizing for productdevelopment, Stages of product development, Success in product	opment • phases				
	ole of sensory evaluation in consumerproduct acceptance	1 /				
Unit III	Consumer Behaviour	7				
consumption,consumpt extensive. Factors infl ritual • situationalinflu	n of consumer •understanding consumer behavior •consumption process ion and post-consumption • consumer decision making process:-habitual, liquencing product acceptanceandpurchasingtrends:- internal influence, some ence, Concept of consumerinvolvement	mited,				
Unit IV	Market Place Changes in processed food	7				
geographic, demograph segment • evaluating F		arket				
Unit V	Special Food Processing Technologies and Novel Food Ingredients	7				
Agglomeration, Agita disadvantages ofdiffer	ods, Benefits of novel foods					
Text Book	1. B. Srilakshmi, "Food Science"					
	 Ernest R. Vieira, "Elementary Food Science" SunetraRoday, "Food Science and Nutrition"; Oxford University Press Avantina Sharma, "Food Product Development"; CBC Publishers &DistributersPvtLtd,India 					
Reference Books	 Sensory Evaluation of Food by HildegardeHeymann, Harry T. La Sensory Evaluation Techniques by Gail Vance Civille, B. Thoma Gordon W. Fuller, "New Food Product Development: From Cor Marketplace", 3rd Edition; CRC Press 	ıs Carr				
Mode of Evaluation	Internal & External					
Recommendation by Board of Studies on	31-05-2022					
Date of approval by the Academic Council	20-10-2022					



Unit-wise Course Outcome	Descriptions	BL Level	Employability (Emp)/ Skill(S)/ Entrepreneurship (Ent)/ None (Use, for more than One)
CO1	Students should be able to do sensory evaluation of foods and instruments test for sensory attributes like color, texture and odor.	2	Emp
CO2	Students should be able to learn about designing of new product development, phases of new product develop development and role of sensory evaluation in consumer product acceptance.	2	S
CO3	Students should be able to learn consumer behavior, factors influencing product acceptance and purchasing trends.	2	S
CO4	Students should be able to learn about market place changes in processed foods and application of market strategy.	2	En
CO5	Students should be able to learn about special food processing technologies and novel food ingredients. Advantages and disadvantages of different technologies.	1	None

Course Outcomes	Pro	Program Outcomes (Course Articulation Matrix (Highly Mapped- 3, Moderate- 2, Low-1, Not related-0) Program Outcomes (Program Specific Outcomes)											
	PO									PSO	PSO	PSO	
	1	2	3	4	5	6	7	8	9	0	1	2	3
CO 1	1	3	2	2	3	2	1	2	3	2	2	0	2
CO 2	2	2	2	3	3	2	2	2	3	2	2	1	2
CO 3	3	2	2	1	3	2	2	3	3	2	2	2	2
CO 4	2	1	2	1	3	2	1	3	3	2	1	2	2
CO 5	2	2	2	0	3	2	1	1	3	2	1	2	2
Avg	2	2	2	3.5	3	2	1.4	2.2	3	2	1.6	1.4	2



ND3641	Title: Product Development and Sensory Evaluation Lab	L 0	T 0	P 3	C 2
Version No.	1.0				
Course Prerequisites	NIL				
Experiment No.	List of Experiments				

- 1. Sensory analysis: Different types of sensory tests for basic tastes and sensory attributes of products.
- 2. Project on different sensory techniques and responses utilizing prepared food products, analysis and presentation of sensory data.
- 3. Stepwise development of a new food product, standardization, acceptability studies and submission of project report.
- 4. Survey on types of convenience foods / consumer behavior / analysis of food labeling.

Mode of Evaluation	Internal and External Examinations
Recommendation by Board of Studies on	31-05-2022
Date of approval by the Academic Council	20-10-2022

Unit-wise Course Outcome	Descriptions	BL Level	Employability (Emp)/ Skill(S)/ Entrepreneurship (Ent)/ None (Use, for more than One)
CO1	Student should be able to learn to analyzed different sensory quality attributes of the products.	2	Emp
CO2	Student should be able to learn to develop new product, its standardization, acceptability studies etc.	2	S
CO3	Student should be able to learn the market survey of different types of convenience foods and analysis of food labeling parameters	2	S

Course Outcome	Pro	Program Outcomes (Course Articulation Matrix (Highly Mapped- 3, Moderate- 2, Low-1, Not related-0)											Program Specific Outcomes		
S	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO1 0	PSO 1	PSO 2	PSO 3		
CO 1	3	2	1	3	3	1	3	2	1	3	3	3	2		
CO 2	2	1	2	3	3	2	2	2	2	2	2	3	2		
CO 3	1	2	2	2	3	2	0	2	1	2	2	3	1		
Avg	2	1.6	1.6	2.6	3	1.6	1.6	2	1.3	2.3	2.3	3	1.6		



B.Sc N &D V.2022

UNIVERSITY		B.Sc N &D V.20			
ND3603	Title: Advance Dietetics II	LTPC 2203			
Version No.	1.0	4403			
Course	NIL				
Prerequisites					
Unit No.	Unit Title	No. of hours (per Unit)			
Unit I	Diet in Surgery& AIDS	9			
surgery• pre operatives	surgery:- general surgery, emergencysurgery, gastrointestinal surgery- nutrition• post- operative nutrition• goalsof dietary management• diet disease progression• relation ofnutrition in AIDS• impact of AIDS on	arymanagement			
Unit II	Disease of Gall Bladder & Pancreas	10			
dietary treatment:- nut Etiology, causes, symp foodsgiven. Diseases of the Pancre Etiology, types ,riskfac	classification, pathophysiology of gallbladder. Cholecystitis: - Etiology ritional requirement, dietary modification, foods avoided, foodsgiven otoms, dietary treatment:-nutritional requirement, dietarymodification eas: -introduction, function, classification, pathophysiology of pancrea etor, causes, symptoms, complications, dietary treatment/nutritional roods avoided, foodsgiven	. Cholelithiasis:- , foods avoided, ss. Pancreatitis:-:-			
Unit III	Diet in Gout & Nutrient Drug Interaction	10			
mind innutrient drug in Unit IV Introduction • function treatment:- nutritional causes•symptoms •diet Cirrhosis:- Etiology• avoided• foods given.	drug • effect of drug onnutritional status • stages of drugabsorption• the teraction• nutrient druginteraction list. Diet in Liver Diseases • classification • pathophysiology of liver. Jaundice:- Etiology• cause requirement • dietary modification • foods avoided• foods given. Here tary treatment:-nutritional requirement • dietary modification • foods causes •symptoms•dietary treatment:- nutritional requirement • dietary treat	10 ses •symptoms •dietary patitis:- Etiology• avoided• foods given. y modification • foods			
Unit V	Diet in Addictive Behavior	9			
Anorexia nervosa: — I • effect • treatment• nu effect• treatment• nutriti nutritional management Text Book	ntroduction• types • difference between dieting and anorexia• sympton tritional management. Bulimia nervosa: — Introduction•symptoms• caional management. Alcoholism: — Introduction•symptoms• causes• diagnost 1. F P Antia, "Clinical Dietetics and Nutrition" 2. Kumud Khanna, "Textbook of Nutrition & Samp" 3. Y.K.Joshi, "Basics of Clinical Nutrition" 4. B.Shri. Lakshmi, "Dietetics"	ns • causes• risk factor nuses• risk factor• osis•treatment•			
Reference Books	 Passmone R and Eastwood M.A, "Human Nutrition and Diete languagebook Society/Churchill Livingstone, Eighth edition, H Neiman N. Catherine, "Nutrition", Wm.C. Brown Publishers. U 	longKong.			
Mode of Evaluation	Internal & External				
Recommendation					
by Board of Studies on Date of approval	31-05-2022				



Unit-wise Course Outcome	Descriptions	BL Level	Employability (Emp)/ Skill(S)/ Entrepreneurship (Ent)/ None (Use, for more than One)
CO1	Students should be able to learn about different types of surgery and HIV infection and its effect on human body along with its nutritional management.	2	Emp
CO2	Students should be able to learn about different functions of gall bladder and pancreas, nutritional management in these diseases and how we can prevent it	2	S
CO3	Students should be able to learn about different nature and metabolism of Uric acid and its disease. Students will also learn about drug nutrient interaction and its affects.	2	S
CO4	Students should be able to learn about different liver diseases and its nutritional management.	2	Ent
CO5	Students should be able to learn about different additive behavior diseases and how it can be controlled.	1	None

Course Outcome	Pro	Program Outcomes (Course Articulation Matrix (Highly Mapped- 3, Moderate- 2, Low-1, Not related-0) Program Outcomes Specific Outcomes											
S	PO	PO									PSO	PSO	PSO
	1	L	3	4	5	6	1	8	9	0	1	2	3
CO 1	1	0	0	1	3	3	2	1	3	1	0	1	1
CO 2	3	3	3	3	2	2	2	3	1	3	3	3	3
CO 3	3	3	3	3	2	3	1	3	1	3	3	3	3
CO 4	3	3	1	2	2	2	2	2	1	2	2	3	2
CO 5	3	3	1	2	2	2	2	2	1	2	2	3	2
Avg	2.6	2.4	1.6	2.2	2.2	2.4	1.8	2.2	1.4	2.2	2	2.6	2.2



ND3642	Title: Advance Dietetics II Lab L T P C 0 0 4 2
Version No.	1.0
Course Prerequisites	NIL
Course Outcome	 Student should be able to plan therapeutic diets for various advance diseases like Surgery, AIDS, Liver, Gall Bladder, Pancreas, Eating disorder etc Student should be able to prepare therapeutic diets for various advance diseases like Surgery, AIDS, Liver, Gall Bladder, Pancreas, Eating disorder etc Students should be able to learn to calculate RDA,s according to individual patients for various diseases like Surgery, AIDS, Liver, Gall Bladder, Pancreas, Eating disorder etc
Experiment No.	List of Experiments

Planning, Preparation and calculation of following Diets:-

- Pre-operative surgery Care&Post operative Surgery Care
- AIDS
- Cholecystitis
- Cholelithiasis
- Pancreatitis
- Gout
- Hepatitis
- Liver Cirrhosis
- Addictive Behavior's

Mode of Evaluation	Internal and External Examinations						
Recommendation by Board of Studies on	31-05-2022						
Date of approval by the Academic Council	20-10-2022						

Course Outcome for ND3642

Unit-wise Course Outcome	Descriptions	BL Level	Employability (Emp)/ Skill(S)/ Entrepreneurship (Ent)/ None (Use, for more than One)
CO1	Student should be able to plan therapeutic diets for various advance diseases like Surgery, AIDS, Liver, Gall Bladder, Pancreas, Eating disorder etc	2	Emp
CO2	Student should be able to prepare therapeutic diets for various advance diseases like Surgery, AIDS, Liver, Gall Bladder, Pancreas, Eating disorder etc	2	S
CO3	Students should be able to learn to calculate RDA,s according to individual patients for various diseases like Surgery, AIDS, Liver, Gall Bladder, Pancreas, Eating disorder etc	2	S



Course Outcome	Pro	Program Outcomes (Course Articulation Matrix (Highly Mapped- 3, Moderate- 2, Low-1, Not related-0)											ecific s
S	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO0	PSO1	PSO2	PSO3
CO 1	3	3	2	3	1	3	1	2	3	3	3	3	2
CO 2	3	3	2	2	1	3	2	2	3	3	2	3	2
CO 3	3	3	2	2	1	3	2	2	3	3	2	3	2
Avg	3	3	2	2.3	1	3	1.6	2	3	3	2.3	3	2



ND3617	Title: Food Preservation & Bakery	LTPC
	21100 2000 271000 41100 40 211102 5	3 0 0 3
sion No.	1.0	
Course Prerequisites	NIL	
Unit No.		No. of hours (per Unit)
Unit: I	Introduction to Food Preservation	6
	servation Principles & Objectives of food preservation: Classificat	
, 1	bles and importance of food preservation, Scope of preservation indu	
Unit II	Principles & Methods of Preservation	6
	f Preservation- Asepsis, Use of low temperature, Use of high temper, Use of chemical preservatives, Fermentation, Irradiation, Gas preservatives.	
Unit III	Bakery	8
Baking industry and its scop	be in the Indian economy. Present Trends and Prospects	
balancing of cake formula; measures.	pes of cakes; ingredients used; methods of batter preparation; step evaluation of the baked cake; operational faults in cake processing spes of pastries (short crust, puff/flaky and choux pastry); ingredien	g and the remedial
evaluation. Faults and reme		
	d cookies –types; ingredients; processing and evaluation.	_
Unit IV	Preservation by heat & Low temperature	8
Dielectric heating, Microw Preservation by low temp	nching, Pasteurization, Sterilization and UHT processing, Canning, ave heating, Baking, Roasting and Frying, Retort processing of reaperature: Refrigeration, CA, MA and dehydrofreezing. Food irradition in food processing, Ionizing radiation and non-ionizing radiation	dy to eat products. ation, Principles of
Unit V	Preservation by drying & non-thermal methods	8
dehydrated commercial pr Advantages and disadvant drying, Freeze drying, Flui Preservation by non-thei	rmal methods: High pressure, Hurdle technology. Use and applic	s to be produced, oray drying, Drum cation of enzymes
	cessing and preservation of foods, Food fermentations, Pickling, Sn	
Reference Books	 Dubey SC. Basic Baking-Science and Craft. Society of In Delhi 2007. Edward, W P, The Science of Bakery Products, RSC Pub 3. encyclopedia of Food Science and Technology, Academid 4. Raina U, Kashyap S, Narula V, Thomas S, Suvira, Vir S, FoodPreparation – A Complete Manual. Orient Longman 5. Sultan S. Practical Baking. The AVI Publishing Compan 1996. Khanna K, Gupta S, Seth R, Mahana R, Rekhi T. The Ar Cooking. Phoenix Publishing House Private Limited, De 7. Matz A. Bakery Technology and engineering. CBS Publi 1998. Subbalakshmi G, Udipi SA. Food Processing and Preserv International Publishers, Delhi 2007. Ramaswamy H and Marcott M. Food Processing Principle Applications. CRC Press, 2005. 	olishing, 2007. c Press,1993. Chopra S. Basic n, 2005 y,Connecticut t and Science of olihi 2004. shers, Delhi vation. New Age
Mode of Evaluation	Internal and External Examinations	
Recommendation by Board of Studies on	31-05-2022	
Date of approval by the Academic Council	20-10-2022	



Unit-wise Course Outcome	Descriptions	BL Level	Employability (Emp)/ Skill(S)/ Entrepreneurship (Ent)/ None (Use, for more than One)
CO1	Student should be able to learn the applications and scope of Food Science and Technology along with the production status of India for different commodities.	2	Emp
CO2	Student should be able to learn about principles and methods of food preservation, by the use of chemical preservatives.	2	S
CO3	Student should be able to learn about bakery industry and its scope in the Indian economy. Students will also learn about preparation of pastry, biscuit and cakes.	2	S
CO4	Student should be able to learn about methods of preservation by heat and Temperature.	2	Ent
CO5	Student should be able to learn the applications of preservation by drying,non thermal methods, concentration and evaporation.	1	None

Course	Pro	gram O	utcome	ed- 3,	Prog	gram Spe	cific						
Outcome		Moderate- 2, Low-1, Not related-0)											S
S	PO	PO	PO	PO	PO	PO	PO	PO	PO	PO1	PSO	PSO	PSO
	1	2	3	4	5	6	7	8	9	0	1	2	3
CO 1	1	3	2	2	3	2	1	2	2	2	3	2	3
CO 2	2	2	2	3	3	2	2	2	2	0	2	2	2
CO 3	3	2	2	1	3	2	2	3	1	1	2	2	1
CO 4	2	1	2	1	3	2	1	3	2	2	3	2	2
CO 5	2	2	2	0	3	2	1	1	1	1	2	2	0
Avg	2	2	2	1.4	3	2	1.4	2.2	1.6	1.2	2.4	2	1.6

RD3617	Title: Biostatistics & Research Methodology	L T P C 4 0 0 4
Version No.	2.0	
Course Prerequisites	NIL	



UNIVERSITY		B.Sc N &D
Course Outcomes	 Students will be able to learn about Biostatistics statistics in health science Students will be able to learn about use of databes Students will be able to Understand the research Students will be able to analyse qualitative and of Students will be able to understand the role of exhealth and welfare. 	ases and other sources designs used in biostats quantitative data types
Unit No.		No. of hours (per Unit)
Unit: I		10
Median, Mode- Cli	stics, Biostatistics, Frequency distribution Measures of nical examples Measures of dispersion: Dispersion, Correlation: Definition, Karl Pearson's coefficient pples.	Range, standard deviation,
	itting by the method of least squares, fitting the lines y=	
distribution, Normal sample, small samp sampling, Error-I typor Unpaired and Pair	error of regression with Examples Probability: Defined istribution, Poisson's distribution, properties - probable, Null hypothesis, alternative hypothesis, sampling, be, Error-II type, Standard error of mean (SEM). Param ed), ANOVA, (One way and Two way), Least Significant	lems Sample, Population, larger essence of sampling, types of metric test: t-test(Sample, Poolec
Unit III	ts: Wilcoxon Rank Sum Test, Mann-Whitney U test, K	10
Technique, plagiaris graph Designing the	search: Need for research, Need for design of Experim Graphs: Histogram, Pie Chart, Cubic Graph, respons methodology: Sample size determination and Power of Protocol, Cohorts studies, Observational studies, Experiments.	e surface plot, Counter Plot a study, Report writing and
Unit IV		8
Simple and Multip Clinical Trials Pr EXPERIMENTS, R Unit V Design and Analysi	nding system for Two-level factorials Regression model e regressionmodels Introduction to Practical comporblems: Statistical Analysis Using Excel, SPSS, M Online Statistical Software's to Industrial and Clinical tries of experiments:Factorial Design: Definition, 22, 23de arface methodology: Central composite design, Historial	nents of Industrial and INITAB®, DESIGN OF al approach 10 sign. Advantage of factorial
Text Books	1. Mahajan BK: Methods in Biostatistics for medical s 6th edition Jaypee, 1997.	students and research workers,
	2. Kothari CR. Research Methodology (Methods & Limited. NewDelhi.	z Techniques) Wiley Eastern
	3. Rao, PSS Sundar, and J. Richard. <i>Introduction methods</i> . PHI Learning Pvt. Ltd.,2012. 4.Pagano M, GauvreauK, Pagano M. Principles of bio Duxbury; 2000Mar.	
	5. Norman, Geoffrey R., and David L. Streiner. <i>Bio</i> PMPH- USA,2008.	statistics: the bare essentials.
Reference Books	1.Neuman, W. Lawrence, and Karen Robson. <i>Basics of</i> 2.Strauss, A., and J. Corbin. <i>Basics of qua</i> Sagepublications. 3.Corbin, Juliet, Anselm Strauss, and Anselm L. <i>qualitative research</i> . Sage,2014.	alitative research techniques



	B.Sc N &D
	Methodology and design. Routledge,2015.
Mode of Evaluation	Internal and External Examinations
Recommendation by	21.05.22
Board of Studies on	51.03.22
Date of approval by	20.10.22
the Academic	
Council	

Unit-wise Course Outcome	Descriptions	BL Level	Employability(Em p)/Skill(S)/Enterp enureship(En)/No ne (use, for more than one)
CO1	Students should be able to understand Research process and the application of statistics in .nutrition.		S
CO2	Students should be able to learn, identifying research problem, framing objectives, setting hypothesis& research design, testing hypothesis, reviewing literature.		Emp,
CO3	Students should be able to understand and implement Historical research, content analysis, causal-comparative research		En,s
CO4	Students should be able to develop a good observational scale		S, En
CO5	Students should be able to apply various statistical measurements for research data management and analysis.		S,En

Course Outco mes		Program Outcomes(Course Articulation Matrix(Highly Mapped-3 moderate -2, Low- 1, Not related-0)												ram Specific (Outcomes	
	P O 1	P O 2	P O 3	PO4	PO 5	PO 6	P O 7	P O 8	PO 9	PO 10	PO 11	PO12	PS O1	PSO2	PSO3	PS O4
CO1	2	2	3	0	3	0	3	2	3	0	3	1	3	2	1	1
CO2	3	2	3	0	1	3	1	2	3	2	1	2	0	1	3	1
CO3	3	0	2	2	3	2	1	1	0	3	0	2	2	1	1	3
CO4	1	1	3	2	3	1	0	3	3	3	3	1	2	0	2	1
CO5	3	3	0	2	3	0	2	0	3	2	1	2	2	2	2	3
AVEG.						1.	1.	1.								
	2.4	1.6	2.2	1.2	2.6	2	4	6	2.4	2	1.6	1.6	1.8	1.2	1.8	1.8



ND 3618	Title: Fundamentals of Statistics	LTPC
ND 3010	Title. Fundamentals of Statistics	3003
		3003
Version No.	1.0	
Course	Nil	
Prerequisites		
Unit No.	Unit Title	No. of hours (per Unit)
Unit I	Introduction and presentation	7
, , , , , , , , , , , , , , , , , , ,	tion, Tabulation, Graphic and Diagrammatic presentation of Data, hist	ogram and ogives,
Unit II	Measures of central tendency	7
Measures of Central	Tendency: Mean, Median, Mode, Geometric Mean.	
Unit III	Measures of Dispersion	8
Range Method, Quar	tile Deviation, Mean Deviation, Standard Deviation, Coefficient of Va	riation. Measures
of Skewness: Karl Pe	earson's Coefficient of Skewness, Measure of Kurtosis.	
Unit IV	Correlation and regression	7
Correlation: Karl Pea	rson's Coefficient of Correlation, Spearman's rank Correlation Coefficient	cient, Regression
Analysis		
Unit V	Probability	7
	ility, Additive and Multiplicative Laws of probability and simple probability Distribution: Binomial, Poisson and Normal	lems based on
Text Books	1. Gupta, S.P. Statistical Methods. S. Chand & Sons, NewDelhi.	
Reference Books	 Gupta, S.P. Statistical Methods. S. Chand & Sons, NewDelhi. R.Rangaswamy. A Text Book of Agricultural Statistics. 	
Mode of Evaluation	Internal and External Examination	
Recommendation by Board of Studies on	18-08-2021	
Date of approval by the Academic Council	14-11-2021	



Unit-wise Course Outcome	Descriptions	BL Level	Employability (Emp)/ Skill(S)/ Entrepreneurship (Ent)/ None (Use, for more than One)
CO1	Students will be able to learn about introduction of statistics and its presentation.	2	Emp
CO2	Students will be able to learn about measures of central tendency.	2	S
CO3	Students will be able to learn about measures of dispersion	2	S
CO4	Students will be able to learn about correlation and regression	2	Ent
CO5	Students will be able to learn about probability.	1	S

Course Outcome	Pro	Program Outcomes (Course Articulation Matrix (Highly Mapped- 3, Moderate- 2, Low-1, Not related-0)											cific s
S	PO	PO	PO	PO	PO	PO	PO	PO	PO	PO1	PSO	PSO	PSO
	1	2	3	4	5	6	7	8	9	0	1	2	3
CO 1	3	0	0	1	1	2	2	2	1	2	0	3	1
CO 2	1	1	0	1	1	3	1	0	2	3	1	1	2
CO 3	2	3	2	1	0	2	1	2	1	3	3	1	2
CO 4	0	0	3	3	0	0	2	0	3	1	0	3	0
CO 5	1	1	1	1	3	1	2	2	1	1	1	3	1
Avg	1.4	1	1.2	1.4	1	1.6	1.6	1.2	1.6	2	1	2.2	1.2
	3	0	0	1	1	2	2	2	1	2	0	3	1





		B.Sc N &D V.2
ND3619	Title: Holistic Wellness and Life Remedies	LTPC
		3003
Version No.	1.0	1
Course Prerequisites	NIL	
Unit No.		No. of hours
		(per Unit)
Unit: I	Holistic Health	6
	fferent therapies that are used as holistic health, important aspects /c	
	ife remedies- importance of water and sun light in preventing disease	es. Importance of
Breakfast in maintaining h		
Unit II	Herbs in Indian Tradition	8
	erbs, herbs in Indian tradition as-culinary herbs, herbs in food prepa	
	inal values of herbs, Uses of aloevera, peppermint, rosemary, fennel,	lavender, thyme,
	ilsi, parsley etc. Heart healthy and immunity booster herbs.	
Unit III	Functional Foods	8
Evolution and definition o	of functional foods, types of foods categorized as functional foods, He	ealth benefits of
functional foods and futur	e promises in Indian diet. Functional foods that are good for heart, b	ones, brain,
nervous system & endocri	ine system	
Unit IV	Prebiotics and Probiotics	6
Definition, types, health b	enefits in gastrointestinal health, cancer, and other diseases, recent	advances,
challenges. Prebiotic ingre	edients in foods.	
Unit V	Phytochemicals And Antioxidants	8
Defination, classification	of phytochemicals: terpenoids, carotenoids, polyphenols, sulphur co	ontaining
compounds.		
	s, reactive oxygen species and oxidative stress, antioxidant definition	
	Role of antioxidants and phytochemicals in preventing cancer, of	CVD, ageing and
inflammation.		
Reference Books	1. Text book of Human Nutrition- Anjana Agarwal, Shobha A Udi	ni. Javnee
	Brothers Medical Publishers(P) LTD	r) J r
	2. Text book of Human Nutrition-Mahtab S Bamj, N PrahladRao,	Vinodini Reddy
	Second Edition, Oxford and IBH Publishing Co. Pvt.Ltd	vinodini reddy,
Mode of Evaluation	Internal and External Examinations	
Recommendation by		
Board of Studies on	18-08-2021	
Date of approval by		
the Academic	14-11-2021	
Council		
Council	<u>l</u>	



Unit-wise Course Outcome	Descriptions	BL Level	Employability (Emp)/ Skill(S)/ Entrepreneurship (Ent)/ None (Use, for more than One)
CO1	Students will be able to learn about importance of holistic health.	2	Emp
CO2	Students will be able to learn about herbs used in Indian Tradition.	2	S
CO3	Students will be able to learn about different types of functional foods.	2	S
CO4	Students will be able to learn about different types of prebiotics and probiotics.	2	Ent
CO5	Students will be able to learn about different phytochemicals and antioxidants.	2	S

Course	Pro	Program Outcomes (Course Articulation Matrix (Highly Mapped- 3, Moderate- 2, Low-1, Not related-0)										Program Specific		
Outcome			M	oderate	- 2, Lov	v-1, No	t related	1-0)			,	Outcome	S	
S	PO	PO	PO	PO	PO	PO	PO	PO	PO	PO1	PSO	PSO	PSO	
	1	2	3	4	5	6	7	8	9	0	1	2	3	
CO 1	1	3	1	1	2	2	1	3	2	3	2	1	1	
CO 2	1	3	1	2	2	1	1	3	2	3	1	2	1	
CO 3	1	3	2	1	3	1	2	2	2	3	1	1	0	
CO 4	2	2	1	1	2	2	1	2	1	3	2	2	1	
CO 5	2	3	2	1	2	2	1	2	2	3	2	1	1	
Avg	1	3	1	1	2	2	1	3	2	3	2	1	1	



ND3620	Title: Food Safety and Quality Control	LTPC
		3003
Version No.	1.0 NII	
Course Prerequisites Unit No.	NIL	No. of hours
Cint No.		(per Unit)
Unit: I	Introduction to Food Safety	7
physical hazards, and their and Receiving Safe Food—Sanitary procedures while Guidelines for storage of for Unit II Food Borne Illness and Fortoxicants in foods, , nature pesticide residues, presence Antibiotics, Hormones and Unit III Adulteration — Food adulter flour, Bengal gram flour, of honey, tea, coffee, soft drift Food additives, Food colour Unit IV Food Safety Management: —concept and need for quarters	control measures, Factors affecting Food Safety, Hygienic Food Information points to be observed for receiving various foods. Important points to be observed foods. Important points to be observed foods. Important points to be observed foods. I	Handling, Purchasing foods, Food Storage- 7 nd Parasites. Natural metal contaminants, material, Chemicals, 8 n, food grains, wheat utter, sugar, jaggery, ng agents. 7 P, ISO series, TQM
labeling, Nutritional labeling	ckaging: Principles in the development of safe and protective pag and safety assessment of food packaging materials. Food Laws & Standards	7
food, FPO, PFA, FSSAI, A GRAS and permissible limi Recent concerns in food sai Organic foods. Newer appr Reference Books	 st for chemical preservatives and legal aspects for γ-irradiations. Fety: New and Emerging Pathogens. Genetically modified foods / toaches to food safety. Lawley, R., Curtis L. and Davis, J. (2004) The Food Sa Guidebook, RSCpublishing. De Vries. (1997) Food Safety and Toxicity, CRC, New 3. Marriott, Norman G. (1985). Principles of Food Sar York, Forsythe, S J. (1987) Microbiology of Safe Food, Blac Oxford, USA. Roday .S. (1999) Food Hygiene and Sanitation, company Limited, New Delhi. Duffus, J.H. and Worth, H.G. J. (2006) Fundamental T Society of Chemistry. Gerorge, A.B. (2004). Fenaroli's Handbook of Flave Press. Madhavi, D.L., Deshpande, S.S and Salunkhe, Antioxidants, Technological, toxicological and Health Dekker. Pomeraz, Y. and MeLoari, C.E. (2006), Food Al Practice, CBS publishersand Distributor, New Delhi. 	fety Hazard York. nitation, AVI, New ekwell Science, Tata McGraw-Hill Toxicology The Royal or Ingredients. CRC D.K. (2006). Food
Mode of Evaluation	Internal and External Examinations	
Recommendation by Board of Studies on	31-05-2022	
Date of approval by the Academic Council	20-10-2022	



Unit-wise Course Outcome	Descriptions	BL Level	Employability (Emp)/ Skill(S)/ Entrepreneurship (En)/ None (Use, for more than One)		
CO1	Students will learn about the different types of food hazards and their impact on human health.	2	Emp		
CO2	Students will learn about the food borne illnesses caused by bacteria, virus and parasites and naturally occurring toxicants in plant foods.	2	S		
CO3	Students will learn about different types of adulteration in food products.	2	S		
CO4	Students will learn about basic concept of food safety management and nutritional labeling and safety assessment of food packaging materials.	2	Ent		
CO5	Students will learn about various food laws and standards and newer approaches to food safety.	2	Emp		

Course	Pro	Program Outcomes (Course Articulation Matrix (Highly Mapped- 3,										Program Specific			
Outcome		Moderate- 2, Low-1, Not related-0)											Outcomes		
S	PO	PO	PO	PO	PO	PO	PO	PO	PO	PO1	PSO	PSO	PSO		
	1	2	3	4	5	6	7	8	9	0	1	2	3		
CO 1	1	3	2	2	3	2	1	2	2	2	3	2	3		
CO 2	2	2	2	3	3	2	2	2	2	0	2	2	2		
CO 3	3	2	2	1	3	2	2	3	1	1	2	2	1		
CO 4	2	1	2	1	3	2	1	3	2	2	3	2	2		
CO 5	2	2	2	0	3	2	1	1	1	1	2	2	0		
Avg	2	2	2	1.4	3	2	1.4	2.2	1.6	1.2	2.4	2	1.6		

ND 3621	Title: Health Psychology	LTPC
		3 00 3
Version No.	1.0	
Course Prerequisites	Nil	
Course Outcome	 Students will be able to learn about need of Health psychology and its various perspectives. Students will be able to learn about stress management and different relaxation techniques. Student will be able to learn about Psychological dimensions and management of chronic illness. Students will be able to learn about creativeness in thinking and problem solving and also learn about decision making strategies. Student will be able to learn about stages of memory, models & amp; theory of information processing and important factors that affects 	
	forgetting.	
Unit No.	Unit Title	No. of hours\ (per Unit)





Unit I Introduction to Health Psychology Introduction to Health Psychology Concept and need of health psychology, perspectives – individual, cultural, lifespan, bio-psychosocial model. Health behaviors, health beliefs, Illness cognitions. Health promoting and compromising behaviours. Government's policies in health promotion. Planned behaviour and health. Unit II Stress and coping Stress and coping Nature, physiology and management of pain, pain management techniques. Stress: physiology and sources of stress, stress management. Coping interventions: mindfulness, relaxation, self-affirmation, effectiveness training. Sources and daily management of stress. Practicing relaxation and mindfulness **Chronic and terminal disorders** UnitIII Chronic and terminal disorders Management of chronic illness: quality of life, emotional responses, coping with chronic illness, Personal issues. Psychological dimensions of heart disease and diabetes. Psychological issues in terminal illness: adjustment with death/dying, management of terminally ill. Visiting a health setting and interview with a chronically ill CHD patient. Case study of a diabetic patient. UnitIV **Higher order Processes** Higher order Processes Thinking: meaning and types; concept and language. Problem solving: meaning; steps of problem solving; decision making. Creativity: Nature and components of creativity, creative problem solving. Decision making strategies. Developing creative skills UnitV Memory and forgetting Memory and forgetting Memory: Nature and types: Stages of memory: sensory, STM, LTM, Models of information processing: Atkinson-Shiffrin. working memory Forgetting: nature and factors; forgetting curve; interference theory. Information processing theory Game theory **TextBooks** Curtis, A. (2002). Health Psychology. Routledge: London. Ogden, J. (2012). Health Psychology – A Textbook. McGraw Hill: London Baum, T. A. Revenson, J. E. Singer. (2001). Handbook of Health Psychology. Lawrence ReferenceBooks 1. Erlbaum Associates. L. Crossley. (2000). Rethinking Health Psychology. Open University Press. Houdmont, S. Leka. (2010). Contemporary Occupational Health Psychology: Global Perspectives on Research and Practice Wiley Blackwell. Walker. (2001). Control and the Psychology of Health: Theory, Measurement, and Applications. Open University Press, 2001 Pitts, K. Phillips. (1998). The Psychology of Health: An Introduction.Routledge **ModeofEvaluation** Internal and External Examination Recommendation 31.05.22 byBoardofStudieson **Dateofapproval** 20.10.22 **bvtheAcademic**

Council



COURSE OUTCOME FOR ND3621

Unit-wise Course Outcome	Descriptions	BL Level	Employability (Emp)/ Skill(S)/ Entrepreneurship (En)/ None (Use, for more than One)
CO1	Students will be able to learn about need of Health psychology and its various perspectives.	2	Emp
CO2	Students will be able to learn about stress management and different relaxation techniques.	2	S
CO3	Student will be able to learn about Psychological dimensions and management of chronic illness.	2	S
CO4	Students will be able to learn about creativeness in thinking and problem solving and also learn about decision making strategies.	2	Ent
CO5	Student will be able to learn about stages of memory, models & Description of information processing and important factors that affects forgetting.	2	Emp

CO PO MAPPING FOR ND3621

Course	Pro	Program Outcomes (Course Articulation Matrix (Highly Mapped- 3,											Program Specific Outcomes		
Outcome		Moderate- 2, Low-1, Not related-0)											S		
S	PO	PO	PO	PO	PO	PO	PO	PO	PO	PO1	PSO	PSO	PSO		
	1	2	3	4	5	6	7	8	9	0	1	2	3		
CO 1	1	3	2	2	3	2	1	2	2	2	3	2	3		
CO 2	2	2	2	3	3	2	2	2	2	0	2	2	2		
CO 3	3	2	2	1	3	2	2	3	1	1	2	2	1		
CO 4	2	1	2	1	3	2	1	3	2	2	3	2	2		
CO 5	2	2	2	0	3	2	1	1	1	1	2	2	0		
Avg	2	2	2	1.4	3	2	1.4	2.2	1.6	1.2	2.4	2	1.6		



B.Sc N &D V.2022

		B.Sc N &D V.2
ND3622	Title: Health care and Hospital Administration	LTPC
		3003
Version No.	1.0	
Course	NIL	
Prerequisites		_
Unit No.		No. of hours
		(per Unit)
Unit: I	Hospitality Management	7
	of Hospitality Management (Commercial point). Role of Hospitality Ma ette and manners. Role of Conversation	nagement in a
Unit II	Concepts of Food & Nutrition	7
To understand about l Metabolism & Balance	pasic concepts of human nutrition. Food & Nutrition. Role of Antioxida ce Diet for patients	nts. Overview of
Unit III	Concept of modern Hospitality Management	7
	treat also like your guest. Changing mind set of patients necessitate Hospits of modern Hospitality Management in a Hospital set-up	tality
Unit IV	Housekeeping in Hospitals	8
precautions in Hospit	seping services in Hospital setup, Role of Housekeeping Department, Hal Kitchen. Diet for Patient – Selection of food, Food to be avoid / Add. Role of dietitian in hospital diet service. Management of Hospital diet.	
Unit V	Healthcare & Medical Tourism	7
	adulteration and Food Adulteration Act, Concept of Medical tourism. See modern Healthcare setting. Scope of Medical Tourism. Catering to Interest.	
Reference Books	 C. Wood, 2015 Roy, Hospitality Management a Brief Introd I.De Micco, Frederick, 2017, Medical Tourism and Wellne Bridging Health care (H2H), Apple Academic Press. 	
	Seba, Jaime A. 2015, Hospitality and Health: Issues and De Academic Press	
	Shirke, Gajnam., 2011, Hospitality Management, Shroff Pub.	
Mode of Evaluation	Internal and External Examinations	
Recommendation by Board of Studies on	31-05-2022	
Date of approval by the Academic Council	20-10-2022	



Unit-wise Course Outcome	Descriptions	BL Level	Employability (Emp)/ Skill(S)/ Entrepreneurship (Ent)/ None (Use, for more than One)
CO1	Students should be able to learn about hospital management.	3	Emp
CO2	Students should be able to learn about the concepts of Food & Nutrition.	2	S
CO3	Students should be able to learn about the concepts of modern hospitality management.	3	Emp, S
CO4	Students should be able to learn about housekeeping methods in hospitals	2	Emp, S, Ent
CO5	Students should be able to learn about healthcare and medical tourism.	3	S, En

Course	Pro	Program Outcomes (Course Articulation Matrix (Highly Mapped- 3,										Program Specific		
Outcomes			M	Ioderate	e- 2, Lo	w-1, No	ot relate	d-0)			Outcomes			
	P	P	P	P	P	P	P	P	P	PO10	PSO1	PSO2	PSO3	
	01	O2	03	04	05	O6	O7	08	O9					
CO 1	1	3	3	2	3	1	3	1	2	3	2	3	2	
CO 2	2	2	3	2	3	1	2	3	2	3	2	2	2	
CO 3	2	2	2	2	3	2	2	3	2	2	1	1	2	
CO 4	1	1	1	2	3	1	2	3	2	1	3	3	3	
CO 5	1	3	2	3	1	3	1	2	3	3	3	3	2	
Avg	1. 2. 2. 2. 1. 2. 2.													
	4	2	2	2	6	6	2	4	2	2.4	2.2	2.4	2.2	

ND 3623	Title: Resource Management & Extension Education	LTPC 3 00 3
Version No.	1.0	
Course Prerequisites	Nil	
Course Outcome	 Students should be able to understand the role of communication in education training and learning industry. Student will learn about the resource management and resource conversation. Student will learn about planning, supervision, controlling, organizing, evaluation. Students will be learning about the extension education and developing program for different community. Students will learn about the extension communication and education. 	
Unit No.	Unit Title	No. of hours\ (per Unit)





Unit I Communication Concept 7

Historical background, concept and nature • Functions of Communication • Types of Communication - communication transactions; Formal and informal communication; Verbal and Non-verbal Communication • Scope of Communication-Education, training and learning industry, Motivation and Management, Corporate Communication, Management of Organizations, Advertising and Public relations • Communication and mainstream media- newspaper, radio, television and Cinema, ICTs and web based communication • Communication for social change

 Unit II
 Understanding Human Communication
 7

 Culture and communication- Signs, symbols and codes in communication • Postulates/Principles of Communication • Elements of Communication and their characteristics • Models of Communication • Barriers to Communication
 • Barriers to Communication

 Unit III
 Introduction to Resource Management
 8

• Concept, universality and scope of management • Motivation Theory. Understanding meaning, classification and characteristics of resources, factors affecting utilization of resources. • Maximizing use of resources and resource conservation. • Availability and management of specific resources by an individual/ family - Money - Time - Energy - Space. Consumer: Definition, role, Rights and responsibilities, Consumer Behaviors, Consumer problem and education.

UnitIV	Functions of Management: An overview	7					
Decision Making • Planning • Supervising • Controlling • Organizing • Evaluation Approaches to management • Ethics in							
management							
UnitV	Communication for Extension	7					

Concept, nature and philosophy of Extension • Principles of Extension • Methods and Media of community outreach; Audio-Visual aids- concept, classification, characteristics and scope. • Relationship between, Communication, Extension and Development. Development programs for urban rural and tribal population growth in India covering program for nutrition Health education.

rearm caacation.	
ReferenceBooks	 Barker, L. (1990). "Communication", New Jersey: Prentice Hall, Inc; 171. Devito, J. (1998) Human Communication. New York: Harper & Row. Patri and Patri (2002); Essentials of Communication. Greenspan Publications Koontz.H. and O'Donnel C., 2005, Management – A systems and contingency analysis of managerial functions. New York: McGraw-Hill Book Company
	Kreitner. 2009, Management Theory and Applications, Cengage Learning: India
	• Rao V.S. and Narayana P.S., Principles and Practices of Management, 2007, Konark
	Publishers Pvt. Ltd
ModeofEvaluation	Internal and External Examination
Recommendation byBoardofStudieson	31.05.22
Dateofapproval	20.10.22
bytheAcademic	
Council	

COURSE OUTCOME OF ND3623

Unit-wise Course Outcome	Descriptions	BL Level	Employability (Emp)/ Skill(S)/ Entrepreneurship (Ent)/ None (Use, for more than One)
CO1	Students should be able to understand the role of communication in education training and learning industry.	3	Emp
CO2	Student will learn about the resource management and resource conversation.	2	S
CO3	Student will learn about planning, supervision, controlling, organizing, evaluation.	3	Emp, S
CO4	Students will be learning about the extension education and developing program for different community.	2	Emp, S, Ent



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CO3	Students will learn about the extension communication	2	СБ
	and education	3	S, En

CO PO MAPPING OF ND3623

Course	Program Outcomes (Course Articulation Matrix (Highly Mapped-3									Program Specific			
Outcomes	moderate -2, Low- 1, Not related-0)								Outcomes				
	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PSO1	PSO2	PSO3
CO1	3	0	2	1	0	3	1	0	2	2	1	3	2
CO2	2	2	2	2	1	2	0	2	1	1	1	0	0
CO3	2	3	3	1	1	1	1	1	2	1	3	2	2
CO4	1	1	0	2	1	3	1	2	0	3	3	2	2
CO5	0	1	1	1	2	0	1	2	2	2	2	0	3
Avg	1.6	1.4	1.6	1.4	1	1.8	0.8	1.4	1.4	1.8	2	1.4	1.8